Independence Village of Traverse City

JULY 2025

CH- Chapel

Atrium

Life Enrichment Monthly Calendar

Independent Living Activities are subject to change **Monday Tuesday Thursday** Sunday Wednesday **Friday** Saturday 11:00 Exercise Video- Resident **JULY** 4th Of JULY! lune 11:00 Exercise (AA) 11:00 Chair Yoga (AA) 8:30/9:00/9:30 Shopping Trips 9:30 Church Service (CH) 10:00 Mason Jar Ice Cream 11:00 Exercise Video (AA) 11:00 Communion (CH) 1:30 Outing- Turtle Creek Run (AA) Creations (AA) 1:30 Make Summer Stencil Door 1:30 CorsoCare Vital Clinic (A) Casino 3:00 Grab N' Go Word 11:00 Exercise Video-Noon-I:00 Stars & Stripes II:00 Cardio Drumming (AA) 2:00 Netflix Club: he Crown (L) Hangers (AA) 2:00 Grab N' Go Crossword Search (A) Resident Run (AA) 1:30 Quarter Bingo (AA) Luncheon 3:15 Caption Call Presentation 2:00 Walking Club (FY) 2:30 Wii Bowling (CH) 1:30 Outdoor Lawn Games & 3:00 Charcuterie & Cell (AA) 2:30 Bridge Club (P) 6:00 Euchre Club (P) 3:00 Ice Cream Social (FY) 3:30 Wine Down Wednesday (P Homemade Ice Cream! (FY) 4:00 Bible Study with leff (CH) 6:00 Resident Led Games (P) 3:00 Puzzle Group (L) 6:00 Resident Run Games (P) 6:00 Resident Led Games (P) 6:00 Resident Run Games (P) 6:00 Resident Run Games (P) 10 12 11:00 Exercise Video- Resident 10:00 Chef Mike- Knife 11:00 Exercise With II:00 Exercise Video (AA) 9:30 Church Service (CH) 8:30/9:00/9:30 Shopping Trips (A) 11:00 Chair Yoga (AA) Run (AA) 1:30 Lawn Games (FY) Presentation (AA) Powerback (AA) 11:00 Communion (CH) I I:00 Balloon Volleyball (AA) 1:30 CorsoCare Vital Clinic (A) 1:00 New Resident Welcome 3:00 Kathy's Safari :30 Quarter Bingo (AA) II:00 Exercise (AA) 11:00 Exercise Video-2:00 Musical Performance-2:00 Netflix Club: The Crown 1:15 Outing- GT Butterfly Social (AA) Presentation (AA) 2:30 Wii Bowling (CH) Billy McCallister (A) Resident Run (AA) 3:00 August Activity Planning 3:30 Wine Down Wednesday House 2:00 Bible Study W/Chaplain 6:00 Euchre Club (P) 2:00 Walking Club (FY) 4:00 Bible Study with Jeff (CH) Meeting (AA) 2:30 Bridge Club (P) Kristine (CH) 6:00 Resident Run Games (P) 6:00 Resident Run Games (P) 6:00 Resident Led Games (P) 6:00 Resident Led Games (P) 6:00 Penny Poker (P) 3:00 Puzzle Group (L) 18 13 14 15 16 9:30 Church Service (CH) 11:00 Chair Yoga (AA) 11:00 Exercise (AA) II:00 Exercise With 11:00 Exercise Video (AA) 8:30/9:00/9:30 Shopping Trips I I:00 Exercise Video- Resident Run (AA) 11:15 Outing- Margarita Grill Powerback (AA) 1:30 Lawn Games (FY) 1:30 CorsoCare Vital Clinic (A) 11:00 Exercise Video-11:00 Communion (CH) 2:00 Musical Performance-1:00 July Birthday Celebration 3:00 Grab N' Go Word II:00 Cardio Drumming (AA) 2:00 Netflix Club: The Crown Mark DeNovelles (AA)Resident Run (AA) 1:30 Ouarter Bingo (AA) Search (A) 3:30 Wine Down Wednesday 2:00 Bible Study W/Chaplain 2:00 Walking Club (FY) 6:00 Euchre Club (P) 2:30 Wii Bowling (CH) 4:00 Bible Study with leff (CH) 3:00 Ice Cream Social (FY) Kristine (CH) 3:00 Bridge Club (P) 6:00 Resident Run Games (P) 6:00 Resident Led Games (P) 6:00 Resident Led Games 3:00 Puzzle Group (L) 6:00 Penny Poker (P) 6:00 Resident Run Games (P) 20 26 21 1:00 Exercise Video- Resident Run 8:30/9:00/9:30 Shopping Trips 11:00 Exercise (AA) 11:00 Exercise With 9:30 Church Service (CH) 11:00 Chair Yoga (AA) 11:00 Exercise Video (AA) 11:15 Outing- Asian Buffet Powerback (AA) 11:00 Communion (CH) 1:30 Lawn Games (FY) :15 Support Group W/ Heather (CH) I I:00 Balloon Volleyball (AA) 2:30 Veteran's Group (PDR) 1:00 Kitchen Band 2:30 Entertainer- Jim Quales 11:00 Exercise Video-1:30 CorsoCare Vital Clinic (A) 3:00 Kathy's Safari 1:00 Quarter Bingo (AA) 2:00 Netflix Club: The Crown (L) 2:30 Bridge Club (P) (A) Organization Meeting (AA) Resident Run (AA) Presentation (AA) 2:00 Musical Performance- AL 3:00 Traverse City Mobile Library 2:00 Walking Club (FY) 3:30 Wine Down Wednesday 6:00 Resident led Games (P) 2:00 Bible Study W/Chaplain 6:00 Euchre Club (P) Firek (A) Kristine (CH) 4:00 Bible Study with Jeff (CH) 2:30 Wii Bowling (CH) 6:00 Resident Led Games (P) 6:00 Penny Poker (P) 6:00 Resident Run Games (P) 3:00 Puzzle Group (L) 6:00 Resident Run Games (P) August 31 2 28 1:00 Exercise Video- Resident 8:30/9:00/9:30 Shopping Trips 9:30 Church Service (CH) 10:00 Outing- Omena Cut 11:00 Exercise With 11:00 Chair Yoga (AA) 11:00 Exercise Video (AA) Run (AA) Flowers U-Pick Powerback (AA) 1:30 Lawn Games (FY) 1:30 CorsoCare Vital Clinic (A) 11:00 Exercise Video-II:00 Cardio Drumming (AA) 11:00 Exercise (AA) 1:00 Summer Tye-Dye 11:00 Communion (CH) 3:00 Grab N' Go Word 2:00 Netflix Club: The Crown 1:30 Quarter Bingo (AA) Resident Run (AA) 1:30 Resident Forum (AA) 1:00 Garden Club (FY) Project (AA) Search (A) 2:30 Wii Bowling (CH) 3:30 Blue Hawaii Happy Hour 2:00 Bible Study (CH) 2:00 Walking Club (FY) 2:30 Bridge Club (P) 6:00 Euchre Club (P) 4:00 Bible Study with Jeff (CH) 6:00 Resident Led Games (P) 6:00 Penny Poker (P) 3:00 Ice Cream Social (FY) 6:00 Resident Run Games (P) 6:00 Resident Led Games (P) 3:00 Puzzle Group (L) 6:00 Resident Run Games (P) Calender Key: **DR** - Dining Room L - Library **Executive Director:** Address: 3950 Sumac Dr. Independence A – Atrium Lori Batt FY - Front Yard **PDR - Private Dining Room** Visit us on Facebook! Traverse City, MI 49684 **AA- Activity Area** G & G - Grab & Go In Yhe P - Pub Life Enrichment Director:

Kellie Brant

Village SENIOR LIVING

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