

# March 2024 - Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
<u>Morning</u> Virtual Catholic Mass: St. Anthony's  Virtual Service: LaGrave	<u>Morning</u> Chronicle Pass & Coffee  Catholic Communion  Out of the Neighborhood	<u>Morning</u> Chronicle Chat  Exercise: Balance Class @ 11:00 a.m.  Creative Crafting: TikTok Tuesday	<u>Morning</u> News with Noelle  Bible Book Club  Personal Engagement	<u>Morning</u> Chronicle Chat  Exercise: Bands &Weights  Mini Manicures	<u>Morning</u> Chronicle Chat  Exercise: Chair YOGA  Personal Engagement	<u>Morning</u> Personal Engagement  Life Skills: Cleaning Dishes  Chronicle Pass
<u>Afternoon</u> Personal Engagement  Out of the Neighborhood  Life Skills: Common Area Clean	<u>Afternoon</u> Personal Engagement  Exercise: Out of the Neighborhood Walk & Talk  2:00 p.m. Veteran & First Responder Social  2:45 p.m. Performance by Bob DeYoung	<u>Afternoon</u> Life Skills: Laundry Folding  Wii Bowling @ 2:00 p.m.  3:15 p.m. Chronicle Chat  Out of the Neighborhood: Courtyard	<u>Afternoon</u> Out of the Neighborhood: Non-Denominational Communion  1:00 p.m. Cheers to Chef Gabe!  2:00 p.m. BINGO  Exercise: Soothing Stretching	<u>Afternoon</u> Life Skills: Matching Socks  Virtual Tour of Ireland!  Personal Engagement  Performance: Bing Higbee	<u>Afternoon</u> Outing @ 1:15p: Fredrick Meijer Gardens  Out of the Neighborhood: Happy Hour  3:00 p.m. BINGO & Beverages	<u>Afternoon</u> Exercise: Ring Toss  Players Club: Game of 7's  Mindfulness Exercise: Word Searches & Coloring
<u>Evening</u> Classic Theatre: Golden Girls  Puzzles  Aromatherapy	<u>Evening</u> Creative Crafting: Cards  Aromatherapy  Easy Listening	<u>Evening</u> Short Stories: The Legend of Sleeping Bear  Puzzles  Aromatherapy	<u>Evening</u> Creative Coloring  Easy Listening  Aromatherapy	<u>Evening</u> Classic Theatre: Fried Green Tomatoes  Puzzles  Aromatherapy	<u>Evening</u> Creative Coloring  Easy Listening  Aromatherapy	<u>Evening</u> Nature Documentary  Chronicle Pass  Aromatherapy