## **Independence Village of Carmel**

our Connection Points

Neighborhood

Memory Care Lead: Kellie

Cox

## May 2025

Memory Care- Connection Point Neighborhood

Life Enrichment Monthly Calendar

**Tuesday** Wednesday **Thursday Friday** Sunday **Monday** Saturday 33 10:00 Daily Chronicles 10:00 Daily Chronicles 10:00 Daily Chronicles 10:30 Chair Yoga 10:30 Welcome April- April 10:30 Walk with Wellness I I:00 Ballon Volleyball Gazette 1:30 Cornhole on the patio 11:00 Board Games 11:00 Silver Sneakers Exercise 3:00 Happy Hour 1:30 Newfields 1:00 Adult Coloring & Cinco de Derby 3:30 Lady of Mt Carmel (CR3) **Meditation** 5:30 Movie of Choice 5:30 Wind Down with Hymns 10:00 Daily Chronicles 6 10:00 Daily Chronicles 7 10:00 Daily Chronicles 10:00 Daily Chronicles 9:45 Music Therapy 10:00 Daily Chronicles 10:00 Daily Chronicles 10:30 Silver Sneakers Exercise 10:30 Chair Yoga 10:30 Chair Exercises I I:00 Daily Chronicles 10:30 Chair Yoga 10:30 Walk with 10:30 Walk with Wellness 11:00 BINGO 11:00 Chit Chat on the Patio 11:00 Roots & Blooms 11:30 Walk W/Kel 11:00 Conversation Cards Wellness II:00 Bingo 1:30 Nature Center 1:30 Daguiris in Da Garden 1:30 Slushin in Da Sun 1:30 Manicure Monday 1:30 Patio Disc Golf 11:00 Board Games 3:00 Denny Glander 2:00 Snack and Chat 2:30 Roots & Blooms 3:00 Sing Along 3:00 Ladder Ball on the patio 3:00 Happy Hour- Mother's 1:00 Adult Coloring & **Performance** 3:00 Hand Massage 3:30 Cornhole on the Patio (if their is time) 5:30 Wind down with 60's Day Meditation 3:30 Lady of Mt Carmel (CR3 5:30 Wind down with adult 5:30 Wind down with puzzles TV shows 5:30 Movie of Choice 5:30 Wind Down with Hymns 3:00 Sensory Hour and music coloring Mother's Day 12 0:00 Daily Chronicles 10:00 Daily Chronicles 10:00 Daily Chronicles 10:00 Daily Chronicles 10:00 Donuts & Discussions 10:00 Daily Chronicles 10:00 Daily Chronicles 10:30 Walk with Wellness 10:30 Chair Yoga 10:30 Silver Sneakers Exercise 10:30 Chair Yoga 10:30 Chair Exercises 10:30 Daily Chronicles 10:30 Walk with Wellness I I:00 Balloon Volleyball 11:00 Board Games I I:00 Chair Exercise 11:00 Music Therapy 11:00 BINGO 11:00 Short Stories 11:00 Bingo 1:00 Adult Coloring & 1:30 Water Targets 1:30 Historical Society Outing 1:30 Friday Nails 1:30 BINGO **1:30 BINGO** 2:00 Snack and Chat Meditation 3:00 Axe Throwing 3:30 Lady of Mt Carmel (CR3) 3:00 Connect 4 on The Patio 3:00 Sing Along 3:00 Happy Hour- Nascar 3:00 Hand massage 5:30 Wind Down with Hymns Day 2:00 St Maria Goretti 5:30 Wind down with adult 5:30 Wind down with 5:30 Wind down with 60's Performance puzzles and music coloring TV shows 5:30 Movie of Choice 10:00 Daily Chronicles 23 18 | 9:45 Music Therapy 19 24 10:00 Daily Chronicles 10:00 Daily Chronicles 0:00 Daily Chronicles 10:00 Daily Chronicles 10:30 Chair Exercises 11:00 Daily Chronicles 10:30 Silver Sneakers Exercise 10:00 Daily Chronicles 10:30 Chair Yoga 10:30 Chair Yoga 10:30 Walk with Wellness II:00 Roots & Blooms I I:00 Name That Artist 11:30 Chair Exercise 10:30 Walk with Wellness I I:00 Hangman I I:00 Floor Tic Tac Toe 1:00 Ladder Ball on the Patio 1:30 Water Targets 11:00 Board Games 1:30 Manicure Monday 11:00 Bingo 3:00 Daguiris in Da Garden 1:30 Ring Toss on the Patio 2:00 Justin Monts 1:30 Conversation Cards 3:00 Music & Snacks on the 1:00 Adult Coloring & 2:00 Snack and Chat 3:30 Lady of Mt Carmel (CR3) 2:30 Ice Cream Outing **Performance** Patio (if their is time) Meditation 3:00 Happy Hour-3:00 Hand Massage 5:30 Wind Down with Hymns 5:30 Wind down with adult 5:30 Wind down with puzzles 3:00 Relaxation on the Patio 3:00 Sensory Hour Resident Birthdays 5:30Wind down with 60's TV and music coloring 5:30 Movie of Choice shows 31 10:00 Daily Chronicles 26 10:00 Daily Chronicles 10:00 Daily Chronicles 10:00 Daily Chronicles 10:00 Daily Chronicles 10:30 Chair Exercise 10:00 Daily Chronicles 10:00 Daily Chronicles 10:30 Chair Exercises 10:30 Walk W/Kel 10:30 Walk with Wellness II:00 Basketball 10:30 Chair Yoga 10:30 Walk with Wellness 0:30 Chair Yoga 11:00 Music Therapy II:00 Axe Throwing 12:00 Memorial Day Cookout 11:00 Board Games 11:00 Ring Toss Out on II:00 Bingo 1:00 Bingo 1:00 Name That Artist 1:30 Slushie in Da Sun 1:30 Water Targets 1:00 Adult Coloring & the Patio 2:00 Sam Piercy Performance 3:00 Name That Song 2:00 Snack and Chat 1:30 Cornhole at Midtown 3:00 Reminiscing with old 1:30 Name That Song Meditation 3:00 Roots & Blooms 3:00 Hand Massage 3:30 Lady of Mt Carmel 5:30 Wind down with adult photos 3:00 Happy Hour 3:00 Sensory Hour 5:30 Wind down with 60's TV (CR3) 5:30 Wind down with puzzles coloring shows 5:30 Movie of Choice 5:30 Wind Down with Hymns and music Calendar Key: **Life Enrichment Director: Director of Connection** Address: 13390 Illinois St, Most activities are held in **Brittany Lehman Points: Stacy Tupps Carmel, IN 46032** 

Independence Village SENIOR LIVING

Activities are subject to change

Phone: 317-818-0526