

## April 2024 - Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	6
	April Fool's Day  Morning  9:30 Life Skills: Laundry  11:15 April Fool's Pranks and Fun	PB & J Day  Morning  10:00 Catholic Service and Rosary  10:45 Bible Study with Dean	Walking Day  Morning  10:30 Walker Hayes Walking It Out Wednesday  11:00 Life Skills: Kitchen Clean Up	Myra's Birthday  Morning  10:30 Craft: Librarian DIY Bookworm Jar Gifts  11:00 Life Skills: Cupboard Organizing	Morning  10:00 Life Skills: Cupboard Organizing  10:30 Chick Therapy and Talk about Our Hatching of the Chickens	Dorothy's Birthday Caramel Popcorn Day  Morning  10:30 Marching Exercise  11:30 Coffee Bar and Conversation
	Afternoon  1:30 Bingo  2:00 Games  3:15 Exercise  4:15 Mobile Cart: PB & J Smoothie	Afternoon  12:30 Life Skills: Family Style Lunch  1:30 Cardio Drumming  3:00 Briggs Library	Afternoon  2:30 Manicures  3:15 Music with Wendy	Afternoon  2:00 Games  3:15 Exercise  4:15 Happy Hour: Boozy Lemonade Flights	Afternoon  1:30 Bingo  4:30 New Year, Better Me Exercise Class	Afternoon  1:30 Cooking Club: Caramel Popcorn  2:30 Life Skills: Watering Plants
	Evening 6:00 Small Wind Down Group - 3 Choices:  Book on CD  Breathing Exercise  Eye Masks	Evening 6:00 Small Wind Down Group - 3 Choices:  Journaling  White Noise  Stretching	Evening 6:00 Small Wind Down Group - 3 Choices:  Deep Breathing  Foot Baths  Relaxation Sounds	Evening 6:00 Small Wind Down Group - 3 Choices:  Prep for Bed  Head Messages  Puzzles	Evening 6:00 Small Wind Down Group - 3 Choices:  Tomorrow To Do List  Therapy Oils  Bed Yoga	Evening 6:00 Small Wind Down Group - 3 Choices:  Week Wrap Up  Meditation  Hymns

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8	9	10	11	12	13
Nicole's Birthday Beer Day	Morning	Morning	Morning	Morning	Licorice Day Grilled Cheese Day	Morning
Morning	10:00 Life Skills: Laundry	10:00 Catholic Service and Rosary	10:00 Life Skills: Kitchen Clean Up	10:00 Life Skills: Cupboard Organizing	Morning	10:30 Balloon Badmitten
10:00 Life Skills: Sweeping	10:30 Spring Clean Up and Set Up Along with Planting Spring Flowers	10:45 Bible Study with Dean	10:30 Move Those Joints	11:15 Outing Lunch at Family Tree Café in Dewitt with Missy and Meeting Up with Chuck and Julie	10:30 Licorice Taste Test Challenge	11:30 Life Skills: Mopping
11:00 Church Service and Songs	Afternoon	Afternoon	11:45 Jen and Frankie Pet Therapy	Afternoon	11:30 Life Skills: Vaccuming	Afternoon
Afternoon	1:30 Bingo	12:30 Life Skills: Family Style Lunch	Afternoon	Afternoon	Afternoon	1:30 Current Events with Friends and Guests the Mimosa Flavor
1:30 Happy Hour: Beer Flights Tasting	2:00 Games	1:30 Wheel of Fortune	3:30 Manicures	2:00 Games	12:30 Grilled Cheese Bar	6:00 Essential Oils and Relaxation
2:45 Laughter Yoga	3:15 Exercise	3:00 Zumba with Margie	4:30 Bingo Store	3:15 Exercise	1:30 Bingo	
					4:15 Music with Marty	
Evening 6:00 Small Wind Down Group - 3 Choices:	Evening 6:00 Small Wind Down Group - 3 Choices:	Evening 6:00 Small Wind Down Group - 3 Choices:	Evening 6:00 Small Wind Down Group - 3 Choices:	Evening 6:00 Small Wind Down Group - 3 Choices:	Evening 6:00 Small Wind Down Group - 3 Choices:	Evening 6:00 Small Wind Down Group - 3 Choices:
Weekly Affirmations	Book on CD	Journaling	Deep Breathing	Prep for Bed	Tomorrow To Do List	Week Wrap Up
Hand Messages	Breathing Exercise	White Noise	Foot Baths	Head Messages	Therapy Oils	Meditation
Music	Eye Masks	Stretching	Relaxation Sounds	Puzzles	Bed Yoga	Warm Hands

## April 2024 - Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
<p>Morning</p> <p>10:00 Life Skills: Dusting</p> <p>11:00 Church Service and Songs</p>	<p>Morning</p> <p>10:00 Life Skills: Kitchen Clean Up</p> <p>10:30 Cooking Club: Mini Cheese Ball</p>	<p>Morning</p> <p>10:00 Catholic Service and Rosary</p> <p>10:45 Dean's Bible Study</p>	<p>Admin Professionals Day</p> <p>Morning</p> <p>11:30 Music with Tess and More Time for Manicures</p>	<p>High Five Day</p> <p>Morning</p> <p>11:00 Culinary Showcase with Chef</p> <p>11:30 Front Door Fun High Fives with Friends and Family</p>	<p>Morning</p> <p>10:30 Craft: Game On Decorations</p> <p>11:45 Life Skills: Clean Up After Craft</p>	<p>Look Alike Day</p> <p>Morning</p> <p>10:30 Who is Your Look Alike Runway Show</p> <p>11:30 Life Skills: Baby Center Clean Up</p>
<p>Afternoon</p> <p>1:30 Men's Group: Basketball</p> <p>3:00 Meditation Exercise and Calming Music and Sounds</p>	<p>Afternoon</p> <p>1:30 Bingo</p> <p>2:00 Games</p> <p>3:15 Exercise</p> <p>4:15 Happy Hour: Missy's Choice</p>	<p>Afternoon</p> <p>1:00 Life Skills: Sweeping</p> <p>1:30 Ruby Dog Therapy pt1</p> <p>2:30 Manicures</p> <p>3:30 Chair Yoga</p>	<p>Afternoon</p> <p>1:00 Life Skills: Delivering Dishes</p> <p>3:30 Tactile Ball Exercise</p> <p>6:00 St. John's Lutheran Church Choir</p>	<p>Afternoon</p> <p>12:30 Life Skills: Passing Out Lunch</p> <p>2:00 Games</p> <p>3:15 Exercise</p>	<p>Afternoon</p> <p>1:30 Bingo</p> <p>3:00 Let's Find Your Look Alike for Tomorrow</p>	<p>Afternoon</p> <p>1:00 Meaningful Connections</p> <p>3:30 Farkle Game</p>
<p>Evening 6:00 Small Wind Down Group - 3 Choices:</p> <p>Weekly Affirmations</p> <p>Hand Messages</p> <p>Music</p>	<p>Evening 6:00 Small Wind Down Group - 3 Choices:</p> <p>Book on CD</p> <p>Breathing Exercise</p> <p>Eye Masks</p>	<p>Evening 6:00 Small Wind Down Group - 3 Choices:</p> <p>Journaling</p> <p>White Noise</p> <p>Stretching</p>	<p>Evening 6:00 Small Wind Down Group - 3 Choices:</p> <p>Deep Breathing</p> <p>Foot Baths</p> <p>Relaxation Sounds</p>	<p>Evening 6:00 Small Wind Down Group - 3 Choices:</p> <p>Prep for Bed</p> <p>Head Messages</p> <p>Puzzles</p>	<p>Evening 6:00 Small Wind Down Group - 3 Choices:</p> <p>Tomorrow To Do List</p> <p>Therapy Oils</p> <p>Mediation</p>	<p>Evening 6:00 Small Wind Down Group - 3 Choices:</p> <p>Week Wrap Up</p> <p>Bed Yoga</p> <p>Warm Hands</p>

## April 2024 - Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
Gerald's Birthday Morning 10:00 Life Skills: Dishes 11:00 Church Service and Songs	Jelly Bean Day Morning 10:30 Do You Know Your Jelly Bean Flavors? Taste Test Challenge	Morning 10:00 Catholic Service and Rosary 10:45 Dean's Bible Study	Morning 10:00 Game On Set Up 11:30 Life Skills: Laundry	Arbor Day Morning 10:30 Food Committee with Chef	Dennis's Birthday Pretzel Day Morning 10:00 Chair Synchronized Swimming Exercise 11:00 Life Skills: Cupboard Organizing	Morning 10:30 Don't Burst My Bubble Game 11:45 Life Skills: Kitchen Clean Up
Afternoon 1:30 New Friend Welcome Party and Social Time 2:30 Cornhole 3:30 Crosswords	Afternoon 1:30 Bingo 2:00 Games 3:15 Exercise 4:00 Life Skills: Preparing Our Raised Garden Beds	Afternoon 1:00 Manicures 2:00 Life Skills: Watering Plants 3:00 Zumba with Margie	Afternoon 12:30 Resident Birthday Celebration 1:30 Resident Forum 3:00 - 6:00 Game On Grace Haven	Afternoon 12:30 Life Skills: Family Style Lunch 2:00 Games 3:15 Exercise 4:15 Craft and Snack for Our Friends at Arbor Grove for Arbor Day	Afternoon 1:30 Bingo 3:00 Pretzel Bar and Presentation	Afternoon 1:30 Men's Group: Men's Group Conversation 3:00 Swimming Aerobics
Evening 6:00 Small Wind Down Group - 3 Choices: Weekly Affirmations Hand Messages Music	Evening 6:00 Small Wind Down Group - 3 Choices: Book on CD Breathing Exercise Eye Masks	Evening 6:00 Small Wind Down Group - 3 Choices: Journaling White Noise Stretching	Evening 6:00 Small Wind Down Group - 3 Choices: Deep Breathing Foot Baths Relaxation Sounds	Evening 6:00 Small Wind Down Group - 3 Choices: Prep for Bed Head Messages Puzzles	Evening 6:00 Small Wind Down Group - 3 Choices: Tomorrow To Do List Therapy Oils Bed Yoga	Evening 6:00 Small Wind Down Group - 3 Choices: Week Wrap Up Meditation Warm Hands



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>28</b>	<b>29</b>	<b>30</b>				
Superhero Day  Morning  10:00 Life Skills: Vacuuming  11:00 Church Service and Songs	Dance Day  Morning  10:30 Dancing Through the Decades  11:30 Life Skills: Sweeping	Morning  10:00 Catholic Service and Rosary  11:30 Life Skills: Mopping				
Afternoon  1:30 Sit and Be Fit Exercise  3:00 Resident Lead Card Games and Hydration Drinks	Afternoon  1:30 Bingo  2:00 Games  3:15 Exercise  4:15 Happy Hour: Cinnamon Apple Pie	Afternoon  1:30 Muscle Exercise  3:30 Bingo Store Blowout Sale!  6:30 Kendra and Her Dance Group				
Evening 6:00 Small Wind Down Group - 3 Choices:  Weekly Affirmations  Hand Messages  Music	Evening 6:00 Small Wind Down Group - 3 Choices:  Book on CD  Breathing Exercise  Eye Masks	Evening 6:00 Small Wind Down Group - 3 Choices:  Journaling  White Noise  Stretching				