December 2023

Independent Living | Assisted Living

Life Enrichment Monthly Calendar

Activities are subject to change

	independent ziving / issisted		Elle Entrement Floriday Calendar			Activities at a subject to change	
V	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						I 1:00 Seated Rhythm Class (GP) 12:00 Blood Pressure Checks (SC) 1:00 Candy Cane Cart Pass 2:30 LRC w/ Susan (GP) 3:30 Exercise w/ Gopi (GP) 4:30 Friday Buffet (DR) 5:30 Friday Flick: Jason Borne (GP)	10:00 Morning Stretches (GP) 11:00 Armchair Travels (GP) 1:00 Quarter Bingo (GP) 2:30 You, Me, and a Cup of Tea (GP) 6:00 Blockbuster Bash: Meet Me in St. Louis (GP)
2	10:00 Church Services (GP) 11:00 Fellowship w/ Friends (GP) 12:00 Sunday Supper (DR) 1:00 Cooking Class: Christmas Cookies (HDR) 4:00 Exercise w/ Gopi (HL) 6:00 Sunday Cinema: A Not So Royal Christmas (GP)	I 0:00 BalloFlex w/ Kelly (GP) I 1:00 Parkside Bible Study (GP) I:00 Audubon Society: Birds Talk (GP) 2:30 Art Class: Christmas Tree Ornaments (NN) 4:00 Great Courses (GP)	8:30 Omelet Bar (SC) 10:00 Exercise w/ Gopi (GP) 10:00 Outing to Kranyaks & Lunch 2:00 Quarter Bingo (GP) 3:30 Gingerbread House Decorating (HDR)	10:00 Balance Class w/Carter (GP) 11:00 Resident Forum (DR) 11:30 Resident Social (SC) 1:00 Catholic Mass (GP) 2:00 Board Games (GP) 3:30 Bean Bag Baseball (SC)	9:30 Shopping at Walmart 10:00 Balloflex w/ Kelly (GP) 11:30 Shopping at Marcs/ Aurora Farms 1:00 Manicures and Mimosas (GP) 3:30 Cocktails w/ Live Music (GP) 6:00 Christmas Sing Along with Mary Lou (SC)	8 11:00 Seated Rhythm Class (GP) 12:00 Blood Pressure Checks (SC) 1:00 Christmas Cookie Cart Pass 3:30 Family Christmas Party (GP) 4:30 Friday Buffet (DR) 5:30 Friday Flick: It's a Wonderful Life (GP)	10:00 Chair Yoga (GP) 11:00 Armchair Travels (GP) 1:00 Quarter Bingo (GP) 2:30 Notoriety Performance (SC) 6:00 Blockbuster Bash: The Sound of Music (GP)
	10:00 Church Services (GP) 11:00 Fellowship w/ Friends (GP) 12:00 Sunday Supper (DR) 1:00 Jewelry Making (NN) 3:00 Lord of Life Christmas Caroling 4:00 Exercise w/ Gopi (HL) 6:00 Sunday Cinema: A Christmas on Cherry Lane (GP)	I I 10:00 BalloFlex w/ Kelly (GP) 11:00 Parkside Bible Study (GP) 1:00 Let's Play Volleyball (SC) 2:30 Jeopardy (GP) 4:00 Great Courses (GP)	8:30 Waffle Bar (SC) 10:00 Exercise w/ Gopi (GP) 11:30 Lunch at the Cheesecake Factory 2:00 Quarter Bingo (GP) 3:30 Art Class: Sea Glass (NN) 6:00 Poker with Rich (GP)	13 10:00 Balance Class w/Carter (GP) 1:00 Catholic Communion (GP) 1:30 History of Aurora Speaker(GP) 3:30 December Birthday Party (GP) 6:00 Outing to See Christmas Lights	9:30 Shopping at Target 10:00 Balloflex w/ Kelly (GP) 11:30 Shopping at Marcs/ Aurora F 1:00 Volleyball w/ Aurora Senior Center (SC) 2:00 Wellness Chat w/ Tanisha (GP) 3:30 Cocktails w/ Live Music (GP)	I 5 I 1:00 Seated Rhythm Class (GP) I 2:00 Bayada Talk/ BP Checks (GP) I:00 Hot Chocolate Cart Pass 2:30 Noodle Ball (SC) 3:30 Exercise w/ Gopi (GP) 4:30 Friday Buffet (DR) 5:30 Friday Flick: Miracle on 34th Street (GP)	10:00 Morning Stretches (GP) 11:00 Armchair Travels (GP) 1:00 Quarter Bingo (GP) 2:30 Art Class: Snowmen (NN) 6:00 Blockbuster Bash: A Cat on a Hot Tin Roof (GP)
4	10:00 Church Services (GP) 11:00 Fellowship w/ Friends (GP) 12:00 Sunday Supper (DR) 2:00 Pet Therapy w/ Lily 4:00 Exercise w/ Gopi (HL) 6:00 Hallmark Christmas Movie Special (GP)	I 8 10:00 BalloFlex w/ Kelly (GP) 11:00 Parkside Bible Study (GP) 1:00 Let's Play Volleyball (SC) 2:30 Harriette's Centennial Birthday Bash (GP) 4:00 Great Courses (GP)	8:30 Omelet Bar (SC) 10:00 Exercise w/ Gopi (GP) 11:30 Men's Group Lunch (NN) 1:00 Judy Semroc Presents (GP) 2:30 Quarter Bingo (GP) 6:00 Outing to See Christmas Lights	8:30 Donuts w/ the Director (GP) 10:00 Balance Class w/Carter (GP) 11:00 Pastor Steve Neptune (GP) 1:00 Catholic Communion (GP) 1:30 Bean Bag Baseball (SC) 3:00 LE Brainstorm (GP) 4:00 Wine Down w/ Susan (GP)	9:30 Shopping at Heinen's 10:00 Balloflex w/ Kelly (GP) 11:00 Manicures and Mimosas (NN) 11:30 Shopping at Marcs/ Aurora Farms 3:30 Cocktails w/ Live Music (GP) 6:00 Christmas Sing Along with Mary Lou (SC)	1:00 Rice Crispy Cart Pass	10:00 Chair Yoga (GP) 11:00 Armchair Travels (GP) 1:00 Quarter Bingo (GP) 3:00 Christmas Movie Watch Party (GP)
	10:00 Hymn Sing (GP) 11:00 Fellowship w/ Friends (GP) 12:00 Christmas Eve Supper (DR) 1:00 Elf Bootcamp (HL)) 2:30 Christmas Stories & Hot	Christmas Day 25 12:00 Christmas Day Supper (DR) 2:00 Christmas Bingo (GP) 3:30 Reindeer Recovery Camp (GP) 6:00 Movie Madness: Little Women (GP)	11:30 Akron Art Museum Outing 2:00 Quarter Bingo (GP) 3:30 Family Feud (GP)	10:00 Balance Class w/ Carter (GP) 1:00 Catholic Communion (GP) 1:30 Seated Hockey (SC) 3:00 Technology Clinic (NN)	9:30 Shopping at Walmart 10:00 Balloflex w/ Kelly (GP) 11:30 Shopping at Marcs/ Aurora Farms 2:00 Wellness Chat w/ Laurus (GP) 3:30 Cocktails w/ Live Music (GP) 6:00 Tie Blankets (GP)	11:00 Seated Rhythm Class (GP) 12:00 Blood Pressure Checks (SC) 1:00 Popcorn Cart Pass 2:30 Board Games (GP) 3:30 Exercise w/ Gopi (GP) 4:30 Friday Buffet (DR) 5:30 Friday Flick: Gone with the Wind (GP)	10:00 Chair Yoga (GP) 11:00 Armchair Travels (GP) 1:00 Quarter Bingo (GP) 2:30 New Years Resolutions (NN) 6:00 Blockbuster Bash: 42 (GP)
1	Calender Key: GP - Gathering Place SC - Sunshine Café NN - Nature Nook	CY – Courtyard FL – Front Lobby GP – Gathering Place HL – Harbor Lobby	HCY – Harbor Courtyard HDR - Harbor Dining Room DR - Dining Room L – Library	 Please see the Daily Sheets for any Activities updates. 			Independence Village SENIOR LIVING