Assisted Living

April 2024
Life Enrichment Monthly Calendar

Activities are subject to change

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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
No.		9:30 Coffee Chat: Trivia 10:30 Chair Yoga 1:00 Wellness Walk Travelogue: Scotland	9:30 Coffee Chat: Lifelong Learning I:00 TedTalk: Sounds of Life 3:00 Comedy Show MMR	Crunches I I:00 Story Club I:00 Mobility & Strength 2:00 BINGO	Vitamin C Day 4 9:30 Coffee Chat: Guess Who? 10:30 Pet Photoshoot MPR2 2:00 Happy Hour 3:00 Lecture: Grand Rapids Historical Society	9:30 Rosary 10:30 Coffee Cart Café with Kendra 1:00 Music & Movement 1:30 Mandalas 2:00 Movie and Popcorn: Yes Day	National Robert Day! 6 9:30 Coffee Chat: News of the Week 11:00 Senior Stretch 1:00 Story Time at StoryPoint	
	9:30 Coffee Chat 10:00 Virtual Church	Solar Eclipse! 8 9:30 Coffee Chat: Trivia 10:30 Chair Yoga in MC 1:00 Wellness Walk 3:00 Mystery Party	9:30 Coffee Chat: Lifelong Learning 10:15 Cardio Drumming 1:00 Whiskey Tasting 3:00 Music at the Chandelier: Bob DeYoung	9:30 Coffee Chat: Cranium Crunches 10:00 Music and Mandalas 11:00 Story Club	Who? 10:30 Baking Club 2:00 Happy Hour 3:00 Music with Peter Bergin	9:30 Rosary 10:30 Coffee Cart Café with Kendra 1:00 Mobility & Strength 1:30 Mandalas 2:00: Movie and Popcorn: A Castle for Christmas	9:30 Coffee Chat: News of the Week I I:00 Senior Stretch 2:00 BINGO 3:00 Saturday Matinee	
	9:30 Coffee Chat 10:00 Virtual Church 1:00 Sunday Cinema	Tax Day 9:30 Coffee Chat: Trivia 10:30 Chair Yoga in MC 1:00 Wellness Walk 2:00 Tax Party	I:00 "Do You Know Your Neighbor?" 3:00 Highland Games	9:30 Coffee Chat: Cranium Crunches 10:00 Music & Mandalas 11:00 Story Club 1:00 Mobility & Strength 2:00 BINGO 3:00 Lecture: How Trees Talk	Exercise and Wellness 18 9:30 Coffee Chat: Guess Who? 10:30 Baking Club 2:00 Happy Hour 3:00 Lecture: Designing Interiors with David Netto	9:30 Rosary 10:30 Coffee Cart Café with Kendra in MC 1:00 Music & Movement 1:30 Mandalas 2:00 Movie and Popcorn: Benji	9:30 Coffee Chat: News of the Week I I:00 Senior Stretch 2:00 BINGO 3:00 Saturday Matinee	O O
	9:30 Coffee Chat 10:00 Virtual Church 1:00 Sunday Cinema 3:00 Residents Choice	2:00 Earth Day Celebration	Learning 10:45 Drumming with Jenni 11:30 Picnic in the Courtyard 1:00 House Hunting: Castles	9:30 Coffee Chat: Cranium Crunches 10:00 Music & Mandalas 11:00 Story Club 1:00 Tai Chi 2:00 BINGO	Red Hat Society Day 25 9:30 Coffee Chat: Cranium Crunches 2:00 Happy Hour 3:00 Lecture: Bridge Design with Timmons Group	9:30 Rosary 10:30 Coffee Cart Café with Kendra in MC 1:00 Music & Movement 1:30 Mandalas 2:00 Movie and Popcorn: Enola Holmes	9:30 Coffee Chat: News of the Week I I:00 Senior Stretch 2:00 BINGO 3:00 Saturday Matinee	3
	Game On: Life 28 9:30 Coffee Chat 10:00 Virtual Church 11:00 Brunch and Game of Life	10:30 Chair Yoga in MC 2:00 Wellness Walk	30 9:30 Coffee Chat: Lifelong Learning 10:45 Cardio Drumming 2:00 Scottish Foods Tasting				30	

