

# Memory Care's Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>21</b>	<b>22</b>	<b>23 Salon Visits</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<p><b>Morning</b> 9:45 MCA to MCB Non Denominational Church Service with GC Naz</p> <p>9:45 MCB Sunday Devotionals</p> <p><b>Exercise</b> 10:30 MCA Shoo Fly Ball 11:00 MCB Shoo Fly Ball</p>	<p><b>Morning</b> 9:00 MCA This Day in History 9:30 MCB This Day in History</p> <p><b>Exercise</b> 10:30 MCA to MCB Noodle Ball 10:30 MCA One on Ones</p>	<p><b>Morning</b> 9:30 - 2:30 Salon Appointments 9:00 MCA Daily Chronicles 9:30 MCB Daily Chronicles</p> <p><b>Exercise</b> 10:30 MCA to MCB Seated Dance 10:30 MCA One on One Visits</p>	<p><b>Morning</b> 9:00 MCA Daily Chronicles 9:30 MCB Daily Chronicles</p> <p><b>Exercise</b> 10:30 MCA to MCB Mini Golf 10:30 MCA One on One Visits</p>	<p><b>Morning</b> 9:00 MCA Hot Topics 9:30 MCB Hot Topics</p> <p><b>Exercise</b> 10:30 MCA to MCB Seated Zumba 10:30 MCA One on One Visits</p>	<p><b>Morning</b> 9:00 MCA Daily Chronicles 9:30 MCB Daily Chronicles</p> <p><b>Exercise</b> 10:30 MCB to MCA Fitness with Fox Rehab 10:30 MCB One on One Visits</p>	<p><b>Morning</b> 9:00 MCA Weekend Forecasting 9:30 MCB Weekend Forecasting 10:00 MCA Community Crosswords 10:30 MCB Community Crosswords</p>
<p><b>Afternoon</b> <b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.</p> <p><b>Lets Get Crafty</b> 1:00 MCA Flower Arrangements 2:00 MCB Flower Arrangements</p> <p><b>Life Skills</b> Table Settings</p>	<p><b>Afternoon</b> <b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.</p> <p><b>Creative Cuisine</b> 1:00 MCA Homemade Ice Cream/ MCB Creative Coloring 2:00 MCB Homemade Ice Cream/ MCA Creative Coloring 3:00 MCA Sing Along 3:30 MCB Sing Along</p> <p><b>Life Skills</b> Kitchen Clean Up</p>	<p><b>Afternoon</b> <b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.</p> <p><b>Live Entertainment</b> Bill at the Piano with a fun sing along. 1:00 MCA Table Topics / MCB Game Day Prep 2:00 MCB Table Topics/ MCA Game Day Prep 3:00 MCA Manicures 3:30 MCB Manicures</p> <p><b>Life Skills</b> Activity Corner Tidy</p>	<p><b>Afternoon</b> <b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.</p> <p>1:00 MCA Aqua Painting/ MCB Button Sorting 2:00 MCB Aqua Painting/ MCA Button Sorting 3:00 MCA Virtual Concert and Mocktails 3:30 MCB Virtual Concert and Mocktails</p> <p><b>Life Skills</b> Table Setting</p>	<p><b>Afternoon</b> <b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.</p> <p>1:00 MCA Balloon Painting / MCB Word Searches 2:00 MCB Balloon Painting/ MCA Word Searches</p> <p><b>Life Skills</b> Give Back Thursday 3:00 MCA Birthday Cake Kits 3:30 MCB Birthday Cake Kits</p>	<p><b>Afternoon</b> <b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.</p> <p>1:00 MCA Water Colors/ MCB Baby Care 2:00 MCB Water Colors/ MCA Baby Care 3:00 MCA Bingo 3:30 MCB Bingo</p> <p><b>Life Skill</b> Baby Care</p>	<p><b>Afternoon</b> <b>Lunch Time Tunes</b> Sit back and relax during meal time as we listen to our favorite tunes.</p> <p><b>Exercise</b> 1:00 MCA Seated Stretch 1:30 MCB Seated Stretch</p> <p><b>Life Skills</b> Table Setting</p>
<p><b>Evening</b> <b>Small Wind Down Group - 2 Choices:</b> Community Puzzles</p> <p><b>Movie Matinee:</b> <b>Hidden Figures</b> PG 2hrs 9min</p>	<p><b>Evening</b> <b>Small Wind Down Group - 2 Choices:</b> Monday Meditation Community Crosswords</p>	<p><b>Evening</b> <b>Small Wind Down Group - 2 Choices:</b> Family Game On Event</p>	<p><b>Evening</b> <b>Small Wind Down Group - 2 Choices:</b> Mad Libs Movie Matinee Annie PG 1hr 58min</p>	<p><b>Evening</b> <b>Small Wind Down Group - 2 Choices:</b> Records &amp; Relaxation Domino's</p>	<p><b>Evening</b> <b>Small Wind Down Group - 2 Choices:</b> Finish The Phrase Movie Matinee 50 First Dates PG-13 1hr 46min</p>	<p><b>Evening</b> <b>Small Wind Down Group - 2 Choices:</b> Connect Four Movie Matinee Jungle Cruise PG-13 2hr 7 min</p>