## March 2024

Independent Living | Assisted Living

Life Enrichment Monthly Calendar

Activities are subject to change

1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						I 10:30 Coffee & Conversation (SC) 12:00 Blood Pressure Checks (SC) 1:00 Noodle Ball (SC) 2:00 Parrot Hope Rescue (GP) 3:30 Exercise w/ Gopi (GP) 4:30 Friday Buffet (DR) 6:00 Friday Flick: A Man Called Otto (GP)	10:00 Morning Stretches (GP) 11:00 Armchair Travels (GP) 1:00 Quarter Bingo (GP) 2:30 Blooming Party (NN) 6:00 The Dick Van Dyke Show (GP)
	10:00 Church Services (GP) 11:00 Fellowship w/ Friends (GP) 12:00 Sunday Supper (DR) 1:00 Cooking Class: No Bake Cookies (HDR) 3:00 Planting Party (NN) 4:00 Exercise w/ Gopi (GP) 6:00 Sunday Cinema: Fight for Space (GP)	I 0:00 BalloFlex w/ Kelly (GP) I 1:00 Parkside Bible Study (GP) I:00 Let's Play Volleyball (SC) 2:30 Create a Recipe Book (NN) 4:00 Great Courses (GP)	8:30 Omelet Breakfast Bar (SC) 9:00 Coffee & Talk with Aurora Fire Department Chief (SC) 10:00 Exercise w/ Gopi (GP) 11:30 Cleveland Botanical Gardens 2:00 Quarter Bingo (GP) 3:30 Manicures & Mimosas (NN) 6:00 Poker w/ Rich (GP)	10:00 Balance Class w/Carter (GP) 11:00 Resident Forum (DR) 11:30 Resident Social (SC) 1:00 Catholic Communion (GP) 1:30 Seated Hockey (SC) 3:00 Jeopardy (GP) 6:00 Downton Abbey (GP)	9:30 Shopping at Target 10:00 Balloflex w/ Kelly (GP) 11:00 Ted Talks (GP) 11:30 Shopping at Marcs/ Aurora F 1:00 Volleyball w/ Aurora Senior Center (SC) 3:30 Cocktails w/ Live Music (GP)	8 10:30 Coffee & Conversation (SC) 12:00 Blood Pressure Checks (SC) 1:30 Paula's Centennial Birthday Bash (GP) 3:00 Portage Parks Visit (SC) 3:30 Exercise w/ Gopi (GP) 4:30 Friday Buffet (DR) 6:00 Friday Flick: Indiana Jones(GP)	10:00 Chair Yoga (GP) 11:00 Armchair Travels (GP) 1:00 Quarter Bingo (GP) 2:30 Art Class: Shamrocks (HDR) 6:00 The Dick Van Dyke Show (GP)
	Daylight Savings Time 10  10:00 Church Services (GP) 11:00 Fellowship w/ Friends (GP) 12:00 Sunday Supper (DR) 1:00 Let's Play Volleyball (SC) 2:30 Show & Tell (GP) 4:00 Exercise w/ Gopi (GP) 7:00 Oscar's Watch Party (GP)	I I  10:00 BalloFlex w/ Kelly (GP)  11:00 Parkside Bible Study (GP)  1:00 Let's Play Volleyball (SC)  2:00 Wellness Practices for Older Adults (GP)  4:00 Great Courses (GP)	I 2  10:00 Exercise w/ Gopi (GP)  11:30 Casino Outing  1:00 Judy Semroc Presents (GP)  2:30 Quarter Bingo (GP)  6:00 Kings in the Corner (GP)	I 3  10:00 Balance Class w/Carter (GP) 1:00 Catholic Communion (GP) 2:00 Candy Bingo (GP) 3:30 Bean Bag Baseball (SC) 6:00 Downton Abbey (GP)	9:30 Shopping at Heinen's 10:00 Balloflex w/ Kelly (GP) 11:00 Ted Talks (GP) 11:30 Shopping at Marcs/ Aurora F 1:00 Men's Group: Pool & Pints (GP) 2:00 Wellness Chat w/ Tanisha (GP) 3:30 Pi Day Happy Hour (SC)	3:30 Exercise w/ Gopi (GP) 4:30 Friday Buffet (DR)	10:00 Morning Stretches (GP) 11:00 Armchair Travels (GP) 1:00 Quarter Bingo (GP) 2:30 Piano Concert (SC) 3:30 Easter Door Decoration (NN) 6:00 The Dick Van Dyke Show (GP)
1	St. Patrick's Day 17 10:00 Church Services (GP) 11:00 Fellowship w/ Friends (GP) 12:00 Sunday Supper (DR) 3:00 St. Patty's Party (SC) 4:00 Exercise w/ Gopi (GP) 6:00 Sunday Cinema: The Von Trapp Family (GP)	I 8  10:00 BalloFlex w/ Kelly (GP) 11:00 Parkside Bible Study (GP) 1:00 Let's Play Volleyball (SC) 2:30 Splatter Paint Room (NN) 6:00 Downton Abbey (GP)	Spring Has Sprung 19 8:30 Omelet Breakfast Bar (SC) 10:00 Exercise w/ Gopi (GP) 11:30 Lunch at Hartville Kitchen 2:00 Quarter Bingo (GP) 3:30 Virtual Museum Day Out (GP)	8:30 Donuts w/ the Director (GP) 10:00 Balance Class w/Carter (GP) 11:00 Pastor Steve Neptune (GP) 1:00 Catholic Communion (GP) 2:00 Bean Bag Baseball (SC) 3:30 March Birthday Party (GP)	9:30 Shopping at Walmart 10:00 Balloflex w/ Kelly (GP) 11:00 Ted Talks (GP) 11:30 Shopping at Marcs/ Aurora Farms 1:30 Culinary Tasting (DR) 3:30 Cocktails w/ Live Music (GP)		10:00 Chair Yoga (GP) 11:00 Armchair Travels (GP) 1:00 Quarter Bingo (GP) 2:30 Career Talks (GP) 6:00 The Dick Van Dyke Show (GP)
	10:00 Church Services (GP) 24 11:00 Fellowship w/ Friends (GP) 12:00 Sunday Supper (DR) 1:00 Let's Play Volleyball (SC) 2:30 Pet Therapy 4:00 Exercise w/ Gopi (GP) 6:00 Sunday Cinema: Interstellar (GP)	10:00 BalloFlex w/ Kelly (GP) 11:00 Parkside Bible Study (GP) 1:00 Let's Play Volleyball (SC) 2:30 Art Class: Easter Bunny (NN) 4:00 Great Courses (GP)	10:00 Exercise w/ Gopi (GP) 11:30 Lunch at Chicago Deli 1:00 Nutrition Impact on Aging (GP) 2:00 Quarter Bingo (GP) 3:30 Health Chats w/ Corso Care (GP) 6:00 Music w/ Laura (GP)	8:30 Donuts w/ the Director (GP) 10:00 Balance Class w/Carter (GP) 11:00 Culinary Showcase (GP) 1:00 Catholic Communion (GP) 2:00 Easter Egg Stuffathon (GP) 4:00 Wine Down w/ Susan (GP) 6:00 Downton Abbey (GP)	9:30 Shopping at Target 28 10:00 Balloflex w/ Kelly (GP) 11:00 Ted Talks (GP) 11:30 Shopping at Marcs/ Aurora Farms 1:00 Library Book Club (NN) 2:00 Wellness Chat w/ Laurus (GP) 3:30 Cocktails w/ Live Music (GP)	12:00 Bayada Talk/ BP Checks (SĆ) 1:00 Easter Egg Dying (HDR)	9:00 Easter Egg Hunt (CY) 1:00 Quarter Bingo (GP) 2:30 Kings in the Corner (SC) 6:00 The Dick Van Dyke Show (GP)
	Calender Key: GP - Gathering Place	CY – Courtyard FL – Front Lobby	HCY – Harbor Courtyard HDR - Harbor Dining Room	<ul> <li>Please see the Daily</li> <li>Sheets for any Activities</li> </ul>			Independence

SC – Sunshine Café

NN - Nature Nook

GP – Gathering Place HL – Harbor Lobby

DR - Dining Room

L – Library

updates.

Independence Village SENIOR LIVING