

MAY 2024

Assisted Living Life Enrichment Monthly Calendar Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			May Day 1 10 am Making A Flower Decoration 10:30 am Walkin' Wheelies 11 am Chair Exercises 12:30pm Resident Forum 1 pm Let's Get Sunshine	World Tuna Day 2 10 am Sensory Activities 10:30 Walkin' Wheelies 11 am Exercises with small weights 1 pm Go Fish (card game) 3:30pm Independent Card Game	3 10 am Sensory Activities 10:30 Walkin' Wheelies 11 am Walking for exercise 1 pm Let's Play Yahtzee 3:30pm Independent Adult Coloring	4 10:30 Walkin' Wheelies Craft Cart Available Daily Chronicles
5 10:30 Walkin' Wheelies Craft Cart Available 2pm Church Services with Chapel Hill UMC	6 10am Enjoy The Outside 10:30 am Walkin' Wheelies 11 am Stay Fit Chat with Monica 11:30 am Chair Exercise 1 pm Making Thank You Cards 3:30pm Independent Yahtzee	7 10 am Making Table Center Pieces 10:30 Walkin' Wheelies 11 am Parachute Exercise 1 pm Making Table Center Pieces	Give A Cupcake Day 8 10 am Mobile Cart w/cupcakes 10:30 Walkin' Wheelies 11 am Walk for Exercise 2 pm Music with Ann 3:30pm Independent Dominoes	9 10 am Manicures 10:30 Walkin' Wheelies 11 am Chair Exercise 1 pm Bingo 2:45pm Manicures	10 10 am Games 10:30 Walkin' Wheelies 11 am Let's walk for Exercise 1 pm Making A Flower Decoration	11 10:30 Walkin' Wheelies 12:00pm Mother's Day Brunch
Happy Mother's Day! 12 10:30 Walkin' Wheelies Craft Cart Available 2pm Church Services with Chapel Hill UMC	13 10 am Work on Outside Flowers 10:30 Walkin' Wheelies 11 am Stay Fit Class with Monica 1 pm Bingo	14 10 am Enjoy Outside 10:30 Walkin' Wheelies 11 am Parachute Exercise 1 pm Work on Outside Flowers 3pm Men's Time Brew and watch a sport on TV	15 10 am Sensory Games 10:30 Walkin' Wheelies 11 am Chair Exercises 1 pm Who Knew Consignment Shop / Baker's Rhapsody for coffee	Mimosa Day 16 10 am Sorry Game 10:30 Walkin' Wheelies 11 am Let's Walk Outside 1 pm Happy Hour 3pm Independent Checkers	17 10:00 am Memory Cards 10:30 am Walkin' Wheelies 11:00am Chair Exercises 1:00 pm Pictionary	18 Daily Chronicles 10:30 Walkin' Wheelies Puzzles and Games available on the cart
19 10:30 Walkin' Wheelies Puzzle/ Game Cart Available 2pm Church Services with with Dowagiac UMC	20 10 am Sensory Game 10:30 Walkin' Wheelies 11 am Stay Fit Class with Monica 1 pm Barrowed Laundry Play 3pm Independent Puzzles	21 10 am Puzzle Games 10:30 Walkin' Wheelies 11 am Parachute Exercise 1 pm Who's Picture is it?	22 10 am Molding Clay 10:30 Walkin' Wheelies 11 am Exercise with Balloon and Pool Noodle 1 pm Bingo	23 10 am Sensory Games 10:30 Walkin' Wheelies 11 am Exercise with a walk 1 pm Pipe Cleaner Flowers 3pm Independent Adult Coloring	24 10 am Reading Chronicles 10:30 Walkin' Wheelies 11 am Chair Exercises 1 pm Flag Folding /Sudoku	25 10:30 Walkin' Wheelies Daily Chronicles Craft Cart Available
26 10:30 Walkin' Wheelies Craft Cart Available 2pm Church Service with Chapel Hill UMC	Memorial Day 27 10:30 Walkin' Wheelies 1 pm Craft/ Game Cart Available All Day	28 10 am Yarn Rolling 10:30 Walkin' Wheelies 11 am Exercise with Weights 1 pm Bingo 2:30pm Independent Movie/popcorn	29 10 am Sensory Games 10:30 Walkin' Wheelies 11 am Exercise with pool noodle and balloon 1 pm Concentration Puzzle	30 10 am Puzzle Games 10:30 Walkin' Wheelies 11 am Chair Exercises 1 pm Scottie Dog Craft	31 10 am Memory Game 10:30 Walkin' Wheelies 11 am Bowling 12:30 pm Men's group 1 pm Bingo 3pm Independent Sorry Game	