

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bev S' Birthday! 30 9:50 Catholic Communion 10:30 Strength Balloon Volleyball (CYH) 2:00 Church Worship with Stonebrook Church (CH/TV)	31 10:30 Exercise with Kessa 1:00 Coloring for National Crayon Day! (AR) 2:30 Live Entertainment with Tom Hofer 6:15 Movie: Seven Brides For Seven Brothers (CH/TV)	1 10:30 Sit & Be Fit (CYH) 1:00 Craft: Suncatcher Easter Eggs (AR) 3:00 April Fools Fun & Friendly Pranks (IF-F) 6:00 Music Night with Carol (MC)	2 10:30 Cardio Drumming (CYH) 1:00 Midweek Refresh: Nature & Music Harmony (IF-F) 2:00 Spark the Change: Autism Awareness Month Kickoff (Lobby) 6:15 Bev's Movie: We Bought A Zoo (CH/TV)	3 9:00 Walmart (CO) 10:30 Sit & Be Fit (CYH) 1:30 BINGO (DR) 2:30 Thursday Games: Springtime: This or That? (IF-F) 3:30 Card Game: Spoons (AR)	4 10:30 Zumba (CYH) 1:00 Make Your Own Hand Pie (AR) 2:00 Game: April Fools Leftovers (Lobby) 3:00 Happy Hour: Pizza Punch (IF-F)	5 10:30 Stretching with Janey (CYH) 11:00 Walking Club (Meet in Lobby) 1:00 Card Club (IF-F) 2:00 Armchair Adventures: Japan (IF-)
6 10:15 Catholic Communion (CH/TV) 10:30 Sit & Be Fit (CYH) 1:00 Stress Relief Journaling: & How To Start (AR) 2:00 Church with Paul G. (CH/TV)	7 10:30 Exercise w/ Kessa (CYH) 1:00 Music & Manicures (AR) 2:00 Live Entertainment with Neil Hewitt (IF-F) 6:15 Movie: Sound of Music (CH/TV)	8 10:30 Sit & Be Fit (CYH) 1:00 Craft: Easter Candy Jars (AR) 2:00 Demo with Chef Jeff (DR) 6:00 Dementia Support Group (AR)	9 10:30 Chair Yoga (CYH) 1:00 Midweek Refresh: (IF-F) Weekday Happy Hour: Sensory Nostalgia (IF-F) 3:00 Unicorn Day: Magic Potion Tasting (IF-F) 6:15 Bev's Movie: The Martian (CH/TV)	10 9:00 Walmart (CO) 10:30 Sit & Be Fit (CYH) 1:30 BINGO (DR) 2:30 Thursday Games: National Siblings Day Match Up (IF-F) 3:30 Card Game: Crazy 8 (AR)	11 10:30 Zumba (CYH) 11:00 Guess That Sound (Lobby) 1:30 Judy M.'s ART SHOW! (Lobby) 3:00 Happy Hour: Diamond mARTini (IF-F)	12 10:30 Stretching with Janey (CYH) 11:00 Walking Club (Meet in Lobby) 1:00 Card Club (IF-F) 2:00 Armchair Adventures: Hawaii (IF-F)
Palm Sunday 13 10:15 Catholic Communion (CH/TV) 10:30 Sit & Be Fit (CYH) 2:00 2nd Sunday Church (CH/TV) 3:00 Palm Sunday Hymn Sing Along (CH/TV)	14 10:30 Exercise w/ Kessa (CYH) 2:00 Live Entertainment with Bill Lawyer (IF-F) 6:15 Movie: Gone with the Wind: Part 1 (90 min) (CH/TV)	15 10:30 Sit & Be Fit (CYH) 1:00 Craft: Dyeing Easter Eggs (AR) 2:00 Marmalade Moon in Old Town Ames (Sign-Up Required*) (CO) 3:00 McDonalds Day: Exercise & Fries (Lobby) 6:00 Music Night with Carol (MC)	16 10:30 Cardio Drumming (CYH) 1:00 - 3:00 Foot Clinic (Sign Up Required) (CYH) 1:00 Midweek Refresh: Hand Massages (IF-F) 2:00 Live Entertainment with Paul Headly (IF-F) 6:15 Bev's Movie: Heaven Is For Real (CH/TV)	17 9:00 Walmart (CO) 10:30 Sit & Be Fit 1:30 BINGO (DR) 2:30 Thursday Games: What's in that Easter Egg? (IF-F) 3:30 Card Game: Baseball (AR)	18 HAIRSPRAY Takeover 10:30 60's Zumba (CYH) 1:00-3:00 Tracy Turnblad Makeover Bar (IF-F) 3:30-4:30 The Corny Collins TALENT SHOW (Sign-Up Required) 5:00 Retro Bites & Drive-In Movie: Hairspray (1988) (DR)	19 10:30 Stretching with Janey (CYH) 11:00 Walking Club (Meet in Lobby) 1:00 Card Club (IF-F) 2:00 Armchair Adventures: Mexico (IF-F)
Easter 20 10:15 Catholic Communion (CH/TV) 10:30 Sit & Be Fit (CYH) 1:00 Stress Relief Journaling: What Does My Faith Mean to Me? (AR) 2:00 Church Worship with John (CH/TV)	21 10:30 Exercise w/ Kessa (CYH) 1:00 Music & Manicures (AR) 2:00 EASTER EGG HUNT (Start in Lobby) 6:15 Movie: Gone with the Wind: Part 2 (90 min) (CH/TV)	22 Earth Day 10:30 Sit & Be Fit (CYH) 1:00 Craft: Decorative Spring Sun Hats (AR) 2:30 Spring Enchantment at Reiman Gardens (Sign-Up Required*) (CO) 6:00 Music Night with Carol (MC)	23 10:30 Chair Yoga (CYH) 1:00 Live Entertainment with Neil Hewitt (IF-F) 3:00 April Showers Weekday Happy Hour: Puddle Punch (Lobby) 6:15 Bev's Movie: Free Willy (CH/TV)	24 9:00 Walmart (CO) 10:30 Sit & Be Fit (CYH) 1:30 BINGO (DR) 2:30 Live Entertainment with David Watson (IF-F) 3:30 Thursday Games: Testing Peep Flavors: Peep It or Leave It (IF-F)	25 10:30 Zumba (CYH) 1:00 No Bake Springtime Strawberry Shortcake (Lobby) 2:00 New Resident & April Birthday Celebration (DR) 3:00 Happy Hour: Strawberry Basil Smash (CH/TV)	26 10:30 Stretching with Janey (CYH) 11:00 Walking Club (Meet in Lobby) 1:00 Card Club (IF-F) 2:00 Armchair Adventures: Antartica (IF-F)
27 10:15 Catholic Communion (CH/TV) 10:30 Sit & Be Fit (CYH) 2:00 Church Worship with Pastor Dave (CH/TV)	28 10:30 Exercise w/ Kessa (CYH) 1:00 Nurse Chat (DR) 3:00 Live Entertainment with Tom Hofer (IF-F) 6:15 Movie: La La Land (CH/TV)	29 10:30 Sit & Be Fit (CYH) 11:00 Ladies Lunch (Sign Up Required*) (Meet in Lobby) 3:00 Craft: Spring Name Plaques (AR) 6:00 Music Night with Carol (MC)	30 10:30 Chair Yoga (CYH) 1:00 Midweek Refresh: Zen Garden Table (AR) 5:00 Men's Night Out (Sign Up Required*) (Meet in Lobby) 6:15 Bev's Movie: Sweet Home Alabama (CH/TV)			

Calender Key:

AR – Activities Room

CYH – CyHawk Room

CH/TV – Chapel/TV Room

CY – Courtyard

IF-F – 1st Floor Fireplace

2F-F – 2nd Floor Fireplace

DR – Dining Room

PDR– Private Dining Room

PO - Patio

LIB – Library

CO – Community Outing

2F - 2nd Floor Area

* - Sign Up for Activity!!

Please Note: Calendars are made far in advance and changes may be made throughout the course of the month. Check the daily notices posted & weekly calendars will also be distributed.