

November 2023 - Memory Care's Weekly Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|--|---|
| 26 | 27 | 28 | 29 | 30 | 1 | 2 |
| Morning Daily Chronicle Discuss events today in history. YouTube Yoga | Morning Daily Chronicle Discuss events today in history. Chair Zumba | Morning Daily Chronicle Discuss events today in history. Chair Yoga | Morning Daily Chronicle Discuss events today in history. Chair Zumba | Morning Daily Chronicle Discuss events today in history. Chair Yoga | Morning Daily Chronicle Discuss events today in history. Chair Zumba | Morning Daily Chronicle Discuss events today in history. Sit & Fit Get active with Friends |
| Afternoon Cookies & Conversation Crossword w/ Casey | Afternoon Music w/ Sam Piercy Sensory Hour | Afternoon Music w/ John Baylor Wii Bowling | Afternoon Movie Matinee Visit w/ Chungus Scenic Drive | Afternoon Trivia Cheese & NA wine Tasting | Afternoon HANGMAN UNO Happy Hour | Afternoon Movie Matinee Visit w/Chungus |
| Evening CARE TEAM LEAD ACTIVITIES | Evening Snack & Sip Puzzles Conversation with friends | Evening Snack & Sip Puzzles Conversation with friends | Evening Snack & Sip Puzzles Conversation with friends | Evening Snack & Sip Puzzles Conversation with friends | Evening Sweet Treats Puzzles Conversation with friends | Evening Snack & Sip Puzzles Conversation with friends |