## March 2024

Memory Care

B -- Bistro

**CR- Card Room** 

Life Enrichment Monthly Calendar

Activities are subject to change

**Monday Tuesday** Wednesday **Thursday** Saturday Sunday **Friday** 10:00 Online Church World compliment 2 day Service 10:45 Hymn Sing & 10:00 Morning Chronicles 0:00 Morning Coffee Sing-a-long 2:00 Fitness Fun 11:00 Cardio drumming 1:00: Easter egg hunt 3:00 Saturday Cinema 1:30: Table topics 2:00 Easter craft 6:00 Aromatherapy & Relaxation 2:30 Kindness card decorating Hour 5:00 Movie time! 5:30 Movie night 6 7 8 9 10:00 Online Church 10:00 Morning Chronicles 10:00 Morning Chronicles Service 10:00 Morning Chronicles and 10:00 Morning Chronicles 10:00 Morning Coffee 10:00 Morning Chronicles II:00: Tech Tuesday: TikTok I I:00 Morning Meditation 10:45 Hymn Sing & Sing-a-Coco 2:00 Fitness Fun 11:45: Glow party Cardio I I:00 Cardio Drumming 2:00 Outing: Dairy queen 1:30 Game time: Balloon ball 1:00: Chair yoga Drumming 3:00 Saturday Cinema 1:00 Oreo cookie day cart 2:30 Cardio Drumming (FC) 4:00: Name that tune 1:45 Spa Day Sunday 1:00: Game time: hangman 2:00 Happy hour 1:30: Salon day! 4:00 Game time: Candy land 5:30: Relaxation Hour 3:30 Pet Therapy w/ Hazel (facemasks) 5:00 Game night: Where's Waldo 3:30 Positive affirmations 3:30 Prize bingo 6:00 Movie Night: Barbie (ELFP) 1:00 Movie time! 5:00 movie night! I love Lucy Movie 10 13 PI Day 10:00Morning Chronicles 10:00 Morning Coffee and 10:00 Morning Chronicles 10:00 Online Church 11:00: Hair salon with Brayden 10:00am Morning Chronicles 10:30: Coffee and Comedy chronicles 10:30 Morning Chronicles (ILL Service 11:00 Chair yoga 1:45 Manicures & Hand Massages II:00: Pi day: make your own 11:00 lust dance workout 11:00 Fitness Fun I I:00 Cardio Drumming 10:45 Hymn Sing & Sing-a-2:00 Outing: Dairy queen 2:30 Sip and paint 1:00: Balloon ball pzza 3:00 Shamrock shakes 1:00 Worship Service long 4:00 Hallway Bowling 1:30: Puzzle craft 2:30 Tabletop hockey 5:00: Name the songs! 5:00: Saturday Cinema:The 1:45 Hallway Hikers 2:00 Happy Hour: 5:30: Magic show 2:00 Crafting hour: Shamrock 3:30 Puzzle club sound of music 6:00 Super bowl watch 4:00 Aroma therapy and party relaxation hour 3:30 Game time: Balloon ball 23 17 18 22 10:00 Online Church 10:00 Morning Chronicles Service 10:30 Coffee and 10:00 Morning Coffee 10:00 Morning Chronicles (ILL) 10:00 Morning Chronicles (ILL) 11:00 Cardio Drumming 10:30 Morning Chronicles 10:45 Hymn Sing & Chronicles 11:00 Seated yoga 11:00 Cardio Drumming 1:45 Table topics 2:00 Fitness Fun 11:45: Cardio Drumming 1:00: Craft hour: Tree art 11:00 Seated yoga Sing-a-long 2:00 Outing: Crumble cookies 1:00: Garden box decorating 3:00 Saturday Cinema 1:30 Balloon Ball 2:30: Flower bed clean up 1:00: Puppy love with Lilo 2:30 Happy Hour with Ben 1:45 Hallway Hikers 4:00 Lets laugh day: Comedy 6:00 Aromatherapy & 2:00 Planting flowers 3:30 Pet Therapy w/ Hazel (ELFP) 5:30: Relaxation and reflection DeLong 2:30 Puzzle club 4:00: Puzzle time! Relaxation Hour) 3:30 Game time: Connect 4 3:30: Name the song 6:30 Pet Therapy w/ Barli 27 25 26 28 29 30 0:30 Morning Chronicles 10:00 Online Church 10:30 Morning Chronicles 10:00 Morning Chronicles 10:00 Morning Chronicles 1:00 Seated Aerobics Service (ELFP) I I:00: Storytime 11:00 Seated chair yoga 10:45 Hymn Sing & Sing-a-:00 Waffle day waffles 1:30: Craft time: Paint 11:30: Kindness card crafting 1:30 Hair salon! 2:30 Manicures and muffins long suncatchers 1:00 Cardio drumming 2:00 Activity planning 1:45 Hallway Hikers 3:30:Positive affirmations :00 Puzzle piece decorating 2:00: Outing: Steak and shake meeting 4:00: Seated Meditation 2:00 Happy Hour 3:30 Positive affirmations 3:30: Music with Mary MR – Media Room - 2nd Calender Key: FC – Fitness Center [ELMR - EL Media Room **ELFP** -- Fireplace STORYPOINT" A RT- Art Room **ILCY -- Courtyard** Floor ILL – Independent Living **ILFP** -- Fireplace C – Café **ELCY** -- Courtyard **BILL- Billiards Room AV -- Apartment Visits** Library Senior Living

**DR** -- Dining Room

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**BR** -- Blue Activity Room