B-IL Bistro

GH-Green House

P-IL Parlor

MR- Meditation Room

December 2023

Independent Living | Assisted Living

Life Enrichment Monthly Calendar

Activities are subject to change

Senior Living

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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						10:00 Chair Yoga w/ Barbara (CR) 11:00 Christmas Trivia (P-IL) 1:30 Crazy Bingo (EDR) 3:00 Happy Hour with Music by Linda LaFever (EDR)	9:30 Brain Fitness Activity Packets (LT) 1:00 Exercise Video: Sit & Be Fit (T) 2:00 Movie Matinee: Christmas of Many Colors (T) 3:00 Uno (CR) 7:00 Movie Rewind: Christmas Of Many Colors (T)
	10:15 Catholic Communion Service w/ St. Matthew (CR) 10:15 Washington Nat'l Cathedral Virtual Church Service (T) 1-3 N.A.Tech Help (EDR) 2:00 Walking Group (ML) 2:00 Movie Matinee: You've Got Mail (T)	9:30 Weekly Chronicles (LT) 9:30 Shopping Trip: Meijer 10:00 Chair Cycle (MR) 10:30 Christmas Crafting (CR) 1:00 Blood Pressure Clinic (MR) 1:00 The Knitwits (CR) 2:00 Classic Bingo w/ Shaun (EDR) 3:00 Hanukkah Educational Program w/ Teri Glimcher (EDR)	10:00 C. Krueger Cookies - Educational Program and cookie decorating (CR) 11:00 Chair Tai Chi (MR) 1:00 Grocery ShoppingOrder(LEO) 2:00 Heart Strings Ukulele Performance (EDR) 3:00 New Friend Meet and Greet (EDR) 6:00 Outing: Christmas Lights & Cocoa Nights	10:15 Choir Club (EDR) 1:00 WITS Workout (CR) 2:00 Shuttle Service-sign up 2:30 Feeling Fit w/ Legacy (CR) 3:00 Bible Study w/ Stonybrook (SL) 7:00 Movie Night: A Boy Called Christmas (T)	Hanukkah Begins 7 10:00 Balloon Volleyball League (EDR) 11:00 Fireside Chat: Who Am I? (P-IL) 1:00 Ornament Making Cart (Cottages) 1:00 Christmas Cookie Baking (CR) 2:00 Zumba w/ Kimberly (MC) 3:00 Music by Scott Steelman (EDR) 7:00 Family Holiday Dessert Night w/ Music by Innervision (EDR)	10:00 Chair Yoga w/ Barbara (CR) 10:00 Ornament Making Cart (IL) 10:30 Lunch Outing: Brio (Easton) 1:00 Ornament Making Cart (AL) 1:30 Crazy Bingo (EDR) 3:00 December Birthday Celebration w/ Music by Lydia Haywood (EDR)	9:30 Brain Fitness Activity Packets (LT) 10:00 New Age Crimestoppers w/ Nancy Evans (EDR) 1:00 Exercise Video: Sit & Be Fit (T) 3:00 Christmas Music w/ the Swing Machine (EDR) 7:00 Movie Night: The Christmas Chronicles (T)
	10:00 Church Transports-Sign Up 10:15 Catholic Communion Service w/ St. Matthew (CR) 10:15 Washington Nat'l Cathedral Virtual Church Service (T) 2:00 Communion Service (SL) 2:00 Walking Group (ML) 2:00 Movie Matinee: A Boy Called Christmas (T) 3:00 Strings of Worship Christmas Music (EDR)	9:30 Weekly Chronicles (LT) 9:30 Shopping Trip: Target 10:00 Drum Circle w/ Debbie (MR) 1:00 The Knitwits (CR) 2:00 Classic Bingo w/ Shaun (EDR) 3:00 Podcast Ponderings (T) 6:30 StoryPoint Christmas Concert w/ StoryPoint Choir and MC Bell Choir (EDR)	10:00 Chair Tai Chi (MR) 10:00 Christmas Crafting (CR) 11:00 Chat w/ Brittany, ED (P-IL) 1:00 Grocery Shopping Order(LEO) 1:30 Hanukkah Music Program w/ Alan Belasco (EDR) 2:30 Christmas Cookie Baking (CR)	10:15 Choir Club (EDR) 10:30 Salvation Army Gift Cart 1:00 Art w/ Jayde (CR) 2:00 Health Talk w/ Legacy (CR) 2:30 Feeling Fit w/ Legacy (CR) 3:00 Prayer Chain Ministry (SL) 7:00 Movie Night: Prancer (T)	10:00 Balloon Volleyball League (EDR) 11:00 Fireside Chat: Christmas Traditions (P-IL) 1:00 Pet Therapy w/ Cassie 1:00 Bridge- come and play (SL) 2:00 Zumba w/ Kimberly (CR) 3:00 Christmas Music w/ Mike Meyerstrumpet (EDR) 6:00 Outing: Lights at Hartford Fairgrounds	10:00 Chair Yoga w/ Barbara (CR) 11:00 Lunch Outing: Clifton Mill 1:30 Crazy Bingo (EDR) 3:00 Christmas Door Decoration Voting (EDR) 3:00 Happy Hour w/ Music by Gary & Linda Sclafani (EDR)	9:30 Brain Fitness Activity Packets (LT) 1:00 Exercise Video: Sit & Be Fit (T) 2:00 Movie Matinee: Dr. Suess The Grinch - 2018 (T) 3:00 Kings In the Corner (CR) 7:00 Movie Rewind: Dr. Suess The Grinch (T)
	10:00 Church Transports-Sign Up 10:15 Catholic Communion Service w/ St. Matthew (CR) 10:15 Washington Nat'l Cathedral Virtual Church Service (T) 1:30 Columbus Pride Brass Ensemble (EDR) 2:00 Movie Matinee: Prancer (T) 2:00 Walking Group (ML)	9:30 Weekly Chronicles (LT) 9:30 Shopping Trip: Giant Eagle 10:00 Chair Cycle (MR) 10:30 Christmas Crafting (CR) 1:00 The Knitwits (CR) 2:00 Classic Bingo w/ Shaun (EDR) 3:00 Podcast Ponderings (T)	10:00 Chair Tai Chi (MR) 1:00 Tech Tuesday- sign up 1:00 Grocery Shopping Order (LEO) 2:00 The History of Christmas Carols (CR) 3:00 Chat w/ Brittany (P-IL) 6:30 Music w/ Paul Kosares (MC)	10:15 Choir Club (EDR) 1:00 Euchre (SL) 1:30 Christmas Cookie Decorating w/ Staff & Residents & Movie (EDR) 2:00 Shuttle Service-sign up 2:30 Feeling Fit w/ Legacy (CR) 3:00 Bible Study with Stonybrook (SL) 7:00 Movie Night: Jack Frost (T)	Winter Begins 10:00 Christmas Centerpieces (EDR) 11:00 Fireside Chat: What am I? (P) 1:00 Bridge- come and play (SL) 2:00 Christmas Hallmark Movie (T) 2:00 Zumba w/ Kimberly (MC) 3:00 Columbus Mobile Library (P-IL)	10:00 Chair Yoga w/ Barbara (CR) 1:00-4:00 Resident Christmas Party (EDR) 3:00 Christmas music by Johnny Steiner (EDR) 6:30 Carolers from Family Mission Church (ML)	9:30 Brain Fitness Activity Packets (LT) 1:00 Exercise Video: Sit & Be Fit (T) 2:00 Afternoon of Christmas Music by Betty (EDR) 3-4:00 Family Christmas Activities (CR) 4:30-6:30 Family Candlelit Christmas Dinner (MDR & EDR) 7:00 Movie Night: Muppets Christmas Carol (T)
	Christmas Eve 9:30 Christmas Eve Service w/ Stonybrook (EDR) 10:15 Catholic Communion Service w/ St. Matthew (CR) 10:15 Washington Nat'l Cathedral Virtual Church Service (T) 2:00 Movie Matinee: Jack Frost (T) 7:00 Movie Night: I'll Be Home For Christmas (T)	Merry Christmas! 25 9:30 Weekly Chronicles (LT) 10:00 Chair Tai Chi (MR) 1:00 Christmas Day Sing Along (EDR) 2:00 Movie: Christmas with the Kranks (T) 7:00 Movie Night: Scrooged (T)	Kwanzaa Begins 26 10:00 Chair Tai Chi (SR) 10:30 Calendar Folding (EDR) 11:00 Grocery Shopping Orders (LEO) 1:30 Town Hall/Resident Council Meeting (EDR) 2:30 Activity Brainstorm (EDR)	10:00 Christmas Name That Tune (CR) 1:00 Board Game Day (CR) 1:00 Euchre (SL) 2:30 Feeling Fit w/ Legacy (CR) 3:00 Christmas Hymn Sing Along (SL) 7:00 Movie Night: Little Women (T)	10:00 Balloon Volleyball League (EDR) 11:00 Fireside Chat: What's New? (P-IL) 1:00 Bridge- come and play (SL) 2:00 Zumba w/ Kimberly (CR) 3:00 Community Art Studio w/ John Gillam (CR)	10:00 Chair Yoga w/ Barbara (CR) 11:00 Lunch Outing: 101 Beer Kitchen 1:30 Crazy Bingo (EDR) 3:00 Happy Hour w/ Music by John LaFollette (EDR)	9:30 Brain Fitness Activity Packets (LT) 1:00 Exercise Video: Sit & Be Fit (T) 2:00 Movie Matinee: Meet Me In St. Louis (T) 3:00 Phase 10 (CR) 7:00 Movie Rewind: Meet Me In St. Louis (T)
	Calender Key:	T-Theater	_	SD-Sky Deck		F /2F M	CD
5	CR-Community Room SL-Sky Lounge	EDR-East Dining Room GH-Green House	ML-Main Lobby RC-Resident's Club	· ·		5435 Morse Rd. Gahanna, OH 43230	STORYPOINT

MC-Memory Care

LT-Life Enrichment Table

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