B-IL Bistro

P-IL Parlor

March 2024

Independent Living | Assisted Living

Life Enrichment Monthly Calendar

Activities are subject to change

	Elle Ellifeliment Florida			7 (25.7) (3.25 (3.25) (3			
V	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						I 0:00 Chair Yoga (CR) I 1:00 Last Month on Facebook (T) I 1:00 Lunch Outing: Old Bag of Nails I:30 Crazy Bingo (EDR) 3:00 Happy Hour with Music by Roger Dearwester (EDR)	9:30 Brain Fitness Activity Packets (LT) 1:00 Exercise Video: Sit & Be Fit (T) 2:00 Movie Matinee: Journey 2: The Mysterious Island (T) 3:00 Uno (CR) 7:00 Movie Rewind: Journey 2: The Mysterious Island (T)
	10:00 Church Transports-Sign Up 10:15 Catholic Communion Service w/ St. Matthew (CR) 10:15 Washington Nat'l Cathedral Virtual Church Service (T) 1-3 New Albany Tech Help (EDR) 2:00 Walking Group (ML) 2:00 Movie: Guardians of the Galaxy (T) 7:00 Movie: Mysteries of the Faith Episode I (T)	9:30 Weekly Chronicles (LT) 9:30 Shopping Trip: Aldi 10:00 Drum Circle (MR) 10:30 Craft Corner: Peeps Centerpieces (CR) 1:00 Pet Therapy w/ Dodger 1:00 The Knitwits (CR) 2:00 Classic Bingo (EDR) 3:00 Tax Help w/ Charles Arnold (CR)	10:00 Chair Tai Chi (MR) 10:30 Culinary Showcase w/ Chef Casey (EDR) 11:00 Chat w/ Brittany, ED (P-IL) 1:00 Grocery Shopping Order(LEO) 2:00 Bring the Farm to You: Wool Spinning (EDR) 6:00 Music w/ Mike Hale (MC) 6:45 Music with Bill Gavin (EDR)	10:15 Choir Club (EDR) 10:15 Pet Therapy w/ Dodger 1:00 Euchre (SL) 1:00 Garden Club - Clean Green House (GH) 2:00 Health Talk w/ Legacy: Fall Prevention (CR) 2:30 Feeling Fit w/ Legacy (CR) 3:00 Bible Study (SL) 7:00 Movie Night: Flicka (T)	7 10:00 Balloon Volleyball League (EDR) 11:00 Fireside Chat: Who Am I? (P-IL) 12:00 Lunch w/ Ambassadors (CR) 1:00 Life's Transitions w/ Chaplain Nathan from Suncrest (SL) 2:00 Zumba w/ Kimberly (MC) 3:00 Dominoes - Come and Play (EDR)	10:00 Outing: Scioto Downs Casino 10:00 Chair Yoga (CR) 11:00 International Women's Day: Important Women of our Century (EDR) 1:30 Crazy Bingo (EDR) 3:00 March Birthday Happy Hour w/ Music by Doug Smith (EDR)	9:30 Brain Fitness Activity Packets (LT) 1:00 Exercise Video: Sit & Be Fit (T) 1:30 National Barbie Day: Come dressed in pink and learn about Barbie (T) 2:00 Movie Matinee: The Barbie Movie (T) 3:00 Phase 10 (CR) 7:00 Movie Rewind: Legally Blond (T)
	Daylight Saving Time 10 10:00 Church Transports-Sign Up 10:15 Catholic Communion Service w/ St. Matthew (CR) 10:15 Washington Nat'l Cathedral Virtual Church Service (T) 1-3 New Albany Tech Help (EDR) 2:00 Walking Group (ML) 2:00 Movie: Flicka (T) 7:00 Movie: Mysteries of the Faith Episode 2 (T)	9:30 Weekly Chronicles (LT) 9:30 Shopping Trip: Target 10:00 Chair Cycle (MR) 1:00 Pet Therapy w/ Dodger 1:00 Spring Forward Cart 1:00 Blood Pressure Clinic w/ Laurus (MR) 1:00 The Knitwits (CR) 2:00 Classic Bingo (EDR) 3:00 Men's Group: US Navy Carriers Documentary (T)	10:00 Chair Tai Chi (MR) 10:00 Craft Corner: Carrot Door Decor(CR) 11:00 Chat w/ Brittany, ED (P-IL) 1:00 Grocery Shopping Order(LEO) 1:00 Tech Tuesday - sign-up (LT) 3:00 New Friend Meet and Greet (EDR)	10:15 Choir Club (EDR) 10:15 Pet Therapy w/ Dodger 1:00 Geology Presentation by Alan Belasco (EDR) 2:00 Shuttle Service - sign up (LT) 2:30 Feeling Fit w/ Legacy (CR) 3:00 Communion Service (CR) 7:00 Movie Night: National Treasure (T)	Pi Day  10:00 Balloon Volleyball League (EDR) 11:00 Fireside Chat: What Am I? (P-IL) 1:00 Bridge- come and play (SL) 2:00 Zumba w/ Kimberly (CR) 3:00 Food Critics: Pies (CR) 7:00 Traditional Irish Music with Roscommon (EDR)	I 5  10:00 Chair Yoga w/ Barbara (CR) 1:00 Crazy Bingo (EDR) 2-3:00 Pub Crawl (B-IL, B-AL) 3:00 St. Patrick's Day Happy Hour w/ Music by Bill Cohen (EDR)	9:30 Brain Fitness Activity Packets (LT) 1:00 Exercise Video: Sit & Be Fit (T) 1:30Art w/ Jayde (CR) 2:00 Irwin Academy of Irish Dancers Performance (MDR) 3:00 Kings In the Corner (CR) 7:00 Movie Rewind: Irish Wish (T)
	St. Patrick's Day 10:00 Church Transports-Sign Up 10:15 Catholic Communion Service w/ St. Matthew (CR) 10:15 Washington Nat'l Cathedral Virtual Church Service (T) 1-3 New Albany Tech Help (P-IL) 2:00 Music w/ Turbo Accordions (EDR) 2:00 Walking Group (ML) 7:00 Movie: Mysteries of the Faith Episode 3 (T)	9:30 Weekly Chronicles (LT) 9:30 Shopping Trip: Meijer 10:00 Chair Dancing (MR) 1:00 The Knitwits (CR) 1:00 Pet Therapy w/ Dodger 1:00 Senior Citizen Security w/ Detective Blair Thomas (EDR) 2:00 Classic Bingo (EDR) 3:00 Ohio Trivia (EDR) 7:00 The Academy of Irish Dance (MDR)	Spring Begins!  10:00 Chair Tai Chi (MR)  10:30 Let's Go Vote - sign up (LT)  11:00 Chat w/ Brittany, ED (P-IL)  1:00 Grocery Shopping Orders (LEO)  1:00 Tech Tuesday- sign up (LT)  1:00 Rummikub with Brittany (B-AL)  2:00 Get To Know The Staff (EDR)  3:00 March Madness Bracket Building (P-IL)  6:30 Music with Paul Kosares (MC)	10:15 Choir Club (EDR) 10:15 Pet Therapy w/ Dodger 11:30 Outing: Ohio Glass Museum 1:00 Garden Club - Planning (GH) 2:30 Feeling Fit w/ Legacy (CR) 3:00 Bible Study (SL) 6:30 Alzheimer's Association Education & Support: Understanding & Recognizing Dementia Related Behaviors (CR) 7:00 Movie Night: My Big Greek Wedding	10:00 Balloon Volleyball League (EDR) 11:00 Fireside Chat: Where Am I? (P) 1:30 Trivia w/ Medicare Network (EDR) 2:00 Craft Corner: Holiday Bazaar (CR) 2:00 Zumba w/ Kimberly (MC) 3:00 March Music Madness (CR) 7:00 Movie & a Margarita w/ Laurus Director, Melanie (T)	10:00 Chair Yoga w/ Barbara (CR) 11:00 Kitchen Adventures: Vegetable Pizza (CR) 11:00 Lunch Outing: Red Lobster 1:30 Crazy Bingo (EDR) 3:00 Spring Fling Happy Hour with Music by Curtis Chamberlain (EDR)	Purim Begins 9:30 Brain Fitness Activity Packets (LT) 10:30 Seeds of Caring (EDR or CR) 1:00 Exercise Video: Sit & Be Fit (T) 2:00 Movie Matinee: What Women Want (T) 3:00 Rummikub (CR) 7:00 Movie Rewind: What Women Want (T)
	Palm Sunday  10:00 Church Transports - Sign Up 10:15 Catholic Communion Service w/ St. Matthew (CR) 10:15 Washington Nat'l Cathedral Virtual Church Service (T) 2:00 Movie: My Big Fat Greek Wedding (T) 7:00 Movie Night: Mysteries of Faith Episode 4 (T)	9:30 Weekly Chronicles (LT) 9:30 Shopping Trip: Walmart 10:00 Chair Cycle (MR) 10:30 Craft Corner (CR) 1:00 Pet Therapy w/ Dodger 1:00 Blood Pressure Clinic w/ Laurus (MR) 1:00 The Knitwits (CR) 2:00 Classic Bingo (EDR) 3:00 Podcast Ponderings (T)	Resident Forum 26  10:00 Chair Tai Chi (SR) 11:00 Chat w/ Brittany, ED (P-IL) 11:00 Grocery Shopping Orders (LEO) 1:00 Tech Tuesday - sign up (LT) 1:30 Resident Forum (EDR) 2:30 Activity Brainstorm (EDR)	10:15 Choir Club (EDR) 10:15 Pet Therapy w/ Dodger 1:00 Pet Therapy w/ Cassie 1:00 Calendar Cart 2:00 Astronomy & Eclipse Educational Talk (EDR) 2:00 Shuttle Service - sign up (LT) 2:30 Feeling Fit w/ Legacy (CR) 3:00 Hymn Sing Along (CR) 7:00 Movie Night: Red (T)	Holy Thursday  10:00 Balloon Volleyball League (EDR) 11:00 Fireside Chat: What's New (P-IL) 1:00 Women's Group: Teddy Bear Project (CR) 2:00 Zumba w/ Kimberly (CR) 2:45-3:30 Columbus Mobile Library (P-IL) 3:00 Trumpet Music w/ Mike Meyers (EDR)	Good Friday  10:00 Chair Yoga w/ Barbara (CR) 11:00 Easter Centerpieces (CR) 1:30 Crazy Bingo (EDR) 3:00 Happy Hour with Music by Greg Dickson (EDR)	9:30 Brain Fitness Activity Packets (LT) 10:30 Book Bumble (CR) 1:00 Exercise Video: Sit & Be Fit (T) 2:00 Movie Matinee: Sneakers (T) 3:00 Rummikub (CR) 7:00 Movie Rewind: Sneakers (T)
	Calender Key: CR-Community Room SL-Sky Lounge	T-Theater EDR-East Dining Room GH-Green House	ML-Main Lobby	· · · · · · · · · · · · · · · · · · ·		5435 Morse Rd. Gahanna, OH 43230	STORYPOINT Senior Living

LT-Life Enrichment Table

(614) 933-0078 (office)

MR- Meditation Room