

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				8:30 AM A Day in History   9:00 AM Chair Exercise (ER) 9:30 AM Coffee Time 9:45 AM Poffertjies (Cafe) 2:15 PM Field Trip; Tulip Time Parade 3:00 PM Hymn Sing (AL DR) 6:30 PM Read A Story (Lounge)	8:30 AM A Day in History 2 10:00 AM Walking 10:00 AM Men’s Mug Club; Coffee (FR) 10:30 AM Morning Drive and Coffee 6:30 PM Essential Oils (Lounge)	10:00 AM Coffee Time 3 11:00 AM Games/Puzzles (Dining Room) 1:00 PM Cardio Drumming (Exercise Room) 2:00 PM Movie (Lounge)
4 1:00 PM Cookie Social (Dining Room) 2:30 PM Church Service; Ralph Pontier (AL DR) 3:00 PM Coffee Time	8:30 AM A Day in History 5 10:00 AM Cardio Drum (Lounge) 1:00 PM Cinco De Mayo Cart 2:00 PM Live; Big Rock Park’s Presentation (IL DR) 3:00 PM Hymn Sing (AL DR) 6:30 PM Magazine (Lounge)	8:30 AM A Day in History 6 9:00 AM Chair Exercise (ER) 9:30 AM Coffee Time 1:00 PM May Flower Craft (Dining Room) 2:30 PM Goat Therapy (Cafe) 6:30 PM Tea Time (Dining Room)	8:30 AM A Day in History 7 10:00 AM Sit and Be Fit (Lounge) 9:30 AM Coffee Time 1:30 PM Bingo (AL DR) 2:30 PM Dog Therapy (Apt.) 6:30 PM Hand Massage/Music (Lounge)	8:30 AM A Day in History 8 9:00 AM Chair Exercise (ER) 9:30 AM Coffee Time 10:00 AM Live; Mayor Don Dawaard Q/A (Cafe) 2:00 PM Aggravation (Dining Room) 3:00 PM Hymn Sing (AL DR) 6:30 PM Read A Story (Lounge)	8:30 AM A Day in History 9 10:00 AM Walking 10:00 AM Men’s Mug Club; Coffee (FR) 10:30 Morning Drive and Coffee 2:00 PM Mother’s Day Celebration (IL DR) 6:30 PM Essential Oils (Lounge)	10:00 AM Coffee Time 10 11:00 AM Games/Puzzles (Dining Room) 1:00 PM Cardio Drumming (Exercise Room) 2:00 PM Movie (Lounge)
Happy Mother’s Day!! 11 1:00 PM Snack Social (Dining Room) 2:30 PM Church Service; Bob Johnson (AL DR) 3:00 PM Coffee Time (Cafe)	8:30 AM A Day in History 12 10:00 AM Cardio Drum (Lounge) 9:30 AM Coffee Time 1:00 PM Wii (Lounge) 3:00 PM Hymn Sing (AL DR) 6:30 PM Magazine (Lounge)	8:30 AM A Day in History 13 9:00 AM Chair Exercise (ER) 9:30 AM Coffee Time 11:30 AM Council Meeting (Dining Room) 1:00 PM Mobile Cart 2:00 PM Basketball (Lounge) 6:30 PM Tea Time (Dining Room)	8:30 AM A Day in History 14 10:00 AM Sit and Be Fit (Lounge) 9:30 AM Coffee Time 1:30 PM Bingo (AL DR) 2:30 PM Dog Therapy (Apt.) 3:00 PM Live; Davis Folker on Piano (CA) 6:30 PM Hand Massage/Music (Lounge)	8:30 AM A Day in History 15 9:00 AM Chair Exercise (ER) 9:30 AM Coffee Time 10:00 AM UNO (Dining Room) 3:00 PM Hymn Sing (AL DR) 3:30 PM Chocolate Chip Day (Cafe) 6:30 PM Read A Story (Lounge)	8:30 AM A Day in History 16 10:00 AM Walking 10:00 AM Men’s Mug Club (FR) 10:30 Morning Drive and Coffee 11:45 AM Pizza Party (All Dining Rooms) 2:00 PM Science Experiment (Dining Room) 6:30 PM Essential Oils (Lounge)	10:00 AM Coffee Time 17 11:00 AM Games/Puzzles (Dining Room) 1:00 PM Cardio Drumming (Exercise Room) 2:00 PM Movie (Lounge)
18 1:00 PM Cookie Social (Dining Room) 2:30 PM Church Service; Doug Harris (AL DR) 3:00 PM Coffee Time	8:30 AM A Day in History 19 10:00 AM Cardio Drum (Lounge) 9:30 AM Coffee Time 1:00 PM Balloon Toss (Lounge) 3:00 PM Hymn Sing (AL DR) 6:30 PM Magazine (Lounge)	8:30 AM A Day in History 20 9:00 AM Chair Exercise (ER) 9:30 AM Coffee Time 1:00 PM Mobile Cart 3:00 PM Rummikub (Dining Room) 6:30 PM Tea Time (Dining Room)	8:30 AM A Day in History 21 10:00 AM Sit and Be Fit (Lougne) 1:30 PM Bingo (AL DR) 2:30 PM Dog Therapy (Apt.) 3:00 PM Chef’s Nutrition Show Case (Cafe) 6:30 PM Hand Massage/Music (Lounge)	8:30 AM A Day in History 22 9:00 AM Chair Exercise (ER) 9:30 AM Coffee Time 1:00 PM Bowling (Hallway) 3:00 PM Hymn Sing (AL DR) 3:30 PM Live; “Fort Des Moines” Presentation by Jeff K. 6:30 PM Read A Story (Lounge)	8:30 AM A Day in History 23 10:00 AM Walking 10:00 AM Men’s Mug Club; Coffee (FR) 10:30 Morning Drive and Coffee 3:00 PM Turtle Sundae (Cafe) 6:30 PM Essential Oils (Lounge)	10:00 AM Coffee Time 24 11:00 AM Games/Puzzles (Dining Room) 1:00 PM Cardio Drumming (Exercise Room) 2:00 PM Movie (Lounge)
25 1:00 PM Snack Social (Dining Room) 2:30 PM Church Service; Nazarene Church (AL DR) 3:00 PM Coffee Time	Happy Memorial Day!! 26 8:30 AM A Day in History 9:30 AM Coffee Time 10:00 AM Cardio Drum (Lounge) 11:45 AM Memorial Day Cookout 3:00 PM Hymn Sing (AL DR) 6:30 PM Magazine (Lounge)	8:30 AM A Day in History 27 9:00 AM Chair Exercise (ER) 9:30 AM Coffee Time 1:00 PM Activity Cubes (Lounge) 3:00 PM Monthly Birthday Party (Cafe) 6:30 PM Tea Time (Dining Room)	8:30 AM A Day in History 28 10:00 AM Sit and Be Fit (Lounge) 9:30 AM Coffee Time 1:30 PM Bingo (AL DR) 2:30 PM Bingo Store (AL DR) 2:30 PM Dog Therapy (Apt.) 6:30 PM Hand Massage/Music (Lounge)	8:30 AM A Day in History 29 9:00 AM Chair Exercise (ER) 9:30 Coffee Time 1:00 PM Mobile Cart 3:00 PM Hymn Sing (AL DR) 3:30 PM Live; Neil Hewitt (IL DR) 6:30 PM Read A Story (Lounge)	8:30 AM A Day in History 30 10:00 AM Walking 10:00 AM Men’s Mug Club; Coffee (FR) 10:30 Morning Drive and Coffee 2:00 PM Cleaning Station (Lounge) 6:30 PM Essential Oils (Lounge)	10:00 AM Coffee Time 31 11:00 AM Games/Puzzles (Dining Room) 1:00 PM Cardio Drumming (Exercise Room) 2:00 PM Family Ice Cream Social (Dining Room) 2:00 PM Movie (Lounge)