

February to March 2024 - Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2/25	2/26	2/27	2/28	2/29	3/1	3/2
MORNING: Coffee & Chat Snowball Toss Daily Chronicles	MORNING: Coffee & Chat Cardio Drumming Daily Chronicles	MORNING: Coffee & Chat 1950-70s Music & Movement Daily Chronicles	MORNING: (9:15am) Outing to Starbucks Coffee Seated Exercises for Improved Posture Beauty Shop	Leap (year) Day MORNING: Coffee & Chat Prayer Service Golden Oldies Sing Along	MORNING: Sensory Sessions Sharing Stories with Duane Daily Chronicles & Monthly Gazette Reading	MORNING: Aromatherapy Creative Coloring & Conversations Daily Chronicles
AFTERNOON: Indoor Walking Categories Game Manicures	AFTERNOON: Indoor Walking Reading Group Star Bingo!	AFTERNOON: Indoor Walking Guided Meditation Resident Forum + Sharing Ideas, Updates & More	AFTERNOON: Indoor Walking Finishing Lines Crafters Corner	AFTERNOON: Indoor Walking Leap Frog Darts Game Leap Year Reading & Discussion	AFTERNOON: Indoor Walking “Spring Cleaning” inspired exercises Irish Tea Tasting & Talks	AFTERNOON: Indoor Walking Expressions Card Game Hydration Cart
EVENING: Showtime @ Sundown Meaningful Connections with Care Staff	EVENING: Showtime @ Sundown Meaningful Connections with Care Staff	EVENING: Showtime @ Sundown Meaningful Connections with Care Staff	EVENING: Showtime @ Sundown Meaningful Connections with Care Staff	EVENING: Showtime @ Sundown Meaningful Connections with Care Staff	EVENING: Showtime @ Sundown Meaningful Connections with Care Staff	EVENING: Showtime @ Sundown Meaningful Connections with Care Staff

March 2024 - Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3/3	3/4	3/5	3/6	3/7	3/8	3/9
<p>MORNING: Aromatherapy Ring Toss Daily Chronicles</p> <p>AFTERNOON: Indoor Walking Idiom Challenge Jenga</p> <p>EVENING: Showtime @ Sundown Meaningful Connections with Care Staff</p>	<p>MORNING: Sensory Sessions “Around the World” Chair Dancing Daily Chronicles</p> <p>AFTERNOON: Indoor Walking Reading Group Star Bingo</p> <p>EVENING: Showtime @ Sundown Meaningful Connections with Care Staff</p>	<p>MORNING: Sensory Sessions Daily Chronicles Exercises to Reduce Dizziness</p> <p>AFTERNOON: Indoor Walking Timeless Trivia, Convertibles, Hot Rods & Classic Cars Hydration Cart</p> <p>EVENING: Showtime @ Sundown Meaningful Connections with Care Staff</p>	<p>MORNING: Silver Sneakers Exercise to Michael Jackson Beauty Shop Daily Chronicles</p> <p>AFTERNOON: Indoor Walking Finishing Lines Crafters Corner</p> <p>EVENING: Showtime @ Sundown Meaningful Connections with Care Staff</p>	<p>MORNING: Sensory Sessions Prayer Service Music with Ruthie</p> <p>AFTERNOON: Daily Chronicles Sit & Be Fit! Friends & Fun Hats Dad Jokes with Dominique</p> <p>EVENING: Name 5 Game Hydration Cart</p>	<p>MORNING: Sharing Stories with Duane WHOGA Wheelchair Yoga Daily Chronicles</p> <p>AFTERNOON: How well do you know dogs? Poetry & Punch Social 1 on 1 Visits with Dominique</p> <p>EVENING: Old Wives Tales Movie Night</p>	<p>MORNING: Aromatherapy Creative Coloring & Conversations Daily Chronicles</p> <p>AFTERNOON: Indoor Walking Reading Group Expressions Card Game Manicures</p> <p>EVENING: Sort & Stack Hydration Cart</p>

March 2024 - Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3/10	3/11	3/12	3/13	3/14	3/15	3/16
<p>MORNING: Aromatherapy Gold Coin Toss Daily Chronicles</p> <p>AFTERNOON: Indoor Walking Idiom Challenge 7s Card Game</p> <p>EVENING: Showtime @ Sundown Meaningful Connections with Care Staff</p>	<p>MORNING: Sensory Sessions Reading Group Daily Chronicles</p> <p>AFTERNOON: Indoor Walking Baking Group & Mobile Treat Cart Timeless Trivia, “Battlefields, Conflicts & War Heros”</p> <p>EVENING: Showtime @ Sundown Meaningful Connections with Care Staff</p>	<p>Girl Scout Day</p> <p>MORNING: Sensory Sessions Music w/ George (11:30AM) LUNCH OUTING TO SEASONAL GRILLE</p> <p>AFTERNOON: Indoor Walking Sit & Be Fit Girl Scout Day History Reading & GS Cookie Tasting</p> <p>EVENING: Daily Chronicles Manicures</p>	<p>MORNING: “Slow Tempo” Seated Exercise Beauty Shop Daily Chronicles</p> <p>AFTERNOON: Indoor Walking Finishing Lines Crafters Corner 1 on 1 Visits with Dominique</p> <p>EVENING: Remembering about Irish Songs, Discuss & Listen Hydration Cart</p>	<p>MORNING: Prayer Service Music Therapy with Melissa Daily Chronicles</p> <p>AFTERNOON: Indoor Walking Ireland Travelogue WHOGA Wheelchair Yoga</p> <p>EVENING: Pi-Day “Sum”” Punny Math Humor Movie Night, “The Imitation Game”</p>	<p>MORNING: Sensory Sessions Sharing Stories with Duane Daily Chronicles</p> <p>AFTERNOON: Indoor Walking Reading Group Star Bingo</p> <p>EVENING: Showtime @ Sundown Meaningful Connections with Care Staff</p>	<p>MORNING: Aromatherapy Balloon Ball Daily Chronicles</p> <p>AFTERNOON: Indoor Walking Expressions Card Game Hydration Cart</p> <p>EVENING: Showtime @ Sundown Meaningful Connections with Care Staff</p>

March 2024 - Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3/17	3/18	3/19	3/20	3/21	3/22	3/23
St Patrick's Day MORNING: Aromatherapy St. Patrick's Bag Toss Game Daily Chronicles AFTERNOON: Indoor Walking St. Patrick's Themed I-Spy & Coloring Lucky or Unlucky? Game EVENING: Showtime @ Sundown Meaningful Connections with Care Staff	MORNING: Sensory Sessions Silver Sneakers Exercise to Motown Hits Reading Group AFTERNOON: Indoor Walking (2:00PM) Luck of the Irish Social! Roll a Rainbow Game EVENING: Showtime @ Sundown Meaningful Connections with Care Staff	MORNING: Sensory Sessions Music w/ George Daily Chronicles AFTERNOON: Timeless Trivia, "The Fabulous Fifties" Culinary Convos with Chef Jami Culinary Showcase EVENING: Showtime @ Sundown Meaningful Connections with Care Staff	MORNING: Sensory Sessions Exercises to Reduce Dizziness Beauty Shop Daily Chronicles AFTERNOON: Indoor Walking Finishing Lines Crafters Corner EVENING: Showtime @ Sundown Meaningful Connections with Care Staff	MORNING: Sensory Sessions Prayer Service Daily Chronicles AFTERNOON: Sit & Be Fit How Well Do You Know Dogs? Table Games EVENING: Life Skills & Helping Hands Hydration Cart	MORNING: Sharing Stories with Duane WHOGA Wheelchair Yoga Daily Chronicles AFTERNOON: Indoor Walking Reminiscing the Library Sundae Social Dad Jokes with Dominique EVENING: Manicures Movie Night "Queen Bees"	MORNING: Aromatherapy Creative Coloring & Conversations Daily Chronicles AFTERNOON: Indoor Walking Reading Group Hydration Cart Manicures EVENING: What Makes a Genius? Discussion Watching the TV Show "Young Sheldon"

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3/24	3/25	3/26	3/27	3/28	3/29	3/30
MORNING: Aromatherapy Balloon Ball Daily Chronicles	MORNING: Sensory Sessions Sit & Be Fit! Reading Group	MORNING: Sensory Sessions Music w/ George Daily Chronicles	MORNING: “Around the World” Chair Dancing Daily Chronicles Beauty Shop	MORNING: Sensory Sessions Prayer Service Live Entertainment by Carleton Douglas	MORNING: Sensory Sessions Sharing Stories with Duane Daily Chronicles	MORNING: Aromatherapy Expressions Card Game Daily Chronicles
AFTERNOON: Indoor Walking Name 5 Game 7s Card Game	AFTERNOON: Indoor Walking Baking Group & Mobile Treat Cart Timeless Trivia, “Famous Faces, Famous Places”	AFTERNOON: Presenting the Star of the Month: Rex Harrison Hydration Cart Silver Sneakers Exercise to Bruno Mars	AFTERNOON: Indoor Walking Finishing Lines Crafters Corner One on One Visits with Dominique	AFTERNOON: Silver Sneakers Exercise to Michael Jackson Resident Council Easter Trivia	AFTERNOON: Indoor Walking The History of Easter (2:00PM) Easter Social, Egg & Cookie Decorating	AFTERNOON: Indoor Walking Creative Coloring & Conversations Hydration Cart
EVENING: Showtime @ Sundown Meaningful Connections with Care Staff	EVENING: Showtime @ Sundown Meaningful Connections with Care Staff	EVENING: Expressions Card Game Movie Night “Journey to Bethlehem”	EVENING: Old Wives Tales Life Skills & Helping Hands	EVENING: Manicures Hydration Cart	EVENING: Showtime @ Sundown Meaningful Connections with Care Staff	EVENING: Showtime @ Sundown Meaningful Connections with Care Staff

March to April 2024 - Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3/31	4/1	4/2	4/3	4/4	4/5	4/6
Easter MORNING: Aromatherapy Easter Bag Toss Daily Chronicles AFTERNOON: Easter Coloring Bunny Funnies Matinee, “Watership Down” EVENING: Meaningful Connections with Care Staff	MORNING: To Be Announced AFTERNOON: To Be Announced EVENING: To Be Announced	MORNING: To Be Announced AFTERNOON: To Be Announced EVENING: To Be Announced	MORNING: To Be Announced AFTERNOON: To Be Announced EVENING: To Be Announced	MORNING: To Be Announced AFTERNOON: To Be Announced EVENING: To Be Announced	MORNING: To Be Announced AFTERNOON: To Be Announced EVENING: To Be Announced	MORNING: To Be Announced AFTERNOON: To Be Announced EVENING: To Be Announced