Assisted Living

## April 2025 Life Enrichment Monthly Calendar

Life Enrichment Monthly Calen

Activities are subject to change

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			I 10:30 Flex & Stretch (GR) I 1:15 Outing: Kroger (FD) I:30 Art Throbs! (TR) 2:30 Travel Show & Share (BS) 3:30 Activities Chat with Heather (CS) 6:15 Uncorked Tuesdays (BS)	10:30 Sit & Fit (CS) 11:00 Coffee & Chats (BS) 1:30 Dog Visit-Abby (PR) 1:30 Bingo (BS) 3:30 Classical Music Prgm (TR) 6:15 Live! Pat Cronley (PR)	I 0:30 Balance Class (CS) I 1:00 Coffee & Chats (BS) I:30 Chair Volleyball (CS) 3:00 Earth Day Art (CS) 4:00 Welcome Party! (BS) 6:15 Uno! (BS)	10:30 Chair Aerobics (CS) 11:00 Coffee & Games (BS) 11:00 Cath. Communion (TR) 1:30 Freaky Friday Games!(BS) 3:00 April Showers H. Hour (BS) 6:15 Movie Night (TR)	I0:30 Chair Exercises (CS) I1:00 Morning Reflections (CS) I:30 Sing Fit (CS) 2:00 Movie: Hit Man (TR) 3:30 Hot Fudge Sundaes! (BS)	
	Nat. Library Week! 6 10:00 Stream Sun. Mass (TR) 10:30 Morning Stretch (CS) 11:00 Coffee & Chats (BS) 2:00 Classical Music Prgm (TR) 3:00 Puzzles & Popcorn (GR)	National Beer Day! 7  10:30 Weight Training (CS) 11:00 Coffee & Games (BS) 1:30 Sing Fit (CS) 3:30 Brew Crew Beer Tasting (BS) 6:15 Netflix Night (TR)	I 0:30 Flex & Stretch (GR) I 1:00 Coffee & News (BS) I:30 Art Throbs! (CS) 2:00 Menu Chats (DR) 3:30 Earth Day Art (CS) 6:15 Game Night (GR)	10:30 Sit & Fit (CS) 11:00 Coffee & Chats (BS) 1:30 Dog Visit-Gemma (PR) 2:00 Live! Christine Schinker (PR) 3:30 Classical Music Prgm (TR) 6:15 Bingo Blitz! (BS)	10:30 Balance Class (CS) 11:00 Coffee & Games (BS) 1:15 pm Bus Outing: Detroit Public Library Tour! (FD) 1:30 Relaxation Retreat (TR) 3:00 Board Games (BS) 6:15 Rhythm & Hues (BS)	10:30 Chair Aerobics (CS) 11:00 Cath. Communion (TR) 1:30 Earth Day Art (CS) 3:00 Spring Break Happy Hour (BS) 6:15 Movie Night (TR)	10:30 Chair Exercises (CS) 11:00 Morning Art (CS) 1:30 Sing Fit (CS) 2:00 Movie: Damn Yankees! (TR) 3:30 Walking Club	
	I3 10:00 Stream Sun. Mass (TR) 10:30 Morning Stretch (CS) 11:00 Coffee & Puzzles (BS) 2:00 Classical Music Prgm (TR) 3:00 Giant Jenga! (CY)	I 4  10:30 Exercise with Powerback (CS) 11:00 Coffee & Chats (BS) 1:30 Walking Club (CY) 3:30 Relaxation Retreat (TR) 6:15 Netflix Night (TR)	I 5 10:30 Flex & Stretch (CS) 11:15 Outing: Target (FD) 1:30 Art Throbs! (CS) 2:00 Mobile Cart-Springtime in Paris 4:00 My Favorites Chat (PR) 6:15 Uncorked Tuesday (BS)	I 6  10:30 Sit & Fit (CS)  11:15 Hymns w/ Rachel (PR)  1:30 Dog Visit-Abby (PR)  2:00 Bingo (BS)  2:00 Book Club (LI)  3:30 Classical Music Prgm  6:15 Courtyard Chats (CY)	10:30 Balance Class (CS) 11:00 Coffee & Games (BS) 1:30 Garden Club (CS) 3:00 Oakland Historical Society Lecture (BS) 6:15 Uno! (BS)	18 10:30 Chair Aerobics (CS) 11:00 Coffee & Games (BS) 11:00 Cath. Communion(TR) 1:30 Easter Baskets! (CS) 3:00 Easter Happy Hour (BS) 6:15 Movie Night- (TR)	Ì:30 Easter Basket Hunt!	
1	2:00 Classic Music Prgm (TR) 3:00 Easter Egg Hot Potato! (GR)	6:15 Netflix Nìght (TR)	Earth Day 10:30 Flex & Stretch (CS) 11:15 Coffee & Chats (BS) 1:30 Art Throbs! (CS) 2:30 Menu Chats (CS) 3:00 Resident Council (CS) 6:15 Earth Day Art Show (CS)	10:30 Sit & Fit (CS) 11:00 Coffee & Chat (BS) 1:30 Dog VisitGemma (PR) 1:30 Bingo (BS) 3:30 Classical Music Prgm (TR) 6:15 Movie Night (TR)	10:30 Balance Class (CS) 11:00 Coffee & Games (BS) 12:00 Outing: Lincoln Yard 2:00 Culinary Showcase (BS) 3:00 Live! Cheryl Beau. (PR) 6:15 Game Night (BS)	10:30 Chair Aerobics (CS) 11:00 Cath. Communion(TR) 11:00 Vitals Clinic (CS) 1:30 Golf Putting (CY) 3:00 Birthday Happy Hour 6:15 Movie Night (TR)	10:30 Chair Exercises (CS) 11:00 Morning Art (CS) 1:30 Giant Jenga! (CY) 2:00 Movie: Victor Victoria (TR) 3:00 Walking Club	から、中方、一つのののののののののののののののののののののののののののののののののののの
1	10:00 Stream Sun. Mass(TR) 10:30 Morning Stretch (CS) 11:00 Coffee & Chats (BS) 2:00 Classical Music Prgm (TR) 3:00 Pictionary (BS)	10:30 Exercise with Powerback (CS) 11:00 Coffee & Chats (BS) 1:30 Poetry Writing (CS) 3:00 Aftern. Stretching (CS) 6:15 Netflix Night (TR)	10:30 Flex & Stretch (CS) 11:00 Coffee & Chats (BS) 11:15 Outing: Kroger (FD) 1:30 Art Throbs! (CS) 3:00 Chair Volleyball (CS) 6:15 Uncorked Tuesdays (BS)	10:30 Sit & Fit (CS) 11:00 Coffee & Chat (BS) 1:30 Dog VisitAbby (PR) 2:00 Live Lecture with 'Thomas Edison'! (BS) 3:30 Classical Music Prgm (TR)				
	Calendar Key	CY – Courtyard	PR: Piano Room					

BS – Bistro

CS – Creative Studio

TR – Theatre DA - D

FD- Front Desk
DA - Dining Area
GR-Game Room

