

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 Chair Yoga (LR) 2:30 Card Games: Skip Bo (A) 6:15 Meditation (LR)	2 10:00 Outing (FL) 1:00 Walking Club (CY) 2:00 Hydration Station (DR) 3:00 Poetry Reading (CY) 6:15 Meditation (LR)	3 10:00 Chair Aerobics (LR) 10:45 Worship and Devotional (MCI) 1:00 Womens Club: Short Stories and Lemonade (LR) 3:00 Mocktail Social Hour (DR) 5:45 Adult Coloring Pages (A)	4 10:00 SingFit (LR) 11:00 Daily Devotional (LR) 1:00 Mix & Mingle with AL: Jeopardy (JA) 3:00 Wordle (LR) 6:15 Hand Massages (LR)	5 10:00 Walking Club (LR) 11:00 Poetry Reading (LR) 1:00 Craft: Pounded Flowers 3:00 Name That Tune (LR) 6:15 Meditation (LR)	6 10:00 Chair Yoga (LR) 11:00 Daily Devotional (LR) 1:00 Tea Time: Arnold Palmers 3:00 Poetry Workshop (A) 6:15 Movie Night (LR)	7 11:00 Walking Club (LR) 2:30 Puzzles 6:15 Nature Documentary (LR)
8 11:00 Chair Yoga (LR) 2:30 Board Games: Yahtzee (A) 6:15 Meditation (LR)	9 10:00 Outing (FL) 1:00 Men’s Club: Golfing (A) 2:00 Name That Tune (LR) 3:00 Poetry Reading (CY) 6:15 Hand Massages (LR)	10 10:00 Tai Chi (LR) 10:45 Worship & Devotional (MCI) 1:00 Cooking Club: S’mores Dip (DR) 2:00 Resident Council (MD) 3:00 Interactive Train Ride (A) 5:45 Adult Coloring Pages (A)	11 10:00 SingFit (LR) 11:00 Daily Devotional (LR) 1:00 Garden Club (CY) 3:00 Name That Tune (LR) 6:15 Hand Massages (LR)	12 10:00 Walking Club (LR) 11:00 Poetry Reading (LR) 1:00 Pictionary (A) 3:00 Craft: Bookmarks (A) 6:15 Meditation (LR)	13 10:00 Chair Yoga (LR) 11:00 Daily Devotional (LR) 2:30 Live Entertainment: Heartland Sings (MD) 3:30 Cooking Club: Father’s Day Floats (CY) 6:15 Movie Night (LR)	14 Flag Day 11:00 Walking Club (LR) 2:30 Puzzles 6:15 Nature Documentary (LR)
15 Father’s Day 11:00 Chair Yoga (LR) 2:30 Card Games: Euchre (A) 6:15 Meditation (LR)	16 10:00 Outing (FL) 1:00 Walking Club (CY) 2:00 Live Entertainment: Alan Schaffer (MD) 3:00 Tea Time (A) 6:15 Hand Massages (LR)	17 10:00 Chair Aerobics (LR) 10:45 Worship & Devotional (MCI) 1:00 Mint Chocolate Sundae Cart (LR) 3:00 Craft: Garden Signs (A) 5:45 Adult Coloring Pages (A)	18 8:00 Veterans Breakfast (AL JA) 10:00 SingFit (LR) 1:00 Card Club with MC I 3:00 Cooking Club: Mini Lemon Pies (DR) 6:15 Hand Massages (LR)	19 10:00 Walking Club (LR) 11:00 Poetry Reading (LR) 1:00 Women’s Club: Short Stories and Lemonade (CY) 3:00 Soul Train Party (A) 6:15 Meditation (LR)	20 10:00 Chair Yoga (LR) 1:00 Longest Day Carnival (FL) 3:00 Afternoon Chat & Daily Chronicle (LR) 6:15 Movie Night (LR)	21 11:00 Walking Club (LR) 2:30 Puzzles 6:15 Nature Documentary (LR)
22 11:00 Chair Yoga (LR) 2:30 Family Social: Iced Coffee (A) 6:15 Meditation (LR)	23 10:00 Outing (FL) 1:00 Journey to Twin Peaks (T) 2:00 Men’s Club: Golfing (A) 3:00 Poetry Reading (CY) 6:15 Hand Massages (LR)	24 10:00 Tai Chi (LR) 10:45 Worship & Devotional (MCI) 1:00 Afternoon Chat and Wise Words (A) 3:00 Bean Bag Toss (LR) 5:45 Adult Coloring Pages (A)	25 10:00 Chair Dance: Tap (LR) 11:00 Daily Devotional (LR) 1:00 Garden Club (CY) 3:00 Wordle (LR) 6:15 Hand Massages (LR)	26 10:00 Walking Club (LR) 11:00 Poetry Reading (CY) 1:00 Fork and Film: The Parent Trap (MCI) 3:00 June Birthday Bash (DR) 6:15 Meditation (LR)	27 10:00 Chair Yoga (LR) 1:00 Flower Arranging (A) 2:00 Live Music: Ron Rumbaugh and June Birthday Bash (MD) 3:00 Board Games: Left Center Right (A) 6:15 Movie Night (LR)	28 11:00 Walking Club (LR) 2:30 Puzzles 6:15 Nature Documentary (LR)
29 11:00 Chair Yoga (LR) 2:30 Card Games: Skip Bo (A) 6:15 Meditation (LR)	30 10:00 Outing (FL) 1:00 Wordle (LR) 2:00 Walking Club (CY) 3:00 Poetry Reading (CY) 6:15 Hand Massages (LR)					

Calender Key:

A – Activity Room
CY - Courtyard
DR - Dining Room

LR - Living Room
MD - AL Main Dining Room
ALA - AL Activity Room
T - AL Theater

AL JA - AL Johnny Appleseed Room
PDR - Private Dining Room
Green - Caregivers

• Requires Sign Up
(located in AL mail area)

MCI - Memory Care 1
MC2 - Memory Care 2