Woodlawn Meadows

March 2025

Memory Care

Life Enrichment Monthly Calendar

Activities are subject to change

Wellioly Care		Life Enrichment Monthly Calendar Activities are subject to di				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:30am Chair Exercises 11:00am Brain Train & Trivia 1:30pm Daily Chronicles 2:15pm Crafters Corner 6:00pm Movie Night Monday	MARDI GRAS/ FAT TUESDAY 4 10:30am What Am I? 11:30am Bead & Coin Toss 12:30pm Watching Mardi Gras Parades on TV 1:45pm Daily Chronicles 3:30pm Mardi Gras Social!	ASH WEDNESDAY 5 10:15am Chair Exercises 11:00am Reading Group 11:30am Beauty Shop 1:30pm Virtual Ash Wednesday Mass on TV 1:45pm Bakers Batch 3:15pm Mobile Treat Cart	9:30am Prayer Service 10:00am Entertainment by Ruthie Willis 11:30am Balloon Ball 1:30pm Daily Chronicles 3:15pm Monthly Gazette Reading & Welcoming March	NT'L WOMENS DAY 10:30am Music by Gary Mcourry 11:45am Daily Chronicles	10:30am Bible Study with Alan 1 11:15am Morning Movement 1:30pm Daily Chronicles 2:15pm Sips & Socialize
					1:30pm Women's History Fact or Fiction 2:45pm Ladies Group, Iced Tea & Talks	10:30am Bible Study 11:15am Chair Exercises 1:30pm Daily Chronicles 2:30pm Sips & Socialize
DAYLIGHT SAVINGS BEGINS 9	10	11	12'	QUINCY'S BIRTHDAY 13	14	15
11:15am Sit & Be Fit! 1:30pm Daily Chronicles 2:15pm Treats & Talks	10:30am Chair Exercises 11:00am Brain Train & Trivia 1:30pm Daily Chronicles 2:15pm Crafters Corner 6:00pm Movie Night Monday	10:30am The Mysteries of Ancient Egypt 11:30am Move & Groove 1:30pm Daily Chronicles 3:15pm Jami's Journey	10:15am Chair Exercises 11:00am Reading Group 11:30am Beauty Shop 1:45pm Bakers Batch 3:15pm Mobile Treat Cart	11:30am What's Your	10:30am Chair Exercises 11:15am Daily Chronicles 2:00pm Fun Activity Friday 3:15pm Gather for Games	10:30am Bible Study with Alan 11:15am Morning Movement 1:30pm Daily Chronicles 2:15pm Sips & Socialize
MERYL'S BIRTHDAY 16	ST. PATRICKS DAY 17	18	19	1ST DAY OF SPRING 20	21	22
11:15am Sit & Be Fit! 1:30pm Daily Chronicles 2:15pm Treats & Talks	10:30am Chair Exercises 11:00am St. Patty's Trivia 12:00pm Lucky Irish Lunch 1:30pm Daily Chronicles 3:30pm Shamrock Soda Floats	10:30am Daily Chronicles 11:30am Balloon Ball 2:15pm Hearing Aid Cleanings by Arnold Audiology 3:15pm Allison's Academy	10:15am Chair Exercises 11:00am Reading Group 11:30am Beauty Shop 1:45pm Bakers Batch 3:15pm Mobile Treat Cart	11:30am Morning Movement	10:30am Sharing Stories 11:15am Ring Toss 1:30pm Daily Chronicles 3:00pm Cheyenne's Corner	10:30am Bible Study with Alan 11:15am Chair Exercises 1:30pm Daily Chronicles 2:30pm Sips & Socialize
23	24	VAL'S BIRTHDAY 25	GLORIA'S & MACKENZIE'S 26 BIRTHDAY	27	28	29
	10:30am Chair Exercises 11:00am Brain Train & Trivia 1:30pm Daily Chronicles 2:15pm Crafters Corner 6:00pm Movie Night Monday	10:00am "Edge of Memory" Book Reading by Author Jan Devos 11:30am Move & Groove 1:45pm Daily Chronicles 3:15pm Menu Tasting Event	10:15am Chair Exercises 11:00am Reading Group 12:00pm Timeless Tunes 1:45pm Bakers Batch	11:30am Balloon Ball	10:30am Chair Exercises 11:15am Daily Chronicles 2:00pm Fun Activity Friday 3:15pm Gather for Games	10:30am Bible Study with Alan 11:15am Morning Movement 1:30pm Daily Chronicles 2:15pm Sips & Socialize
30	31					
' I	10:30am Chair Exercises 11:00am Brain Train & Trivia 1:30pm Daily Chronicles 2:15pm Crafters Corner 6:00pm Movie Night Monday					

Location Key:

(GNG) Grab and Go Wall File by Activity Room; (SL) Self Led; (RL) Resident Led; (D) Dining Room; (A) Activity Room; (O) Off-site; (M/C) Individual Apartments or Mobile Cart that goes apartment to apartment / around common areas