

Grace Haven Assisted Living and Memory Care

July 2025

Memory Care Life Enrichment Monthly Calendar Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Catholic Service and Rosary (PD) 1:15 Outdoor Walking Club (O) 3:00 Briggs Library (PD) 5:45 Decorate for Independence Day (L)	2 10:15 Manicures (MC) 1:15 Manicures (PD) 2:00 Make Your Own Ice Cream (MC) 3:15 Music with Wendy (MC) 5:45 Silent Stretches (MC)	3 10:30 Vets Coffee and Chat with Diane (PD) 1:00 Bingo Store (PD) 2:00 Vacuuming (MC) 3:30 Exercise (MD) 5:45 Fireworks in the Parking Lot (O)	Independence Day 4 10:15 Craft: 4 th of July Fireworks Painting (PD) 11:15 Chair Synchronized Swimming (MC) 1:15 Bingo (MD) 5:45 Sing A Long To American Songs (MC)	Marci's Birthday Maria's Birthday 5 10:00 Golden Zumba Exercise (PD) 1:15 Show Off That Summer Body Photo Shoot and Sangria (L) 3:00 Sweeping (MC) 5:45 Podcast (MC)
6 10:30 Rise and Shine Outdoor Exercise Group (O) 1:15 Generation of Innovation Talk (PD) 3:00 Mopping (MC) 5:45 Hot Drinks (MC)	All Day Sharks and Minnows Game 7 1:15 World Chocolate Day Themed Bingo (MD) 2:00 Dusting (MC) 3:30 Exercise (MD) 5:45 MOO've Over, Mobile Cart	8 10:00 Catholic Service and Rosary (PD) 1:00 Birth Of Coke Crawl and Education (L) 3:00 Happy Hour: Shark Attack Drinks (L) 5:45 Essential Oils (MC)	9 10:30 Haden's Safety Seminar (L) 1:00 Manicures (PD) 3:45 Circuit Training Exercises (MC) 6:00 Happy Hour: Pick Your Beer (MC)	10 10:30 Motz Park and Picnic Outing 1:15 Resident Activity Meeting (PD) 2:00 Dishes (MC) 3:30 Exercise (MD) 5:45 Jeopardy (MC)	11 10:30 Sink or Swim: Shark Week Trivia (MC) 1:15 Shark Bait Bingo Bonanza(MD) 3:15 Music with Marty (MD) 5:45 Resistance Band Exercise (MC)	12 10:30 Pen Pals Program Tools and Tips (CD) 1:15 Balloon Badminton (MC) 2:15 Grace Haven's Garden (O) 5:45 Head Massages (MC)
13 10:30 Church Service and Songs (MC) 11:30 Grace's Garden (O) 1:15 Men's Group: Booze and Tattoo's (PD) 5:45 Meditation Exercise and Calming Sounds (MC)	Paul's Birthday Benicio's Birthday 14 10:30 Holiday Jokes (P) 1:15 Bingo (MD) 2:00 Clean Closets (MC) 3:30 Exercise (MD) 5:45 Sleepy Time Smoothie Sample Mobile Cart	15 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:00 Zumba with Margie (MD) 5:45 Audio Book (MC)	16 10:00 Simple Stretches and Songs (MC) 11:00 Music with Tess (MD) 1:00 Manicures (PD) 3:30 Manicures (MC) 6:00 Happy Hour: Life Enrichment Choice(MC)	Daniel's Birthday 17 10:30 Morning Laughter and Mimosa's (O) 1:15 Bingo (MD) 2:00 Sweeping (MC) 3:30 Exercise (MD) 6:15 St. Johns Mint Pageant Outing	18 10:30 Jen and Frankie Therapy 11:30 Booze and Tattoo's Tour (L) 1:30 Tattoo Bingo (MD) 4:00 Chair Yoga and Deep Breathing (MC)	19 10:30 Marching Exercise (MC) 1:15 Generation of Innovation Talk (MC) 3:00 Sudoku Puzzles (MC) 5:45 Seasonal Movie with Snacks and Drinks (MC)
20 10:30 Church Service and Songs (MC) 11:15 Technology Time with Tammy (PD) 1:00 Dishes (MC) 2:30 Cornhole (MD) 5:45 Breath Control (MC)	Mikayla's Birthday 21 10:30 Junk Food Trivia, Name That Commercial and Test Testing (MC) 1:15 Junk Food Bingo (MD) 3:30 Exercise (MD) 5:45 Lavender Love (MC)	22 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:00 Zumba with Margie (MD) 5:45 Hymns (MC)	23 10:30 Gorgeous Grandma's Pampering Session and Drinks (B) 1:00 Manicures (B) 3:00 Scarf Stretches (MC) 6:00 Happy Hour: Gorgeous Grandma's Choice(MC)	Christmas Eve in July Mary D's Birthday 24 10:00 Christmas Culinary Showcase (L) 2:00 Vacuuming (MC) 3:30 Exercise (MD) 5:45 Happy Hour: Frozen Boozy Hot Chocolate	Christmas in July 25 11:30 Cello Music with Liz Collins (MC) 1:15 Christmas In July Themed Bingo (MD) 3:30 Before Dinner Meditation (MC) 5:45 Coloring (MC)	26 10:30 Don't Burst My Bubble Game (MD) 1:15 Craft: Painting Project with Pals (PD) 5:45 Essential Oils, Relaxation Exercise, and Hydration (MC)
27 10:30 Church Service and Songs (MC) 1:15 Groovin' Grace Haven Zumba (PD) 3:00 Traci Day and Family Singing (MD) 5:45 Crosswords (MC)	28 10:30 Fort Porch Patio Happy Hour (P) 1:15 Bingo (MD) 2:00 Cabinet Clean Up (MC) 3:30 Exercise (MD) 5:45 Relaxing Drinks and Massages (MC)	29 10:00 Catholic Service and Rosary (PD) 10:00 Denise and Ruby Therapy (MC) 1:00 Mopping (MC) 5:45 Writing Positive Affirmations (MC)	30 10:30 Give Back Blessing Bags (MC) 12:15 Ain't No Thang But A Chicken Wing Resident Birthday Party 1:30 Resident Council (PD) 6:00 Happy Hour: Surprise	31 10:00 Food Committee with Chef (L) 2:00 Dusting (MC) 3:30 Exercise (MD) 5:45 Tactile Ball Exercise and Breath Control (MC)	August 1 10:30 Beer Day Fun and Facts (L) 1:30 Bingo (MD) 3:30 Exercise From the 50's, 60's, and 70's (MC) 5:45 Oil and Massage Allergy Relief Education (MC)	August 2 10:30 Coffee Bar and Conversation (L) 1:15 Scalp and Head Massages (B) 3:30 Fold and Organize Closets (MC) 5:45 Relaxing Exercise (PD)