

# March 2024 - Memory Care Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
<b>MORNING</b>  <b>10:00</b> <b>Catholic Mass (TV)</b>  Daily Devotional  Personal Engagement	<b>MORNING</b>  Exercise Sit n' Be Fit  Daily Devotional  Coffee and Current Events	<b>MORNING</b>  Exercise Chair Dancing  Daily Devotional  Personal Engagement	<b>MORNING</b>  <b>9:30</b> <b>Catholic Communion</b>  Exercise Balance in Action  Daily Devotional	<b>MORNING</b>  Exercise Noodle-cise  Daily Devotional  <b>11:00</b> Live Music with Angela and Dave	<b>MORNING</b>  Exercise Sit n' Be Fit  Daily Devotional  Personal Engagement	<b>MORNING</b>  Exercise Chair Dancing  Daily Devotional  Coffee and Current Events
<b>AFTERNOON</b>  <b>1:30</b> <b>Live Music by the</b> <b>Midland Sax Quartet</b>  Card Bingo  Out of the Neighborhood  Life Skills	<b>AFTERNOON</b>  Sunshine Social  Personal Engagement  Out of the Neighborhood  Life Skills	<b>AFTERNOON</b>  Pet Therapy with Ace  <b>2:30</b> Visit from the Midland Leo Club  Out of the Neighborhood  Life Skills	<b>AFTERNOON</b>  Hallway Bowling  Thumbs Up/Down Art Appreciation  Personal Engagement  Out of the Neighborhood  Life Skills	<b>AFTERNOON</b>  <b>1:30</b> <b>Wildlife Recovery</b> <b>Michigan Birds of Prey</b>  Mini Manicures  Personal Engagement  Out of the Neighborhood  Life Skills	<b>AFTERNOON</b>  Let's Play: Shut the Box  Happy Hour: The Works  Out of the Neighborhood  Life Skills	<b>AFTERNOON</b>  <b>Mobile Cart:</b> <b>Banana Pudding</b> <b>Parfait</b>  Train Your Brain  Personal Engagement  Out of the Neighborhood  Life Skills
<b>EVENING</b>  Creative Coloring  Easy Listening  Aromatherapy	<b>EVENING</b>  Nature Documentary Night on Earth  Aromatherapy	<b>EVENING</b>  Puzzles  Easy Listening  Aromatherapy	<b>EVENING</b>  Classic Sitcom I Love Lucy  Aromatherapy	<b>EVENING</b>  <b>6:15</b> <b>Prize Bingo</b>  Aromatherapy	<b>EVENING</b>  Puzzles  Easy Listening  Aromatherapy	<b>EVENING</b>  Saturday Theater Soul Surfer  Aromatherapy