May 2024

Life Enrichment Monthly Calendar Memory Care

Activities are subject to change **Monday Tuesday Thursday** Sunday Wednesday **Friday** Saturday 11:00 Toss and Talk Ball 11:00 Twister Bean Bag 11:00 Cardio Drumming 10:45 Coffee Chats & What 1:00 Piano Playing with Phyllis Exercise 1:45 Craft Corner: Aqua Happened on this Day? 1:45 ABC Challenge Trivia 1:45 Manicures and Mimosas **Painting** 1:45 Horse Racing Game 3:45 Craft Corner: May Day with Erin 3:45 Cinco De Derby Party 3:45 Book Club: Chicken Flower Bags & May Day Trivia 3:45 Recipe Recall Trivia 6:15 Movie Night: Driving Noodle Soup Stories 6:15 Spa Night - Manicures & 6:15 Nature Documentary: 6:15 Aromatherapy & Relaxing Mrs. Daisy Hand Massages Our Planet 10 10:45 Sunday Devotional & 11:00 Octo-Band Exercise 11:00 Seated Yoga & Stretching 9:00 Waffle Wednesday 10:45 Baking Group: Chocolate 11:00 Cardio Drumming 10:45 Coffee Chats & What 1:45 Yahtzee! 1:30 Outing: Matthaei Botanical 11:00 Exercise: Tai Chi Chip Cookies (B) 1:45 ABC Challenge Trivia Hymn Sing Happened on this Day 1:45 Spa Day Sunday 2:30 May Birthday Party (AL) Gardens 1:00 Piano Playing with Phyllis 1:45 MOM Floral Décor Sign 2:30 Mother's Day Tea Party 1:45 Words in Word Trivia 3:45 Craft Corner: Wine & 3:45 Seated Zumba & Singing 3:45 Travelogue 3:45 Courtyard Cornhole 1:45 52 Card Bingo (MDR & MC) 3:45 Courtyard Conversation 6:15 Evening Tea Time Canvas Paint Hydrangeas 6:15 Card Hour: Old Maid 3:45 Wednesday Watertok 6:15 Nature Documentary: Our 3:45 Music Bingo Cards 6:15 Spa Night - Manicures & 6:15 Aromatherapy & Relaxing Planet 6:15 Movie Night: The Great 6:15 Aromatherapy & Relaxing Hand Massages Gatsby 15 14 16 18 Mother's Day 10:45 Sunday Devotional & Hymn 11:00 MOTIVATED Moving 11:00 Octo-Band Exercise 11:00 Cornhole 11:00 Seated Zumba & Singing 11:00 Cardio Drumming 10:45 Coffee Chats & What 1:45 Coffee Filter Flowers **Group Exercise** 1:00 Piano Playing with Phyllis 1:45 Courtyard Ice Cream 1:00 Live Entertainment with Happened on this Day? I I:00 Mother's Day Brunch (MDR) 2:30 Happy Hour with Christine 1:30 Outing: A2AC Mural 2:00 Creative Coloring Hour Cones Yuta (NL) 1:45 Wheel of Fortune 1:30 Mother's Day Brunch (MDR) Schinker (AL) 3:45 Po-Ken-O 3:45 Tenzi Dice Game 3:45 Family Feud Trivia 3:45 ligsaw Puzzles and Music Scavenger Hunt 1:45 Spa Day Sunday 3:45 Tabletop Hockey 3:45 Words in Word Trivia 6:15 Spa Night - Manicures & 6:15 Nature Documentary: Our 6:15 Movie Night: The Hill Hour 3:45 Show & Share Mother's Day 6:15 Conversation Cards Hand Massages Planet 6:15 Card Hour: Blink 6:15 Aromatherapy & Relaxing Edition 11:00 Morning Movement & Nilleholder 19 20 21 24 10:45 Sunday Devotional & 11:00 Octo-Band Exercise 11:00 Seated Yoga & Stretching 11:00 Dart Ball 11:00 Cardio Drumming 10:45 Coffee Chats & What Milkshakes Hymn Sing 1:45 Craft Corner: Decorated 1:30 Outing: Blank Slate 1:00 Piano Playing with Phyllis 1:45 Chair Volleyball Happened on this Day? 2:00 Sock Hop with Elvis 3:45 Craft Corner: Water 1:45 Word in Words Trivia 1:45 Spa Day Sunday Terracotta Pots Creamery 3:45 Music Bingo Presley (AL) 3:45 Travelogue 2:30 Happy Hour with Al 3:45 Courtyard Cornhole Balloon Acrylic Painting 6:15 Movie Night: ELVIS 3:45 ligsaw Puzzles and Music 3:45 Elvis Sing Along Session & 6:15 Card Hour: Crazy 8's 6:15 Spa Night - Manicures & 6:15 Evening Tea Time Jacquez (MC) Hour Classic Music Videos 3:45 Ladderball Hand Massages 6:15 Aromatherapy & Relaxing 6:15 Nature Documentary: Our 6:15 Ted Talk & Tea Time Planet **Memorial Day** 31 26 28 30 10:45 MOTIVATED Moving 10:45 Octo-Band Exercise 10:45 Sunday Devotional & 10:45 Roll the Dice - Exercise 11:00 Seated Zumba & Singing 10:00 Outing: Benny's Bakery 12:00 Memorial Day Picnic **Group Exercise** 1:00 Culinary Showcase with Hymn Sing 1:30 Wheelchair and Walker 11:00 Cardio Drumming 1:45 A Poppy to Remember 1:00 Poetry Reading and 1:45 Spa Day Sunday Chef Adam Wash with Powerback Rehab 1:45 Donut Giveback for Staff & Presentation Reminiscing with IL Friends 3:45 ABC Challenge Trivia 3:45 Travelogue (CY) residents 6:15 Evening Tea Time 2:30 Happy Hour with Billy 3:45 Po-Ken-O 6:15 Spa Night - Manicures & 3:45 Clint Eastwood Cowboy 3:45 Quilt Art & Wall Design McAllister (AL) 6:15 Card Hour: War Hand Massages 6:15 Nature Documentary: Our Trivia 6:15 Conversation Cards 6:15 Movie Night: Rawhide **Planet**

Calender Key:

AL - Assisted Living

MC - Memory Care

A - Community Room A

B - Community Room B

TH - Theater

NL - North Lobby

CY - Courtyard

PDR - Private Dining Room

