

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Ball Exercises (DR) 10:30 Patriotic Manicures(FS) 1:00 Tender Hearts (FS) 2:15 Outing: Ray’s Ice Cream 4:00 Sing Fit (TL) 5:15 Rhythm & Hues (FS)	2 10:00 Move Those Joints(TL) 11:00 Bowling (Patio) 1:00 Dog Visit-Gemma (TL) 2:00 Alcohol Ink Firework Craft (FS) 3:00 Balloon Volleyball (DR) 5:15 Group Sing Along(TL)	3 10:00 Chair Yoga (DR) 11:00 Card Games (DR) 1:30 Baking Club- 4 th of July Dessert (DR) 2:30 Live with Double Play 3:30 Tie Dying (FS) 5:15 Balloon Volleyball (TL)	4th of July 4 10:00 Chair Exercise (DR) 10:30 Walking Club (CY) 1:00 4 th of July craft (FS) 2:00 4 th of July Happy Hour (DR) 5:15 Rhythm and Hues (DR)	5 10:00 Morning Stretch (TL) 11:15 Sorting Club (FS) 2:00 Sing Fit (Patio) 3:00 Walking Club (CY) 5:15 Classic Movie (TL)
6 10:00 Streaming Mass (TL) 11:00 Sit and Be Fit (DR) 1:00 Staff v. Resident Family Fued (TL) 3:30 Guided Meditation in the Courtyard (CY) 5:15 Courtyard Chats (CY)	World Chocolate Day 7 10:00 Moving Monday (DR) 10:30 Armchair Travel (TL) 1:30 Gourmet Chocolate Making (DR) 2:30 Card Games (FS) 3:30 Gardening Club (Patio) 5:15 Relaxation Station (TL)	8 10:00 Ball Exercises (DR) 10:30 Mini Manicures (FS) 1:00 Tender Hearts (FS) 2:30 Outing: Summer Drive 4:00 Gardening Club: Herb Drying (Patio) 6:15 Wall of Honor Dedication (AL)	9 10:00 Move Those Joints(TL) 10:30 Bingo! (DR) 1:00 Dog Visit-Abby 2:00 Give Back (FS) 3:00 Sing Fit! (Patio) 5:15 Sing Fit (TL)	10 10:00 Chair Yoga (DR) 10:30 Staff V. Resident Outdoor Games (CY) 1:30 Baking Club: Key Lime Bars (DR) 2:30 Resident Council (DR) 5:15 Group Sing Along (DR)	Nat. French Fry Day 11 10:00 Chair Exercise (DR) 10:30 Mini Golf in the Courtyard (CY) 1:30 Water Gun painting (Patio) 3:00 French Fry Bar Happy Hour(DR) 5:15 Balloon Volleyball (DR)	12 10:00 Morning Stretch (TL) 11:15 Bowling (CY) 1:00 Word Games (FS) 2:00 Sing Fit! (TL) 3:00 Trivia (TL) 5:15 Relaxation Retreat (TL)
13 10:00 Streaming Mass (TL) 11:00 Sit & Be Fit (DR) 1:30 Balloon Volleyball (CY) 3:30 Hand Massages & Music (FS) 5:15 Courtyard Chats (CY)	14 10:00 Moving Monday (DR) 10:30 Sing Fit! (TL) 1:00 Men’s Club- Beer Tasting (Patio) 2:00 Sing Fit (TL) 3:00 Bingo (DR) 5:15 Documentary Night(TL)	15 10:00 Move to the Music 10:30 Family Feud (TL) 1:00 Tender Hearts (FS) 2:00 Outing: Cranbrook Art Museum 3:30 Dried Flower Suncatchers(DR) 5:15 Group Sing Along(TL)	Nat. Hot Dog Day 16 10:00 Sit and Be Fit (DR) 10:45 Live Hymns with Rachel (DR) 1:00 Dog Visit-Gemma(TL) 2:00 Rainbow Feathers(AL) 2:00 Corndogs & Faygo (DR) 5:15 Classic Movie (TL)	17 10:00 Chair Yoga (DR) 11:00 Massages & Manis (FS) 1:00: Baking Club: Peach Cobbler (DR) 2:00 Su’s Muse (TL) 3:00 Gardening Club- Smudge Sticks (Patio) 5:15 Balloon Volleyball(TL)	National Tattoo Day 18 10:00 Chair Exercise (DR) 11:00 Sorting Club (FS) 1:30 Tattoo Parlor (DR/Patio) 3:00 Biker Club Happy Hour (DR) 5:15 Rhythm and Hues (DR)	19 10:00 Morning Stretch (TL) 10:30 Sing Fit! (TL) 1:00 Noodlecise (TL) 2:00 Water Party(CY) 3:00 Sorting Club (FS) 6:00 Sensory Station (TL)
Nat. Ice Cream Day 20 10:00 Streaming Mass (TL) 11:00 Sit and Be Fit (DR) 1:00 Badminton (CY) 2:30 Ice Cream Social (DR) 5:15 Courtyard Chats (CY)	Nat. Junk Food Day 21 10:00 Moving Monday (DR) 10:30 Balloon Volleyball (TL) 1:00 Women’s Club- Let’s Make Bougie Junk Food! (DR) 2:30 Bingo! (DR) 5:15 Relaxation Station (TL)	22 10:00 Ball Exercises (DR) 10:30 Shark Games(CY) 1:00 Tender Hearts (FS) 2:30 Outing: Baldwin Library Concert 4:00 Jenga! (Patio) 5:15 Rhythm and Hues (FS)	23 10:00 Move Those Joints (TL) 10:30 Sing Fit!(TL) 1:00 Dog Visit-Abby(TL) 2:00 Live with Henrick(DR) 3:00 Massages & Manis(FS) 5:15 Puzzles and Music (DR)	24 10:00 Chair Yoga (DR) 10:30 Card Games (FS) 1:30: Baking Club: Shark Week Dessert (DR) 3:00 Shark Suncatcher Craft (DR) 5:15 Group Sing Along(TL)	Family Reunion Day 25 10:00 Chair Exercise (DR) 10:30 Morning Meditation (TL) 1:30 Outdoor Process Art(CY) 3:00 Birthday Happy Hour (Patio/DR) 5:15 Family Reunion Night! (Patio/DR)	26 10:00 Morning Stretch (TL) 10:30 Garden Meditation 1:00 Sing Fit! (FS) 2:30 Ice Cream Social (CY) 3:00 Walking Club(CY) 5:15 Relaxation Station(TL)
27 10:00 Streaming Mass (TL) 11:00 Sit and Be Fit (DR) 1:00 Sing Fit (TL) 2:00 Balloon Volleyball (DR) 3:00Afternoon Stretching (CY) 5:15 Courtyard Chats (CY)	28 10:00 Moving Monday (DR) 10:30 Sing Fit! (Patio) 1:30 Courtyard Games (CY) 2:00 Live Action Mariokart (CY) 3:00 Bingo! (DR) 5:15 Documentary Night(TL)	29 10:00 Ball Exercises (DR) 10:30 Courtyard Meditation(CY) 1:00 Tender Hearts (FS) 2:30 Outing: Cranbrook Mini Golf 3:30 Move to the Music(CY) 5:15 Rhythm and Hues (FS)	30 10:00 Move Those Joints (TL) 1:00 Dog Visit-Abby(TL) 1:30 Artist of the Month: Jackson Pollock (FS) 3:00 Live with Jim Perkins (DR) 5:15 Puzzles & Music (DR)	31 10:00 Chair Yoga (DR) 10:30 Card Games (FS) 1:30: Baking Club: Strawberry Lemon Cheesecake Tarts (DR) 3:00 Afternoon Stretch (CY) 5:15 Group Sing Along (TL)		

Calendar Key

DR-Dining Room

FS-Four Seasons Room

TL- TV Lounge

CY-Courtyard