

Independence Village of Traverse City

Independent Living

JULY 2025

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>June 29</b> 9:30 Church Service (CH)  11:00 Exercise Video- Resident Run (AA) 2:00 Walking Club (FY)  3:00 Puzzle Group (L)	<b>30</b> 11:00 Exercise Video- Resident Run (AA) 1:30 CorsoCare Vital Clinic (A) 2:00 Netflix Club: he Crown (L)  3:00 Charcuterie & Cell (AA) 4:00 Bible Study with Jeff (CH) 6:00 Resident Run Games (P)	<b>JULY 1</b> 8:30/9:00/9:30 Shopping Trips (A) 11:00 Cardio Drumming (AA) 1:30 Quarter Bingo (AA) 2:30 Wii Bowling (CH) 3:00 Ice Cream Social (FY) 6:00 Resident Run Games (P)	<b>2</b> 11:00 Chair Yoga (AA) 11:00 Communion (CH) 1:30 Make Summer Stencil Door Hangers (AA) 3:15 Caption Call Presentation (P) 3:30 Wine Down Wednesday (P) 6:00 Resident Led Games (P)	<b>3</b> 11:00 Exercise (AA) 1:30 Outing- Turtle Creek Casino 2:00 Grab N’ Go Crossword (A) 2:30 Bridge Club (P) 6:00 Resident Led Games (P)	<b>4th Of JULY! 4</b> 10:00 Mason Jar Ice Cream Creations (AA) Noon-1:00 Stars & Stripes Luncheon 1:30 Outdoor Lawn Games & Homemade Ice Cream! (FY) 6:00 Resident Run Games (P)	<b>5</b> 11:00 Exercise Video (AA)  3:00 Grab N’ Go Word Search (A)  6:00 Euchre Club (P)
<b>6</b> 9:30 Church Service (CH)  11:00 Exercise Video- Resident Run (AA) 2:00 Walking Club (FY)  3:00 Puzzle Group (L)	<b>7</b> 11:00 Exercise Video- Resident Run (AA) 1:30 CorsoCare Vital Clinic (A) 2:00 Netflix Club: The Crown (L) 4:00 Bible Study with Jeff (CH) 6:00 Resident Run Games (P)	<b>8</b> 8:30/9:00/9:30 Shopping Trips (A) 11:00 Balloon Volleyball (AA) 1:30 Quarter Bingo (AA) 2:30 Wii Bowling (CH) 3:00 August Activity Planning Meeting (AA) 6:00 Resident Run Games (P)	<b>9</b> 11:00 Chair Yoga (AA) 11:00 Communion (CH) 2:00 Musical Performance- Billy McCallister (A) 3:30 Wine Down Wednesday (P) 6:00 Resident Led Games (P)	<b>10</b> 10:00 Chef Mike- Knife Presentation (AA) 11:00 Exercise (AA) 1:15 Outing- GT Butterfly House 2:30 Bridge Club (P) 6:00 Resident Led Games (P)	<b>11</b> 11:00 Exercise With Powerback (AA) 1:00 New Resident Welcome Social (AA) 2:00 Bible Study W/Chaplain Kristine (CH) 6:00 Penny Poker (P)	<b>12</b> 11:00 Exercise Video (AA) 1:30 Lawn Games (FY) 3:00 Kathy’s Safari Presentation (AA) 6:00 Euchre Club (P)
<b>13</b> 9:30 Church Service (CH)  11:00 Exercise Video- Resident Run (AA) 2:00 Walking Club (FY)  3:00 Puzzle Group (L)	<b>14</b> 11:00 Exercise Video- Resident Run (AA) 1:30 CorsoCare Vital Clinic (A) 2:00 Netflix Club: The Crown (L) 4:00 Bible Study with Jeff (CH) 6:00 Resident Run Games (P)	<b>15</b> 8:30/9:00/9:30 Shopping Trips (A) 11:00 Cardio Drumming (AA) 1:30 Quarter Bingo (AA) 2:30 Wii Bowling (CH) 3:00 Ice Cream Social (FY) 6:00 Resident Run Games (P)	<b>16</b> 11:00 Chair Yoga (AA)  11:00 Communion (CH)  3:30 Wine Down Wednesday (P) 6:00 Resident Led Games (P)	<b>17</b> 11:00 Exercise (AA) 11:15 Outing- Margarita Grill 2:00 Musical Performance- Mark DeNoyelles  3:00 Bridge Club (P) 6:00 Resident Led Games	<b>18</b> 11:00 Exercise With Powerback (AA) 1:00 July Birthday Celebration (AA) 2:00 Bible Study W/Chaplain Kristine (CH) 6:00 Penny Poker (P)	<b>19</b> 11:00 Exercise Video (AA) 1:30 Lawn Games (FY) 3:00 Grab N’ Go Word Search (A) 6:00 Euchre Club (P)
<b>20</b> 9:30 Church Service (CH)  11:00 Exercise Video- Resident Run (AA) 2:00 Walking Club (FY)  3:00 Puzzle Group (L)	<b>21</b> 11:00 Exercise Video- Resident Run (AA) 1:15 Support Group W/ Heather (CH) 1:30 CorsoCare Vital Clinic (A) 2:00 Netflix Club: The Crown (L) 3:00 Traverse City Mobile Library (AA) 4:00 Bible Study with Jeff (CH) 6:00 Resident Run Games (P)	<b>22</b> 8:30/9:00/9:30 Shopping Trips (A) 11:00 Balloon Volleyball (AA) 1:00 Quarter Bingo (AA) 2:00 Musical Performance- AL Firek (A) 2:30 Wii Bowling (CH) 6:00 Resident Run Games (P)	<b>23</b> 11:00 Chair Yoga (AA) 11:00 Communion (CH) 2:30 Entertainer- Jim Quales (A) 3:30 Wine Down Wednesday (P) 6:00 Resident Led Games (P)	<b>24</b> 11:00 Exercise (AA) 11:15 Outing- Asian Buffet 2:30 Veteran’s Group (PDR) 2:30 Bridge Club (P) 6:00 Resident led Games (P)	<b>25</b> 11:00 Exercise With Powerback (AA) 1:00 Kitchen Band Organization Meeting (AA) 2:00 Bible Study W/Chaplain Kristine (CH) 6:00 Penny Poker (P)	<b>26</b> 11:00 Exercise Video (AA) 1:30 Lawn Games (FY) 3:00 Kathy’s Safari Presentation (AA) 6:00 Euchre Club (P)
<b>27</b> 9:30 Church Service (CH)  11:00 Exercise Video- Resident Run (AA) 2:00 Walking Club (FY)  3:00 Puzzle Group (L)	<b>28</b> 11:00 Exercise Video- Resident Run (AA) 1:30 CorsoCare Vital Clinic (A) 2:00 Netflix Club: The Crown (L) 4:00 Bible Study with Jeff (CH) 6:00 Resident Run Games (P)	<b>29</b> 8:30/9:00/9:30 Shopping Trips (A) 11:00 Cardio Drumming (AA) 1:30 Quarter Bingo (AA) 2:30 Wii Bowling (CH) 3:00 Ice Cream Social (FY) 6:00 Resident Run Games (P)	<b>30</b> 11:00 Chair Yoga (AA)  11:00 Communion (CH) 1:30 Resident Forum (AA) 3:30 Blue Hawaii Happy Hour (P) 6:00 Resident Led Games (P)	<b>31</b> 10:00 Outing- Omena Cut Flowers U-Pick 11:00 Exercise (AA) 1:00 Garden Club (FY) 2:30 Bridge Club (P) 6:00 Resident Led Games (P)	<b>August 1</b> 11:00 Exercise With Powerback (AA) 1:00 Summer Tye-Dye Project (AA) 2:00 Bible Study (CH) 6:00 Penny Poker (P)	<b>2</b> 11:00 Exercise Video (AA) 1:30 Lawn Games (FY) 3:00 Grab N’ Go Word Search (A) 6:00 Euchre Club (P)