

November 2023 - Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
Morning Daily Chronicles	Morning Daily Chronicles	Morning Daily Chronicles	Morning Daily Chronicles	Morning Daily Chronicles	Morning Daily Chronicles	Morning Daily Chronicles
Walk with Wellness	Chair Exercises	Zumba	Scarf Exercises	Cardio Drumming	Chair Yoga	Walk with Wellness
Sweep Floors	Laundry	Coupon Clipping	Sweep Floors	Dust	Set Table	Wipe off Tables
Afternoon Bingo	Afternoon Donuts & Coffee	Afternoon How did Halloween come to be??	Afternoon Music Therapy	Afternoon IV Singers	Afternoon Wizard of Oz Day	Afternoon Board Games
Snack & Chat on the Patio	Wii Games	IV Singers	Begin 23 Days of Thanks!	Day of the Dead- Happy Hour	Catch your Dreams	Adult Coloring & Meditation
Hand Massage	Jeopardy	Sweet Treat Excursion	Balloon Volleyball	Doug Debaun Concert	Friday Nails	Sensory Hour
Evening Brain Games	Evening Essential Oils	Evening Puzzle	Evening Adult Coloring	Evening Puzzle	Evening Relaxation Music	Evening Movie
Music	Meditation	Brain Games	Crossword Puzzles	Trivia	Meditation	Vinyl Music
Stargazing	Relaxing Music	Music	Word Search	Aromatherapy	Crossword	Aromatherapy

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
Morning Daily Chronicles Walk with Wellness Sweep Floors	Morning Daily Chronicles Chair Exercises Laundry	Morning Daily Chronicles Zumba Coupon Clipping	Morning Daily Chronicles Scarf Exercises Sweep Floors	Morning Daily Chronicles Cardio Drumming Dust	Morning Daily Chronicles Chair Yoga Set Table	Morning Daily Chronicles Walk with Wellness Wipe off Tables
Afternoon Bingo Snack & Chat on the Patio Hand Massage	Afternoon Acrylic Painting-Fall Trees Nach Yo' Day-Nachos Trivia	Afternoon Gardening Club IV Singers Smoothie Outing Ladder Ball	Afternoon Music Therapy Cappuccino Tasting Joyful Jewels	Afternoon IV Singers Denny Gander Happy Hour- Thankful Thursday	Afternoon Cornhole Veteran's Day Ceremony Friday Nails	Afternoon Board Games Adult Coloring & Meditation Sensory Hour
Evening Brain Games Music Stargazing	Evening Essential Oils Meditation Relaxing Music	Evening Puzzle Brain Games Music	Evening Adult Coloring Crossword Puzzles Word Search	Evening Puzzle Trivia Aromatherapy	Evening Relaxation Music Meditation Crossword	Evening Movie Vinyl Music Aromatherapy

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
Morning Daily Chronicles Walk with Wellness Sweep Floors	Morning Daily Chronicles Chair Exercises Laundry	Morning Daily Chronicles Zumba Coupon Clipping	Morning Daily Chronicles Scarf Exercises Sweep Floors	Morning Daily Chronicles Cardio Drumming Dust	Morning Daily Chronicles Chair Yoga Set Table	Morning Daily Chronicles Walk with Wellness Wipe off Tables
Afternoon Bingo Snack & Chat on the Patio Hand Massage	Afternoon Wheel of Fortune Thoughtful Cards Ready Set Aim!	Afternoon Gardening Club Whiteboard Games IV Singers Pajama Rama!	Afternoon Music Therapy Trash to Treasures Fondue Social	Afternoon IV Singers Trivia Thanksgiving Dinner	Afternoon Guinness World Record Day Coffee & Audio Stories Friday Nails	Afternoon Board Games Adult Coloring & Meditation Sensory Hour
Evening Brain Games Music Stargazing	Evening Essential Oils Meditation Relaxing Music	Evening Puzzle Brain Games Music	Evening Adult Coloring Crossword Puzzles Word Search	Evening Puzzle Trivia Aromatherapy	Evening Relaxation Music Meditation Crossword	Evening Movie Vinyl Music Aromatherapy