## Independence Village of Midland

## May 2025 Life Enrichment Monthly Calendar

Independent Living

Activities are subject to change

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	•				I 10am Noodle-cise I 1am Crossword 3pm Hooves and Hats	10am Sit n' Be Fit 12pm Wii Bowling League 3pm Happy Hour 6pm Hillbilly Rummy	Kentucky Derby 10am Exercise DVD 11am Open Wii Bowling 3pm BINGO 6pm Saturday Theater Film: Race
アライヤー	10am Sunday Stretch 12:15pm Sunday Dinner 2pm Group Sudoku 3:30pm Netflix Series Our Universe	Cinco de Mayo  10am Yoga w/ Sarah 11am Manicures 12:30pm Cinco de Mayo:	I0am Hand Weights Ipm Team Trivia 3pm Live Music by Henrik Karapetyan 6:30pm Did You Know?	10am Kickboxing 10:30am Catholic Communion 11am Women's Bible Study 1pm The Crafter's Guild 2-3pm Let's Get It Poppin' 3pm Activity Review & Brainstorm w/ Katie	I 0am Havin' a Ball with Kate I Iam Crossword I pm Let's Talk Housekeeping with Jessica Rickett 3pm Ice Cream Truck Social 'Welcome Back Becca!' 6pm Five Crowns	10am Balance in Action w/ Powerback Rehab 12pm Wii Bowling League 3pm Happy Hour 6pm Hillbilly Rummy	I 0 I 0am Noodle-cise I Iam Open Wii Bowling Ipm Cornhole 3pm BINGO 6pm Saturday Theater Film: Martha
	Mother's Day  10am Sunday Stretch  Mother's Day Brunch Buffet  11:00am - First Seating  12:15pm - Second Seating  2pm Group Sudoku  3:30pm Netflix Series Our Universe	I Dam Chair Dancing w/ Sarah I Iam Manicures I 2:30pm Watercolor Class 3pm Presentation on the Jay's & Webber Wildlife and Education Center 6pm Open Euchre	13 10am Hand Weights 12:30pm Let's Create: Public Arts Installation 3pm Resident Forum 5:30pm Understanding Brain Changes 6pm Resident Sing Along	I 0am Cardiomelon 10:30am Catholic Communion I 1am Women's Bible Study I pm The Crafter's Guild 3pm Live Music by Matthew Ball	I 0am Noodle-cise I Iam Crossword 3pm Funny Money Auction 6pm Five Crowns	I Oam Balance in Action w/ Powerback Rehab I 2pm Wii Bowling Banquet 3pm Happy Hour 6pm Hillbilly Rummy	I 7 I 0am Exercise DVD I I am Open Wii Bowling I pm Pictionary 3pm BINGO 6pm Saturday Theater Film: A Dog's Way Home
	10am Sunday Stretch 12:15pm Sunday Dinner 2pm Outing to the Mid-Michigan Brass Band 3:30pm Netflix Series Grace and Frankie	10am Yoga w/ Sarah 11am Manicures 12:30pm Watercolor Class 3pm Group Sudoku 6pm Open Euchre	10am Hand Weights Ipm Tea Time Gathering 3pm Live Music by Paul Wilkinson 6:30pm Did You Know?	10am Kickboxing 10:30am Catholic Communion 11am Women's Bible Study 12:30pm Outing to the Jay's & Webber 1pm The Crafter's Guild 2-3pm Let's Get It Poppin'	10am Havin' a Ball with Kate 12pm Pizza Party 1pm Crossword 3pm The Village Comedy Club 6pm Five Crowns	10am Balance in Action w/ Powerback Rehab 12:30pm Box Garden Planting 3pm Happy Hour and Birthday Celebration 6pm Hillbilly Rummy	10am Noodle-cise I Iam Open Wii Bowling I2:30pm Bake & Take:     Mini Bread Loaves 3pm BINGO 6pm Saturday Theater     Film: Red Notice
	10am Sunday Stretch 12:15pm Sunday Dinner 2pm Group Sudoku 3:30pm Netflix Series Grace and Frankie	6pm Open Euchre	10am Hand Weights 11am Book Club 1pm Wheel of Fortune 3pm Magical Comedy Show with Joel Tacey 6pm Resident Sing Along	10am Exercise w/ Ashley 10:30am Catholic Communion 11am Women's Bible Study 1pm The Crafter's Guild 3pm Balance Clinic with Powerback Rehab	10am Noodle-cise I Iam Crossword I:30pm Outing: Dow Gardens Golf Cart Tour 3pm Show and Share: The Workshop 6pm Five Crowns	10am Balance in Action w/ Powerback Rehab 11-2pm Food Truck Friday The Coney Guys 3pm Happy Hour 6pm Hillbilly Rummy	I 10am Exercise DVD I Iam Open Wii Bowling Ipm Pictionary 3pm BINGO 6pm Saturday Theater Film: Slumberland

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