

Grace Haven Assisted Living and Memory Care

Assisted Living | Comfort Care

May 2025

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30 Craft: Making Hawaiian Lei's, Drinks, and Music(PD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Generation of Innovation Talk (MC)	Althea's Birthday 2 10: 15 Mother's Day Crafting (PD) 11:15 Chair Synchronized Swimming (PD) 1:15 Bingo (MD) 5:45 Oil and Massage Allergy Relief Education (MC)	3 10:00 Golden Zumba Exercise (PD) 11:30- 1:30 Mother's Day Tea Party and Lunch 3:00 Resident Games and Hydration (CD)
4 10:30 Generation of Innovation Talk (PD) 1:30 Guess the Lemonade Flavor (MC) 5:45 Tactile Ball Exercise and Breath Control (MC)	Cinco de Mayo 5 11:00 Farm Animals Visiting (O) 1:15 Viva la Fiesta with Evelyn Bingo Party(MD) 2:00 Games (MD) 3:30 Exercise (MD)	6 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 1:15 Groovin' Grace Haven Zumba (PD) 3:00 Briggs Library (PD)	7 11:00 Break Out The Bingo Bucks Bingo Store Blowout Sale (PD) 1:30 Scarf Exercise (MC) 2:30 Manicures (MC) 5:45 Happy Hour: Mother's Choice (L)	Nevaeh's Birthday 8 11:00 Beach Party (O/L) 12:15 Music and Lunch with Dean (MD) 1:00 Resident Activity Meeting (PD) 2:00 Games (MD) 3:30 Exercise (MD)	9 10:30 Dog Therapy with Frankie and Jen 12:45 Ice Cream Truck (O) 1:15 Bingo (MD) 3:15 Music with Marty (MD) 5:45 Resistance Band Exercise (MC)	10 10:30 Pen Pals Program Tools and Tips (PD) 1:15 Balloon Badminton (PD) 2:15 Grace Haven's Garden (O) 5:45 Euchre Games (CD)
Mother's Day 11 10:30 Church Service and Songs (MC) 1:30 Mother's Day Spa and Pampering (PD) 3:00 Scrabble Game (PD) 5:45 Meditation Exercise and Calming Sounds (MC)	12 10:00 Denise and Ruby Pet Therapy 11:00 Crafting Prep with Annie (PD) 1:15 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD)	13 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 1:30 Crafts with Annie (PD) 3:00 Zumba with Margie (MD)	Marie's Birthday 14 10:30 Haden's Safety Seminar (L) 1:30 Manicures (PD) 3:45 Circuit Training Exercises (MC) 5:45 Happy Hour: Springtime Spritzer (L)	15 10:30 Craft: Paint All Kinds of Eggs (MC) 12:15 I Am Just Here For The Pie Lunch 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Holiday Pictionary (MC)	Quinn's Birthday 16 10:30 Coffee and Tea Taste Testing (MC) 1:15 Bingo (MD) 3:00 Generation of Innovation Talk (PD) 4:00 Chair Yoga and Deep Breathing (MC)	17 10:30 Marching Exercise (MC) 1:00 Crafting with 4-H Friends (PD) 3:00 Sudoku Puzzles (MD) 5:45 Seasonal Movie with Snacks and Drinks (MC)
Mabel's Birthday 18 10:30 Church Service and Songs (MC) 11:15 Technology Time with Tammy (PD) 1:30 Crafts with Annie (PD) 2:30 Cornhole (MD) 5:45 Crosswords (PD)	19 10:30 Cooking Club: Devil's Food Cake (MC) 1:15 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:30 Devil VS Angel Food Cake Mobile Cart	20 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 1:30 I Want To Be A Millionaire Talk (PD) 5:45 Hymns (MC)	Ken's Birthday 21 10:00 Simple Stretches and Songs (MC) 11:00 Music with Tess (MD) 1:00 Manicures (O) 3:30 Bingo Store (PD) 5:45 Happy Hour: Jungle Juice (L)	22 10:00 Culinary Showcase with Chef (L) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Comedy Hour (PD) (**Warning Rated R Dirty Jokes**)	23 10:30 Going On a Heist with Grace Haven Team Members Outing 1:15 Bingo (MD) 3:30 Before Dinner Meditation (MC) 5:45 Essential Oils (MC)	24 10:30 Don't Burst My Bubble Game (MD) 1:30 Generation of Innovation Talk (PD) 5:45 Essential Oils, Relaxation Exercise, and Hydration (MC)
25 10:30 Church Service and Songs (MC) 1:15 Wine and Sparkling Juice Mobile Cart 2:15 Silent Stretches (MC) 5:45 Resident Lead Card Games (CD)	Diane's Birthday Memorial Day 26 10:30 Jen and Frankie Therapy 12:15 Memorial Vets Lunch 1:15 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD)	27 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:00 Zumba with Margie (MD) 7:00 St. John's Band (MD)	28 10:00 Manicures (B) 12:15 Resident Birthday Party 1:30 Resident Council (PD) 3:00 Scarf Stretches (MC) 5:45 Happy Hour: Life Enrichment Choice (L)	David's Birthday 29 10:00 Food Committee with Chef (L) 12:15 Resident Ambassador Lunch and Recruiting Chat (PD) 2:00 Games (MD) 3:30 Exercise (MD)	30 11:00 Cello Music with Liz Collins (MD) 1:15 Bingo (MD) 3:00 Exercise From the 50's, 60's, and 70's (MC) 5:45 Snow Cone For What... Mobile Cart	31 11:00 Bingo Store (PD) 1:00 Music and Chat with Traci and Family (MD) 2:30 Pick Your Favorite Exercise (MC) 3:30 Grace Haven's Garden (O)

Calendar Key:
MD – Main Dining
MC – Memory Care
PD – Private Dining

CD – Cooking Room
L – Lobby
P - Patio
O - Outside

B- Beauty Salon
H- Hall

Breakfast:
7:30am-9:00am

Lunch:
12:15pm-1:30pm

Dinner:
4:45pm- 6:00pm