

Independence Village of Traverse City

Independent Living

May 2025

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>27</div> <div>9:30 Church Service (CH)</div> <div>11:00 Exercise Video - Resident Run (AA)</div> <div>3:00 Puzzle Group (AA)</div>	<div>28</div> <div>11:00 Balloon Volleyball (AA)</div> <div>1:30 CorsoCare Vital Clinic (A)</div> <div>12:00-2:00 Sock Hop Party (A)</div> <div>2:00 Netflix Club: The Crown (L)</div> <div>4:00 Bible Study with Jeff (CH)</div> <div>6:00 Resident Run Games (P)</div>	<div>29</div> <div>8:30/9:00/9:30 Shopping Trips (A)</div> <div>11:00 Chair Zumba (AA)</div> <div>1:30 Resident Run-Quarter BINGO (AA)</div> <div>2:30 Wii Bowling - Resident Run (CH)</div> <div>3:30 New Resident Welcome Meeting (AA)</div> <div>6:00 Resident Run Games (P)</div>	<div>30</div> <div>11:00 Exercise (AA)</div> <div>11:00 Communion (CH)</div> <div>3:30 T.E.A.C.H Choir Concert (A)</div> <div>6:00 Resident Run Games (P)</div>	<div>1</div> <div>May Day</div> <div>10:30 Monthly Gazette (AA)</div> <div>11:00 Exercise (AA)</div> <div>12:00 Outing - Margarita's Grill (A)</div> <div>1:30 BINGO (AA)</div> <div>2:30 Meet & Greet with our new Maintenance Director! (AA)</div> <div>6:00 Resident Led Games (P)</div>	<div>2</div> <div>8:45 Outing-Rummage Sale</div> <div>11:00 Exercise with Powerback (AA)</div> <div>1:30 Movie Showing - Queen Bee's (CH)</div> <div>3:00 June Activity Planning Meeting (AA)</div> <div>6:00 Resident Run Games (P)</div>	<div>3</div> <div>11:00 Exercise Video - Resident Run (AA)</div> <div>2:00 Cards with Friends (AA)</div> <div>3:00 Grab & Go Word Search (AA)</div>
<div>4</div> <div>9:30 Church Service (CH)</div> <div>11:00 Exercise Video - Resident Run (AA)</div> <div>3:00 Puzzle Group (AA)</div>	<div>5</div> <div>Cinco De Mayo</div> <div>10:30 Meet & Greet with our new Life Enrichment Director! (AA)</div> <div>11:00 Cardio Drumming (AA)</div> <div>1:30 CorsoCare Vital Clinic (A)</div> <div>2:00 Netflix Club: The Crown (L)</div> <div>3:00 Cinco De Mayo Sip & Snacks (P)</div> <div>4:00 Bible Study with Jeff (CH)</div>	<div>6</div> <div>8:30/9:00/9:30 Shopping Trips (A)</div> <div>11:00 Chair Zumba (AA)</div> <div>1:30 Resident Run-Quarter BINGO (AA)</div> <div>2:30 Wii Bowling - Resident Run (CH)</div> <div>3:00 Garden Club Planning (AA)</div> <div>6:00 Table Games Games (P)</div>	<div>7</div> <div>11:00 Outdoor Walking Group (A)</div> <div>11:00 Communion (CH)</div> <div>1:00 Painted Lady Butterfly Project (AA)</div> <div>2:00 Musical Performance by Billy McAllister (A)</div> <div>3:30 Happy Hour-Long Island Iced Tea (P)</div>	<div>8</div> <div>9:45 Outing - Nursery (A)</div> <div>11:00 Exercise (AA)</div> <div>1:30 Potpourri with Kaye (AA)</div> <div>2:30 Bridge Club Kick-off (P)</div> <div>3:30 Resident Forum & New Staff Introduction (AA)</div> <div>6:00 Resident Led Games (P)</div>	<div>9</div> <div>11:00 Exercise with Powerback (AA)</div> <div>2:00 Women's Bible Study (CH)</div> <div>3:00 Resident Run-Quarter BINGO</div> <div>6:00 Resident Run Games (P)</div>	<div>10</div> <div>11:00 Exercise Video - Resident Run (AA)</div> <div>3:00 Grab & Go Word Search (AA)</div> <div>6:00 Resident Run Card Games (P)</div>
<div>11</div> <div>Mother's Day</div> <div>9:30 Church Service (CH)</div> <div>10:30 Exercise Video - Resident Run (AA)</div> <div>11:00-1:30 Mother's Day Brunch (DR)</div> <div>5:30 Puzzle Group (AA)</div>	<div>12</div> <div>Wellness</div> <div>11:00 Meditation with Aromatherapy (AA)</div> <div>1:30 CorsoCare Vital Clinic (A)</div> <div>2:00 Netflix Club: The Crown (L)</div> <div>4:00 Bible Study with Jeff (CH)</div> <div>6:00 Resident Run Games (P)</div>	<div>13</div> <div>Appreciation Week!</div> <div>8:30/9:00/9:30 Shopping Trips (A)</div> <div>11:00 Chair Zumba (AA)</div> <div>1:30 Resident Run-Quarter BINGO (AA)</div> <div>2:30 Wii Bowling - Resident Run (CH)</div> <div>3:30 Garden Club Kick-Off (FY)</div> <div>6:00 Resident Led Games (P)</div>	<div>14</div> <div>National Reception Day</div> <div>10:00 Butterfly Check in (AA)</div> <div>10:30 Exercise (AA)</div> <div>11:00 Public Speaking Event - Jeffrey R Wingfield (AA)</div> <div>11:00 Communion (CH)</div> <div>2:00 Musical Performance by Al Firek (A)</div> <div>3:30 Wine Down Wednesday (P)</div> <div>6:00 Resident Run Table Games (P)</div>	<div>15</div> <div>9:00 Outing-Cherry Blossom Tour (A)</div> <div>11:00 Exercise (AA)</div> <div>1:30 BINGO (AA)</div> <div>2:30 Bridge Club (P)</div> <div>2:45 Movie Showing - The Martian (CH)</div> <div>6:00 Resident Run Games (P)</div>	<div>16</div> <div>10:15 Veteran's Coffee (PDR)</div> <div>11:00 Exercise with Powerback (AA)</div> <div>1:00 Two Truths and a Lie (AA)</div> <div>2:00 Women's Bible Study (CH)</div> <div>3:00 Armed Forces Day - Documentary (AA)</div> <div>6:00 Resident Run Games (P)</div>	<div>17</div> <div>Armed Forces Day</div> <div>10:00 Donuts & Coffee (A)</div> <div>11:00 Exercise Video - Resident Run (AA)</div> <div>3:00 Grab & Go Word Search (AA)</div> <div>6:00 Resident Run Card Games (P)</div>
<div>18</div> <div>SPIRIT WEEK</div> <div>9:30 Church Service (CH)</div> <div>11:00 Exercise Video - Resident Run (AA)</div> <div>3:00 Puzzle Group (AA)</div>	<div>19</div> <div>Pajama Day!</div> <div>11:00 Chair Zumba (AA)</div> <div>1:15 Support Group w/ Heather Muha (PDR)</div> <div>1:30 CorsoCare Vital Clinic (A)</div> <div>2:00 Netflix Club: The Crown (L)</div> <div>3:00 Traverse City Mobile Library (AA)</div> <div>4:00 Bible Study with Jeff (CH)</div> <div>6:00 Resident Run Games (P)</div>	<div>20</div> <div>Sports Attire Day!</div> <div>8:30/9:00/9:30 Shopping Trips (A)</div> <div>11:00 Chair Yoga (AA)</div> <div>1:30 Resident Run-Quarter BINGO (AA)</div> <div>2:30 Wii Bowling - Resident Run (CH)</div> <div>3:30 Meditation with Anthony (CH)</div> <div>3:30 Garden Club (FY)</div> <div>6:00 Resident Run Games (P)</div>	<div>21</div> <div>Beach Day!</div> <div>10:45 Butterfly Check in (AA)</div> <div>11:00 Exercise (AA)</div> <div>11:00 Communion (CH)</div> <div>1:15 Life Transitions Group (CH)</div> <div>3:30 Wine Down Wednesday (P)</div> <div>6:00 Resident Run Games (P)</div>	<div>22</div> <div>MisMatch Day!</div> <div>8:45 Outing - DMV (A)</div> <div>11:00 Exercise (AA)</div> <div>1:00 Rapid BINGO (3 Games)</div> <div>2:00 Musical Performance by Mark DeNoyelles (A)</div> <div>2:30 Bridge Club (P)</div> <div>6:00 Resident Run Games (P)</div>	<div>23</div> <div>Favorite Color Day!</div> <div>11:00 Exercise with Powerback (AA)</div> <div>2:00 Women's Bible Study w/ Chaplain Christine (CH)</div> <div>3:00 May Birthday Celebration (AA)</div> <div>6:00 Musical Performance by John Denner (DR)</div> <div>6:00 Resident Run Games (P)</div>	<div>24</div> <div>SPIRIT WEEK</div> <div>11:00 Exercise Video - Resident Run (AA)</div> <div>3:00 Grab & Go Word Search (AA)</div> <div>6:00 Swap and Share Saturday Bring items to swap with your neighbors (AA)</div>
<div>25</div> <div>9:30 Church Service (CH)</div> <div>11:00 Exercise Video - Resident Run (AA)</div> <div>3:00 Puzzle Group (AA)</div>	<div>26</div> <div>Memorial Day</div> <div>11:00 YouTube Yoga (AA)</div> <div>12:00 Memorial Day Cook-out (DR)</div> <div>2:00 Netflix Club: The Crown (L)</div> <div>4:00 Bible Study with Jeff (CH)</div> <div>6:00 Resident Run Games (P)</div>	<div>27</div> <div>8:30/9:00/9:30 Shopping Trips (A)</div> <div>11:00 Chair Zumba (AA)</div> <div>1:30 Resident Run-Quarter BINGO (AA)</div> <div>2:30 Wii Bowling - Resident Run (CH)</div> <div>3:30 New Resident Welcome Meeting (AA)</div> <div>3:30 Garden Club (FY)</div> <div>6:00 Resident Run Games (P)</div>	<div>28</div> <div>10:45 Butterfly Check in (AA)</div> <div>11:00 Exercise (AA)</div> <div>11:00 Communion (CH)</div> <div>1:30 Resident Forum (AA)</div> <div>3:30 Wine Down Wednesday (P)</div> <div>6:00 Resident Run Games (P)</div>	<div>29</div> <div>9:00 Outing - Senior Center (A)</div> <div>11:00 Exercise (AA)</div> <div>1:00 Bridge Club (P)</div> <div>2:30 Men's Group (CH)</div> <div>2:45 Ladies Tea (AA)</div> <div>6:00 Resident Run Games (P)</div>	<div>30</div> <div>11:00 Exercise with Powerback (AA)</div> <div>1:00 Great Lakes Trivia (AA)</div> <div>2:00 Women's Bible Study (CH)</div> <div>3:15 Resident Show & Tell (AA)</div> <div>6:00 Resident Run Games (P)</div>	<div>31</div> <div>11:00 Exercise Video - Resident Run (AA)</div> <div>2:30 Afternoon Movie - Wicked (CH)</div> <div>6:00 Resident Run Card Games (P)</div>