Independence Village of Ames

## Memory Care March 2024 Life Enrichment Monthly Calendar

Activities are subject to change

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	ANNEGRET B-DAY! 31 M Good Morning and Current Events M Chair Exercise M Clean/Set Tables for Lunch A Painting A Card game in AL					M Good Morning and Current Events M Chair Exercise A Fun with Linda A New resident & bday party E Listening to music & painting	M Good Morning and Current Events M Chair Exercise M Clean/set tables for lunch A UNO A Netflix Movie	
M Ev M A A	M Clean/set tables for Lunch	M Good Morning and Current Events M Chair Exercise A Neil Hewitt Entertainment A 9 Square word game E Movie in AL	M Good Morning and Current Events M Chair Exercise A Manicures A Cookie Showdown A Card Game E Animal Planet	Events	VIC M'S BIRTHDAY! 7 M Good Morning and Current Events M Chair Exercise M Ukulele Entertainment A BINGO A Uno E Relaxing Music & Coloring	Events M Chair Exercise A st paddy's photo booth	E Animal Planet or a Movie  9 M Good Morning and Current Events M Chair Exercise M Clean/set tables for lunch A Rummy Card game in AL A Volleyball game in AL E Animal Planet or a movie	
	M Clean/Set tables for lunch	M Good Morning and Current Events M Chair Exercise A 9 square word games A Ukulele Entertainment E Movie in AL	M Good Morning and Current Events M Chair Exercise A Manicures A Card Game E Piano Music with Carol P	M Good Morning and Current Events M Live to be healthy	M Chair Exercise M Ukulele Entertainment A FRUIT BINGO	M Chair Exercise A Irish Dancers A St Paddy's Happy hour E Listening to music & Painting	M Good Morning and Current Events M Chair Exercise M Clean/set tables for lunch A Password game in AL A Board games E Animal Planet or a movie	
	M G- Morning & Current Events M Chair Exercise M Clean/set tables for lunch A Painting	Events M Chair Exercise	Events M Chair Exercise A Manicures	M Good Morning and Current Events	M Ukulele Entertainment A BINGO A P Buckley Moss Speaker	JAY H'S B-DAY! 22  M Good Morning and Current Events M Chair Exercise A Cooking demo with Chef A Happy hour E Listening to music & painting	EMMA S' B-DAY! 23  M Good Morning and Current Events M Chair Exercise M Clean/set tables for lunch A Hearts card game in AL A Noodle ball in AL E Animal planet or a movie	
	Events M Chair Exercise M Clean/set tables for lunch A Painting	25 M Good Morning and Current Events M Chair Exercise A 9 square word game A Tom Hofer LIVE E Movie in AL	Events M Chair Exercise A Manicures A Fun with Linda	Events M Live to be healthy A Cardio drumming A Craft E Bev's movie	M Chair Exercise  M Ukulele Entertainment  A BINGO  A Ames police dept	M Good Morning and Current Events	BEV S' B-DAY!  M Good Morning and Current Events  M Chair Exercise  M Clean/set tables for lunch A Easter Brunch A Poker game in AL E Animal Planet or a movie	

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