

Independence Village of White Lake

Independent Living | Enhanced Living

June 2025
Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 Noodlecise & Weights (GP) 12:30 Mass/Communion w/St. Pat's (GP) 1:00 Crochet & Knitting Club (C) 2:00 Candy Bingo (GP) 6:00 Mexican Train Dominoes (L) 6:30 Movie Madness (Theatre)	2 10:15 Daily Devotion (L) 10:30 Massage with Annie, by appt. 11:00 Theraband w/Powerback (GP) 12:00 Shopping at Walmart (S) 12:30 Calendar Review/Activity (L) 1:30 Mass/Communion w/Fr. Paul (GP) 3:00 Rummikub (GP) 6:00 Poker Club (GP) 6:00 Walking Club (FL)	3 11:00 Weight Workout w/Powerback (C) 11:15 Painting and Pizza (GP) w/ St. Pat's School 1:00 Blood Pressure Check (L) 1:30 Train Your Brain (GP) 2:30 Ted Talks on YouTube (L) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (C) 6:00 Chicken Foot Dominoes (FL)	4 11:00 Protestant Service (GP) 12:30 Sit and Be Fit (GP) 2:00-4:00 2 U Optical Store (L) 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP)	5 10:15 Daily Devotion (L) 11:00 Exercise w/Powerback (GP) 12:30 Giant Crossword Puzzle (L) 1:00-3:00 Dermatology (Massage Rm) 3:00 Senior Send Off (C) 3:30 Happy Hour (C)	6 10:15 Mindful Meditation (L) 11:00 Fenton Winery & Brewery (S) 11:00 Bend and Stretch (GP) 12:30 Chair Volleyball (C) 2:00 Polish Me Pretty Nails (GP) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	7 11:00 Weight Workout (GP) 1:00 Afternoon Entertainment (C) 2:30 Lawn Games (C) 2:30 Euchre Club (C) 3:30 Men's Pool (3-F)
Spirit Week 8 11:00 Noodlecise & Weights (GP) 12:30 Mass/Communion w/St. Pat's (GP) 1:00 Crochet & Knitting Club (C) 2:00 Candy Bingo (GP) 6:00 Mexican Train Dominoes (L) 6:30 Movie Madness (Theatre)	Twin/Triplet Day 9 10:15 Daily Devotion (L) 10:30 Massage with Annie, by appt. 11:00 Theraband w/Powerback (GP) 12:00 Shopping at Kroger (S) 1:30 Prayer/Communion w/St. Pat's(GP) 3:00 Rummikub (GP) 6:00 Poker Club (GP) 6:00 Walking Club (FL)	Silly Sock Day 10 11:00 Weight Workout w/Powerback (GP) 12:30 Tie Dye Tee Shirts (MC) 12:45 Foot Care (GP) 1:00 Blood Pressure Check (L) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (C) 6:00 Chicken Foot Dominoes (FL)	Crazy Hair Day 11 11:00 Sit and Be Fit (GP) 11:00-2:00 Boutique to You (C) 1:30 Nurse Chat w/Donna (GP) 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP)	Tie Dye Day 12 10:15 Daily Devotion (L) 11:00 Exercise w/Powerback (GP) 11:00 The RailYard Lunch (S) 12:30 Men's Spa Day (GP) 2:30 Grief Support (L) 3:30 Happy Hour (C)	Pirate Day 13 10:15 Mindful Meditation (L) 11:00 Noodlecise (GP) 12:30 Chair Volleyball (C) 2:00 Cardio Drumming (GP) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	14 11:00 Weight Workout (GP) 12:30 Mosaic Art (GP) 2:00 Iced Coffee with Amy (C) 2:30 Euchre Club (FL) 3:30 Men's Pool (3F)
Father's Day 15 11:00 Walking Exercise (FL) 11:30 Brunch Residents (EDR, MDR) 12:00 Brunch Resident/Guest (MDR) 1:00 Lawn Games (MC) 1:00 Crochet & Knitting Club (FL) 6:00 Mexican Train Dominoes (L)	16 10:15 Daily Devotion (L) 10:30 Massage with Annie, by appt. 11:00 Theraband w/Powerback (GP) 12:00 Shopping at Meijer (S) 1:30 Prayer/Communion w/St. Pat's (GP) 3:00 Bingo (GP) 6:00 Poker Club (GP) 6:00 Walking Club (FL)	Waffle Bar 17 8:30-9:30 Waffle Bar (MDR) 11:00 Weight Workout w/Powerback (GP) 1:00 Blood Pressure Check (L) 1:30 Train Your Brain (GP) 2:30 Ted Talks on YouTube (L) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (C) 6:00 Chicken Foot Dominoes (FL)	18 11:00 Protestant Service (GP) 12:30 Sit and Be Fit (GP) 1:30 Show and Share (L) Culture Day 3:00 Detroit Tiger Presentation (GP) 3:30 Rosary with St. Pat's (L) 6:00 Euchre Club (GP)	Juneteenth 19 10:15 Daily Devotion (L) 11:00 Exercise w/Powerback (GP) 11:45 Tech Talk Thursday (C) 2:30 Open Forum (GP) 3:30 Happy Hour (C) Juneteenth Social 4:00 Hearing Care (L) 6:00 Bunco w/St. Pat's (GP)	Summer Solstice 20 10:15 Mindful Meditation (L) 11:00 Bend and Stretch (GP) 12:00 Gardening W/Stephanie (FL) 1:00 Chair Volleyball (MC) 2:00 Pool Party (MC) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	21 11:00 Weight Workout (GP) 12:30 Freestyle Painting (C) 2:00 Nickels (GP) 2:30 Euchre Club (GP) 3:30 Men's Pool (3-F)
22 11:00 Noodlecise & Weights (GP) 12:30 Mass/Communion w/St. Pat's (GP) 1:00 Crochet & Knitting Club (C) 2:00 Candy Bingo (GP) 6:00 Mexican Train Dominoes (L) 6:30 Movie Madness (Theatre)	23 10:15 Daily Devotion (L) 10:30 Massage with Annie, by appt. 11:00 Theraband w/Powerback (GP) 12:00 Shopping at Target (S) 12:00 Reminiscing w/Stephanie (L) 1:30 Prayer/Communion w/St. Pats (GP) 3:00 Bingo (GP) 6:00 Poker Club (GP) 6:00 Walking Club (FL)	Picnic 24 11:00 Weight Workout w/Powerback (GP) 12:30 Community Picnic (TBD) Balloon Painting 1:00 Blood Pressure Check (L) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (C) 6:00 Chicken Foot Dominoes (FL)	25 11:00 Sit and Be Fit (GP) 12:30 Grab and Go Iced Coffee (C) 1:00-3:00 Artful Moments (GP) Sculpture Exploration 3:30 Rosary with St. Pat's GP) 6:00 Euchre Club (GP)	26 10:00 Kindness Card Crew (L) 10:15 Daily Devotion (L) 11:00 Exercise w/Powerback (GP) 12:30 Culinary Showcase (GP) Summer Menu Sampling 2:00 Book Club (L) 3:30 Happy Hour (C) Celebrate Birthdays & Welcome New Residents	27 10:15 Mindful Meditation (L) 11:00 Noodlecise (GP) 12:00 Traveling Cart 12:30 Men's Wellness (GP) Keeping Strong & Healthy 3:00 Mr. C's Ice Cream (S) 2:00 Chair Volleyball (C) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	28 11:00 Weight Workout (GP) 12:30 Crafting with Amy (C) 2:00 Outdoor Social (MC) 2:30 Euchre Club (C) 3:30 Men's Pool (3F)
29 11:00 Noodlecise & Weights (GP) 12:30 Mass/Communion w/St. Pat's (GP) 12:30 Lawn Games (EC) 1:00 Crochet & Knitting Club (C) 2:00 Candy Bingo (GP) 6:00 Mexican Train Dominoes (L) 6:30 Movie Madness (Theatre)	30 10:15 Daily Devotion (L) 10:30 Massage with Annie, By Appt. 11:00 Theraband w/Powerback (GP) 12:00 Shopping at Thrift Store (S) 1:30 Prayer/Communion w/St. Pat's (GP) 3:00 Rummikub (GP) 6:00 Poker Club (GP) 6:00 Walking Club (FL)					