Glen Abbey

December 2023

Assisted Living | Memory Care

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Sunday Service 2:00 Uno 5:30 Movie: Persuasion	1pm Prayer and	1045a Floor Hockey 1p Bingo 3p MC Bingo (MC) 315p Puzzle and Music 530p Movie: The Best of Me (CR)	Happy Birthday Judy 1015a Chair Yoga (CR) 1030a Uno 1p MC one on one (MC) 2pm Kickball (CR)	4p Chair Exercise (CR)	10a Chair Exercise (CR) 1030a Taboo (CR) 130p Bingo 315p Cooking Fun: Peppermint Bark 530p Movie: White Christmas (CR)	1030a Chair Exercise (CR) 130p Guess the Phrase 530p Movie:s (CR)
1030a Sunday Service (CR) 2pm (CR): Balloon Volley 530p Movie: (CR)	Cherry Hill Salon 1015a Chair Exercise (CR) 1040a Yahtzee (CR) 1245p MC Activity (MC) 1p Prayer and Communion (CR) 2p Christmas Craft		St. Nicholas Day 1015a Chair Yoga (CR) 1030a Sequence (CR) Leave a Shoe Out for St. Nick! 1p MC one on one (MC) 2p (CR) 4p Chair Exercise (CR)		1030a Chair Exercise (CR) 1045a Balloon Volley (CR) 130p Bingo (CR) 530p Movie: 13 Going on 30 (CR)	Happy Birthday Herb 9 1030a Chair Exercise 130p 9 Letter Word(CR) 530p Movie: Get on Up (CR)
1030a Sunday Service (CR) 2:00pm: Coloring and Music 530p Movie: Dancing with Birds (CR)	1245p MC Activity (MC) 1p Prayer and Communion (CR) 2p Veteran's Cafe (PD)	1030a Bingo(CR) 230p Concert: Marsha Mumm, Singer 330p MC Bingo (MC) 530p Movie: Best Christmas Ever (CR)	1015a Chair Yoga (CR) 1030a Build a "Ginger Bread House" and hot coco 1p MC one on one (MC) 230p Balloon Volley (CR)	1030a (CR) Resident Council 1-2p Tender Heart Craft(CR) 2p Qwirkle (CR) 3p Kickball (CR) 4p Chair Stretching (CR)		1030a Chair Exercise 130p Bingo (CR) 530p Movie: A Christmas Prince (CR)
1030a Sunday Service 130p Bowling (CR) 530p Movie: A California Christmas (CR)	No Salon 18 1015a Chair Exercise (CR) 1p Prayer and Communion (CR) 3p Concert:Balancing Earth 4p Christmas Dinner with Family and Santa	9:30a Knitting/Crochet Circle (CR) 1030a Trivia (CR) 1pm Chef Talk (CR) 2p Bingo (CR) 3p MC Bingo (MC) 515p Movie: The Noel DiaryCR)	Cherry Hill Salon 20 1015a Chair Yoga (CR) 1045a Yogurt Parfaits and Chat (CR) 1p MC one on one (MC) 3pm Kickball (D)	Happy Birthday Alize 21 1030a Play Nine (DR) 1-2p Tender Heart Game (CR) 2pm Music and Coloring(CR) 4p Chair Stretching (CR)	1015a Chair Exercise (CR) 1030p Guess the Phrase 230p December Birthday Party 530p Movie: Holiday in the Wild (CR)	Happy Bday Darianna 23 1030a Chair Exercise (CR) 130 Bingo(CR) 530p Movie: Jingle Jangle (CR)
1020a Sunday Samiaa (CR)	1:30: Movie: I Believe in Santa	1015a Chair Exercise (CR) 1p Bingo (CR) 3p MC Bingo (MC) 515p Movie: The Resurrection of Gavin Stone (CR)	1015a Chair Yoga (CR) 1045a Floor Hockey (CR) 1p MC one on one (MC) 3pm Uno (D)	1030a Kids Visit: Balloon Volley (CR) 1-2p Tender Heart		30 1030a Chair Exercise (CR) 130p SkipBo 530p Movie: The Water Man(CR)

Calender Key:

AL - Assisted Living D - Dining Room

MC - Memory Care

CR – Community Room
PR - Private Dining

