

Ludington Woods

Memory Care

June 2025

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 Exercise (CA) 1:15 Scottville Fellowship Christian (AL) 2:00 Team Dice Game (AL) 7:00 Hand Massages (CA)	2 10:00 Exercise (BH) 10:30 Music Monday (CA) 2:00 Activity Circle (GR) 6:00 Bingo (AL)	3 10:00 Exercise (BH) 10:30 Our Daily Bread (TH) 11:00 Lunch Outing: American Legion 2:00 Courtyard Chat 7:00 String Tiles (CA)	4 10:00 Exercise & Daily Bread 10:30 Baking Bunch (TH) 1:00 Balloon Toss (TH) 2:30 Creative Storytelling (GR) 7:00 Matching Game (CA)	5 10:00 Exercise (BH) 10:15 Fun w/ Mike (BH) 1:00 Sensory Box (BH) 1:30 Resident Council (GR) 3:00 Walk with Pat 7:00 Head to Tails (CA)	Ntl. Donut Day 6 10:00 Exercise & Daily Bread 10:30 Music w/ Kaedin & Ella 1:00 Music w/ Mary (CA) 2:00 Jingo (BH)) 7:00 Compound Words (CA)	Ntl. Play Outside 7 10:30 Ntl. Play Outside Day (CTYD) 2:00 Outdoor Adventure 7:00 Calming Music (CA)
8 11:00 Exercise (CA) 1:00 Prayer & Praise (CA) 2:00 Team Dice Game (AL) 7:00 Hand Massage (CA)	9 10:00 Exercise (BH) 10:30 Music w/ Kevin (AL) 2:00 Cookies, Coffee, and conversation w/ The Ludington Library (BH) 6:00 Bingo (AL)	10 9:30 Men’s Outing: Fishing at Copeyon Park 12:00 Father’s Day Western BBQ - Happy Hour & Mobile Cart 7:00 String Tiles (GR)	11 10:00 Exercise & Daily Bread 10:30 Baking Bunch (TH) 1:00 Balloon Toss (TH) 2:30 Creative Storytelling (GR) 7:00 Matching Game (CA)	12 10:00 Exercise (BH) 10:15 Fun w/ Mike (BH) 10:30 Garden Therapy (AL) 1:30 Sensory Box (BH) 3:30 Walk with Pat 7:00 Head to Tails (CA)	13 10:00 Exercise & Our Daily Bread (TH) 1:00 Music w/ Mary (CA) 2:00 Friday Floats (TH) 7:00 Hand Massage (CA)	14 10:15 Bingo (AL) 12:30 Flower Craft (BH) 7:00 Calming Music (CA)
Father’s Day 15 10:30 Exercise (CA) 11:30 “Tie 1 One” (MC) 1:00 Hymns by Charlie (CA) 2:00 Walk & Talk 7:00 Hand Massage (CA)	16 10:00 Exercise (BH) 10:30 Hymn’s w/ Adrian (CA) 2:00 Story Time w/ Ludington Library (TH) 6:00 Bingo (AL)	17 10:00 Exercise (BH) 11:00 Lunch Outing: Cluck Bucket 2:00 Chuck & Gloria’s 63 Anniversary (AL) 7:00 String Tiles (CA)	18 10:00 Exercise & Daily Bread 10:30 Baking Bunch (TH) 1:00 Balloon Toss (TH) 2:30 Menu Tasting (TH) 7:00 Matching Game (CA)	19 10:00 Exercise (BH) 10:15 Fun w/ Mike (BH) 1:00 Sensory Box (GR) 2:30 Charlie & Friends (AL) 3:30 Walk with Pat 7:00 Head to Tails (CA)	20 1:00 Music w/Mary (CA) 2:00 Puzzle Time (GR) 7:00 Hand Massage (CA)	21 10:30 Shaw Family Sing Along (MC) 12:30 Seashell Craft (BH) 7:00 Calming Music (CA)
22 11:00 Exercise (CA) 1:00 Pamper & Polish (AL) 2:00 Victory Trinity (CA) 7:00 Hand Massage (CA)	23 10:00 Exercise (BH) 10:30 Music w/ John M. (AL) 2:00 Activity Circle (GR) 6:00 Bingo (AL)	24 9:30 Outing: Mini Golf & Lunch 2:00 Courtyard Chat 7:00 String Tiles (CA)	25 10:00 Exercise & Daily Bread (TH) 11:00 Balloon Toss (TH) 2:30 Creative Storytelling 6:00 Family Night- Cornhole & Cookies (BH)	26 10:00 Exercise (BH) 10:00 Fun/ w Mike (BH) 1:00 Sensory Box (BH) 3:00 Walk with Pat 7:00 Head to Tails (CA)	Hello Summer! 27 10:00 Exercise (BH) 10:30 Patriotic Craft (BH) 1:00 Music w/Mary (CA) 2:00 Summer Beach Party & Happy Hour (MC) 7:00 Hand Massage (CA)	28 10:15 Trivia in Sunroom 1:30 Ice Cream Social (TH) 7:00 Calming Music (CA)
29 11:00 Exercise (CA) 1:00 Outdoor Adventure 2:00 Uno Dice Game (AL) 7:00 Hand Massage (CA)	30 10:00 Exercise (BH) 10:30 Music Monday (CA) 11:00 Parachute (CA) 2:00 Activity Circle (GR)					

Daily Walks - Weather Permitting

Coloring Club every day at 3:00 in Game Room

Calendar Key:
BH- Blue House
GR- Game Room
CA- Common Area

OG- Off Grounds
AL- Assisted Living
TH- Tan House
CTYD- Courtyard

Catholic Communion every Thursday at 10:00 in the Common Area

Public Welcome!
Veteran’s Coffee & Chat
Friday , June 13th
10 a. m. - 11 a.m. (AL)

