

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Streaming Mass (TL) 11:00 Sit and Be Fit (DR) 12:45 St. Francis Choir Concert (DR) 3:30 Ice Cream Social (CY) 5:15 Courtyard Chats (CY)	2 10:00 Moving Monday (DR) 10:30 Armchair Travel (FS) 1:30 Slime Making (FS) 2:30 Papermaking (DR) 3:30 Sing Fit! (Patio) 5:15 Relaxation Station (TL)	3 10:00 Ball Exercises (DR) 10:30 Massages & Manicures 1:00 Tender Hearts (FS) 2:30 Outing: Custard 4:00 Walking Club (CY) 5:15 Rhythm & Hues (FS)	4 10:00 Move Those Joints (TL) 11:00 Bowling (Patio) 1:00 Dog Visit-Gemma 2:00 DIY Garden Lanterns (FS) 3:00 Balloon Volleyball (DR) 5:15 Puzzles & Music (DR)	5 10:00 Chair Yoga (DR) 11:00 Walking Club(CY) 1:30 Watercolor Painting (FS) 2:30 Baking Club: Donuts (DR) 3:30 Move to the Music (TL) 5:15 Balloon Volleyball (TL)	National Donut Day 6 10:00 Chair Exercise (DR) 10:30 Walking Club 1:30 Slime Making (FS) 2:30 Garden Club (CY) 3:00 Donut Happy Hour (DR) 5:15 Rhythm and Hues (DR)	7 10:00 Morning Stretch (TL) 11:15 Sorting Club (FS) 2:00 Sing Fit (Patio) 3:00 Walking Club (CY) 5:15 Classic Movie (TL)
8 10:00 Streaming Mass (TL) 11:00 Sit and Be Fit (DR) 1:00 Word Games (TL) 3:30 Guided Meditation in the Courtyard 5:15 Courtyard Chats (CY)	9 10:00 Moving Monday (DR) 10:30 Armchair Travel (FS) 1:30 Cyanotype: Sun Prints (FS) 2:30 Sorting Club (FS) 3:30 Garden Club: Herb Drying 5:15 Relaxation Station (TL)	10 10:00 Ball Exercises (DR) 10:30 Mini Manicures (FS) 1:00 Tender Hearts (FS) 2:30 Outing: Park Picnic 4:00 Gardening Club: Moon Water (Patio) 5:15 Rhythm & Hues (FS)	11 10:00 Move Those Joints (TL) 11:00 Bowling (Patio) 1:00 Dog Visit-Abby 2:00 Give Back Project: Dog Blankets (FS) 3:00 Sing Fit! (Patio) 5:15 Puzzles & Music (DR)	12 10:00 Chair Yoga (DR) 11:00 Walking Club (CY) 1:30 Baking Club: Strawberry Shortcake (DR) 2:30 Resident Council (DR) 5:15 Group Sing Along	13 10:00 Chair Exercise (DR) 10:30 Mini Golf in the Courtyard 1:30 Tie Dying (DR) 3:00 Happy Hour-Brews & BBQ(DR) 5:15 Wall of Honor Dedication and Family Night (AL DR)	Flag Day 14 10:00 Morning Stretch (TL) 11:15 Trivia (TL) 1:00 Live with Suzi Marsh (DR) 3:00 Trivia (TL) 5:15 Relaxation Retreat
Father's Day 15 10:00 Streaming Mass (TL) 11:15 Sit & Be Fit (DR) 1:30 Father's Day Celebration (CY) 3:30 Hand Massages & Music (FS) 5:15 Courtyard Chats	National Fudge Day 16 10:00 Moving Monday (DR) 11:00 Sing Fit! (TL) 1:00 Men's Club (FS) 3:00 Kilwin's Fudge tasting (Patio) 5:15 Documentary Night (TL)	Rootbeer Float Day 17 10:00 Move to the Music(TL) 10:00 Outing: Belle Isle 1:00 Tender Hearts (FS) 2:30 Mini Root Beer Floats & Faygo History(CY) 5:15 Group Sing Along	18 10:00 Sit and Be Fit (DR) 10:45 Live Hymns with Rachel (DR) 1:00 Dog Visit-Gemma 2:30 Culinary Showcase (DR) 5:15 Classic Movie (TL)	Juneteenth 19 10:00 Chair Yoga (DR) 11:00 Massages & Manis (FS) 1:30 Juneteenth Trivia (TL) 3:00 Juneteenth Documentary (TL) 5:15 Balloon Volleyball	Summer Solstice 20 10:00 Chair Exercise (DR) 11:00 Sorting Club (FS) 1:30 Fundraising Games for Alz Association! (DR/Patio) 3:00 Garden Party Happy Hour (DR) 5:15 Rhythm and Hues (DR)	21 10:00 Morning Stretch (TL) 11:15 Sing Fit! 1:00 Noodlecise (TL) 3:00 Sorting Club (FS) 4:30 Live Italian Dinner Serenade with Sandy V (DR) 6:00 Sensory Station (TL)
22 10:00 Streaming Mass (TL) 11:15 Sit and Be Fit (DR) 1:00 Badminton (CY) 2:30 Live! Cheryl Beauchamp 5:15 Courtyard Chats (CY)	23 10:00 Moving Monday (DR) 10:30 Trivia (TL) 1:00 Women's Club Makeovers (FS) 2:00 Live with Marie Kravitz 5:15 Relaxation Station (TL)	24 10:00 Ball Exercises (DR) 10:30 Courtyard Meditation 1:00 Tender Hearts (FS) 1:30 Outing: Cranbrook Art Museum 4:00 Jenga! (CY) 5:15 Rhythm and Hues (FS)	25 10:00 Move Those Joints (TL) 1:00 Dog Visit-Abby 1:30 Sorting Club (FS) 2:30 Artist of the Month: Monet garden pastels (FS) 5:15 Puzzles & Music (DR)	26 10:00 Chair Yoga (DR) 10:30 Card Games (FS) 1:30: Baking Club: Lemon Strawberry Tart (DR) 3:00 Afternoon Stretch (CY) 5:15 Group Sing Along	27 10:00 Chair Exercise (DR) 10:30 Morning Meditation (TL) 1:30 Dried Flower Suncatchers (FS) 3:00 Birthday Happy Hour (DR) 5:15 Silly Sitcoms (TL)	28 10:00 Morning Stretch (TL) 11:15 Garden Meditation 1:00 Sorting Club (FS) 2:30 Ice Cream Social (CY) 3:00 Sing Fit! (TL) 5:15 Relaxation Station
29 10:00 Streaming Mass (TL) 11:15 Sit and Be Fit (DR) 1:00 Sing Fit (TL) 3:30 Afternoon Stretching (DR) 5:15 Courtyard Chats	30 10:00 Moving Monday (DR) 10:30 Sing Fit! (Patio) 1:30 Courtyard Games (CY) 3:00 DIY Garden Fans 5:15 Documentary Night (TL)					

Calendar Key

DR-Dining Room

FS-Four Seasons Room

TL- TV Lounge

CY-Courtyard