

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>10:00 Seated Stretches 10:45 Kickball 11:30 Photo Reminiscing 1:30 Sunday Social 2:30 The Perk 3:00 Spiritual Eldercare Video Church Service</div>	<div>2</div> <div>10:30 Elvis Music 11:00 Hearthside Book Club 1:45 Exercise with Maracas 2:30 Dot Art 3:45 The Perk 4:15 Hand Massages 6:30 Indoor Star Gazing</div>	<div>3</div> <div>*10:00 Catholic Rosary in AL 10:30 May Fun Facts 11:00 Bridgetown Music and Movement 1:45 Balloon Badminton 2:45 Bible Study 3:45 The Perk 6:00 Spa Music for Relaxation</div>	<div>4</div> <div>10:30 Junk Drawer Detective 11:00 Exercise with Lauryn from Total Care Therapy 1:45 Reminiscence Dice Game 2:30 Sing Along with Rebel 3:30 Bingo 3:45 The Perk 6:15 Adult Coloring</div>	<div>5</div> <div>10:30 Interactive Music Session with Senior Music Connection 11:45 June Fun Facts 1:45 Dandelion Painting 4:00 Thirsty Thursday 4:30 Keep It Moving 5:00 The Perk 6:15 Reminiscing: Cooking</div>	<div>6</div> <div>10:30 Danbury Drummers Cardio Exercise 11:30 Person, Place, or Thing 1:45 Proverbs 2:00 Volleyball in AL 2:30 Create a Window Decal 3:45 The Perk 6:00 "I Love Lucy"</div>	<div>7</div> <div>10:30 Saturday Stretches 11:00 Noodle Ball 11:45 Derby Talk/ Trivia 1:45 Horse Race Game 2:30 The Perk 3:00 "The Derby Stallion" movie 7:00 "Lawrence Welk" (TV ch.16)</div>
<div>8</div> <div>10:00 Chair Yoga 10:45 Parachute Fun 11:30 Photo Reminiscing 1:30 Sunday Social 2:30 The Perk 3:00 Spiritual Eldercare Video Church Service</div>	<div>9</div> <div>10:30 Johnny Cash Music 11:00 Hearthside Book Club 1:45 Exercise with Maracas 2:30 Wheel of Fortune 3:45 The Perk 4:15 Hand Massages 6:30 Indoor Stargazing</div>	<div>10</div> <div>*10:00 Catholic Rosary in AL 10:30 Pairs and Threes 11:00 Bridgetown Music and Movement 1:45 Keep It Moving 2:45 Bible Study 3:45 The Perk 6:00 Jazz Music for Relaxation</div>	<div>11</div> <div>10:30 Junk Drawer Detective 11:00 Exercise with Lauryn from Total Care Therapy 1:45 Reminiscence Dice Game 2:30 Sing Along with Rebel 3:30 Bingo 3:45 The Perk 6:15 Adult Coloring</div>	<div>12</div> <div>*11:00 Brukner Nature Center Live Animal Program in AL 11:15 Kick Ball 1:45 Toss Game 3:00 Thirsty Thursday 4:00 Target Toss 5:00 The Perk 6:15 Reminiscing: Family</div>	<div>13</div> <div>10:30 Danbury Drummers Cardio Exercise 11:30 Father's Day Cookout Country Western Party 1:45 Chicken Soup Stories 2:00 Volleyball in AL 2:30 Name that Tune 3:45 The Perk 6:00 Funny Baby Videos</div>	<div>14</div> <div>Flag Day 10:30 Saturday Stretches 11:00 Kickball 11:45 Flag Craft 1:30 Fairy Gardening 2:30 The Perk 3:00 Lifelong Learning: Flag Day 7:00 "Lawrence Welk" (TV ch.16)</div>
<div>15</div> <div>Father's Day 10:00 Seated Stretches 10:45 Parachute Fun 11:30 Father Reminiscing 1:30 Sunday Social 2:30 The Perk 3:00 Spiritual Eldercare Video Church Service</div>	<div>16</div> <div>10:30 Beach Boys Music 11:00 Hearthside Book Club 1:45 Keep it Moving 2:30 Balloon Badminton 3:45 The Perk 4:15 Ladies' Nail Polish 6:30 Indoor Stargazing</div>	<div>17</div> <div>*10:00 Catholic Rosary in AL 10:30 Wheel of Fortune 11:00 Bridgetown Music and Movement 1:45 Courtyard Conversations 2:45 Bible Study 3:45 The Perk 6:00 Piano Music for Relaxation</div>	<div>18</div> <div>10:30 50s Sing Along 11:00 Exercise with Lauryn from Total Care Therapy 1:45 Painting 3:00 Bingo 3:45 The Perk 6:15 Adult Coloring</div>	<div>19</div> <div>Juneteenth 10:30 Interactive Music Session with Senior Music Connection 11:45 Bean Bag Toss Game 1:00 Lifelong Learning: Juneteenth 1:45 Tabletop Balloon Bop 3:00 Thirsty Thursday 4:00 Keep It Moving 5:00 The Perk 6:15 Reminiscing: History</div>	<div>20</div> <div>First Day of Summer 10:30 Danbury Drummers Cardio Exercise *Men's Luncheon in AL 11:30 Make a Word 1:00 Ice Cream Sundae Bar-P 3:00 Volleyball in AL 3:45 The Perk 6:00 "Carol Burnett" show</div>	<div>21</div> <div>10:30 Saturday Stretches: Resistance Bands 11:00 Swat the Fly 11:45 Fill in the Blank 1:45 Ring Toss 2:30 The Perk 3:00 Travelogue: Tennessee 7:00 "Lawrence Welk" (TV ch.16)</div>
<div>22</div> <div>10:00 Chair Yoga 10:45 Parachute Fun 11:30 Photo Reminiscing 1:30 Dot Art 2:30 The Perk 3:00 Spiritual Eldercare Video Church Service</div>	<div>23</div> <div>10:30 Monday Music 11:00 Hearthside Book Club 1:45 Keep it Moving 2:30 Photo Cards 3:45 The Perk 4:15 Hand Massages 6:30 Indoor Stargazing</div>	<div>24</div> <div>*10:00 Catholic Rosary in AL 10:30 Finish the Phrase 11:00 Bridgetown Music and Movement 1:45 Outing: Ice Cream 2:45 Bible Study 3:45 The Perk 6:00 Bridgerton Music</div>	<div>25</div> <div>10:30 Food Trivia 11:00 Exercise with Lauryn from Total Care Therapy 1:45 Funny Animal Videos 2:30 Sing Along with Rebel 3:45 The Perk 6:15 Adult Coloring</div>	<div>26</div> <div>10:30 Golf Putter Game 11:15 Noodle Ball 1:45 Golf Words Game 3:00 Thirsty Thursday 5:00 The Perk 6:15 Reminiscing: Games</div>	<div>27</div> <div>10:30 Danbury Drummers Cardio Exercise 11:30 Finish the Phrase 1:45 Poetry 2:00 Volleyball in AL 2:30 Uno Card Game 3:45 The Perk 6:00 Elvis movie</div>	<div>28</div> <div>10:30 Saturday Stretches: 11:00 Kickball 11:45 Finish the Phrase 1:45 Keep it Moving 2:30 The Perk 3:00 Travelogue: Alaska 7:00 "Lawrence Welk" (TV ch.16)</div>
<div>29</div> <div>10:00 Seated Stretches 10:45 Noodle Ball 11:30 Photo Reminiscing 1:30 Sunday Social 2:30 The Perk 3:00 Spiritual Eldercare Video Church Service</div>	<div>30</div> <div>10:30 Monday Music: Patriotic 11:00 Hearthside Book Club 1:45 Keep it Moving 2:00 Nat'l Memorial Day Parade Televised 3:45 The Perk 4:15 Ladies' Nail Polish 6:30 Indoor Stargazing</div>					

Calendar Key:  
\*Activities listed as "in AL" take place in the other side of the building. If you would

like to attend these events, please let a staff member know so we can make arrangements as needed.

\*Therapy Dog visits occur 2-3x per month.

\*Sunshine Alert: On beautiful days, we will change to outdoor activities!

