

Grace Haven Assisted Living and Memory Care

Assisted Living | Comfort Care | Memory Care

April 2024

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Missy's Birthday 31 11:00 Church Service and Songs (MC) 1:30 Sweatin' to the Oldies (PD) 3:00 Making Meaningful Connections 6:00 Hymns (MC)	April Fool's Day 1 10:30 April Fool's Pranks and Fun 1:30 Bingo (MD) 2:00 Games (MD) 3:15 Exercise (MD) 4:15 Mobile Cart: PB&J Smoothie	PB & J Day 2 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 1:30 Cardio Drumming (MC) 3:00 Briggs Library (PD)	Walking Day 3 10:30 Walker Hayes Walking It Out Wednesday 1:30 Manicures (PD) 2:30 Manicures (MC) 3:15 Music with Wendy (MC) 6:00 Wind Down Exercise and Music (MC)	Myra's Birthday 4 10:30 Craft: Librarian DIY Bookworm Jar Gifts (PD) 2:00 Games (MD) 3:15 Exercise (MD) 4:15 Happy Hour: Boozy Lemonade Flights (L)	5 10:30 Chick Therapy and Talk about Our Hatching of the Chickens (PD) 1:30 Bingo (MD) 4:30 New Year, Better Me Exercise Class (MC)	Dorothy's Birthday 6 Caramel Popcorn Day 10:30 Marching Exercise (PD) 11:30 Coffee Bar and Conversation (L) 1:30 Cooking Club: Caramel Popcorn (CD)
Nicole's Birthday 7 Beer Day 11:00 Church Service and Songs (MC) 1:30 Happy Hour: Beer Flights Tasting (L) 3:30 Laughter Yoga (MC) 6:00 Resident Lead Euchre	8 10:30 Spring Clean Up and Set Up Along with Planting Spring Flowers (PD/O) 1:30 Bingo (MD) 2:00 Games (MD) 3:15 Exercise (MD)	9 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 1:30 Wheel Of Fortune (PD) 3:00 Zumba with Margie (MD)	10 10:30 Move Those Joints (PD) 11:45 Jen and Frankie Pet Therapy 1:30 Manicures (PD) 3:30 Manicures (MC) 4:30 Bingo Store (PD)	11 11:15 Outing Lunch at Family Tree Café` in Dewitt with Missy and Meeting Up With Chuck and Julie 2:00 Games (MD) 3:15 Exercise (MD)	12 Licorice Day Grilled Cheese Day 10:30 Licorice Taste Test Challenge 12:30 Grilled Cheese Bar 1:30 Bingo (MD) 3:15 Music with Marty (MD) 6:00 Before Bed Meditation	13 10:30 Balloon Badmitten (PD) 1:30 Current Events with Friends and Guess the Mimosa Flavor (L) 6:00 Essential Oils and Relaxation (MC)
14 11:00 Church Service and Songs (MC) 1:30 Men's Group: Basketball (PD) 3:00 Meditation Exercise and Calming Music and Sounds (PD)	15 10:30 Cooking Club: Mini Cheese Ball (CD) 1:30 Bingo (MD) 2:00 Games (MD) 3:15 Exercise (MD) 4:15 Happy Hour: Missy's Choice (L)	16 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 1:30 Ruby Dog Therapy pt1 2:30 Manicures (PD) 3:30 Chair Yoga (MC)	Admin Professionals 17 11:00 Music with Tess and More Time for Manicures (MD) 1:30 Ruby Dog Therapy pt2 3:30 Tactile Ball Exercise 6:00 St. John's Lutheran Church Choir (MC)	High Five Day 18 10:30 Culinary Showcase with Chef (CD) 11:30 Front Door Fun High Fives with Friends and Family (L) 2:00 Games (MD) 3:15 Exercise (MD)	19 10:30 Craft: Game On Decorations (PD) 1:30 Bingo (MD) 3:30 Let's Find Your Look Alike for Tomorrow 6:00 Exercise From the 50's, 60's, and 70's (MC)	Look Alike Day 20 10:30 Who is Your Look Alike Runway Show (MC) 2:00 Making Meaningful Connections 3:30 Farkle Game (PD) 6:15 Relax Exercise (PD)
Gerald's Birthday 21 11:00 Church Service and Songs (MC) 1:30 New Friend Welcome Party and Social Time (PD) 2:30 Cornhole (MD) 3:30 Crosswords (PD)	Jelly Bean Day 22 10:30 Do You Know Your Jelly Beans Flavors? Taste Test Challenge (PD) 1:30 Bingo (MD) 2:00 Games (MD) 3:15 Exercise (MD)	23 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 1:00 Manicures 3:00 Zumba with Margie (MD)	24 10:00 Game On Set Up 12:30 Resident Birthday Celebration 1:30 Resident Forum (PD) 3:00- 6:00 Game On Grace Haven 6:00 Walking Club (H)	Arbor Day 25 10:30 Food Committee with Chef (MD) 2:00 Games (MD) 3:15 Exercise (MD) 4:15 Craft and Snack for our Friends at Arbor Grove for Arbor Day (PD)	Dennis's Birthday 26 Pretzel Day 10:30 Chair Synchronized Swimming Exercise (MD) 1:30 Bingo (MD) 3:00 Pretzel Bar and Presentation (PD)	27 10:30 Don't Burst My Bubble Game (MD) 1:30 Men's Group: Men's Group Conversation (MC) 6:00 Swimming Aerobics (PD)
Superhero Day 28 11:00 Church Service and Songs (MC) 1:30 Sit and Be Fit Exercise (PD) 6:00 Resident Lead Card Games and Hydration Drinks (CD)	Dance Day 29 0:30 Dancing Through The Decades (PD) 1:30 Bingo (MD) 2:00 Games (MD) 3:15 Exercise (MD) 4:15 Happy Hour: Cinnamon Apple Pie (L)	30 10:00 Catholic Service and Rosary (PD) 1:30 Muscle Exercise (MC) 3:30 Bingo Store Blowout Sale! (PD) 6:30 Kendra and Her Dance Group (MD)				

Calendar Key:
MD – Main Dining
MC – Memory Care
PD – Private Dining
CD – Cooking Room
L – Lobby
P - Patio
O - Outside
B- Beauty Salon
H- Hall

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

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