

February/March 2024 - Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	1	2
Morning	Morning	Morning	Morning	Morning	Morning	Morning
Daily Chronicles	Daily Chronicles	Daily Chronicles	Daily Chronicles	Daily Chronicles	Daily Chronicles	Daily Chronicles
Noodle Exercise	Scarf Exercise	Stretching & Balance	Tai Chi Fitness Room 10:30am	Morning Stretch	St. Joseph Church Visit	Move to the Music
Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon
Church Services	Drum Circle with Lucas	New Resident Social	Mini Bagel Bar	Hot Cocoa & Chat	Sit to be Fit	Sing Along w/Susie Q
Baking Cookies	What am I?	Chef Demo	Sights & Sounds	Leap Frog Game	March Trivia	Board Games
Sensory Games	Organizing & Sorting	Bean Bag Toss	Name That Tune	Puzzles with Greg	Happy Hour	Ball Toss
Evening	Evening	Evening	Evening	Evening	Evening	Evening
Vinyl Records	Great Art Explained	Relaxing Music	Puzzles	Aromatherapy	Hand Massages	Meditation & Relaxation