

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|--|--|
| | | 1 9:45a - Flashcard Fitness 10:30a - Pastor Beagle 11:15a - Sock Sorting 1:45p - Dan the Piano Man 3:00p - Connect the Dots 5:30p - Wind Down Activities | 2 9:45a - Freestyle Stretch 10:30a - Foodie Club 11:15a - Garden Club 2:00p - Exercise with Kaleigh 3:00p - Patriotic Visor Craft 5:30p - Wind Down Activities | 3 9:45a - Seated Pilates 10:00a - Scenic Drive 10:15a - Rosary 10:30a - 2nd Floor Activity Cart 11:15a - Patriotic Bracelets 1:00p - Piano Lessons (MAN) 1:45p - Flag Craft 2:00p - Isle a La Cache Museum 3:00p - Alex Talbott Performs 5:30p - Wind Down Activities | 4th of July 4 9:45a - Flag Stretch 10:30a - Patriotic Sing A-Long 11:15a - Sing A-Long with Janet & Beth 1:45p - Red, White & Blue Sun Catcher Craft 3:00p - Social hour & Pie Tasting 5:30p - Wind Down Activities | 5 9:45a - Seated Stretch 10:30a - 1st Floor Activity Cart 11:15a - United States Puzzle 1:45p - Patriotic Windsocks 3:00p - Left, Right, Center 5:30p - Wind Down Activities |
| 6 9:45a - Walk the Block 10:30a - Card Games 11:15a - Silverware Sorting 1:45p - Sticker by Number 3:00p - Left, Right, Center 5:30p - Wind Down Activities | 7 9:45a - Exercise with Music 10:30a - Bingo 11:15a - Napkin Folding 1:30p - Catholic Mass 2:00p - Jenga 3:00p - Golf Cart Ride 5:30p - Wind Down Activities | 8 Iced Tea Day 9:45a - Stability Class 10:30a - Pastor Beagle 11:15a - Blanket Folding 1:45p - Watercolor Painting 3:00p - Would You Rather 5:30p - Wind Down Activities | 9 9:45a - Ribbon Wands 10:30a - Foodie Club 11:15a - Garden Club 2:00p - Exercise with Kaleigh 3:00p - Revivify Pre-Dinner Prep 5:30p - Wind Down Activities | 10 9:45a - Seated Cardio 1000a - Carpool Karaoke 10:15a - Rosary 10:30a - 1 st Floor Activity Cart 11:15a - Do A Dot Art 1:00p - Piano Lessons (MAN) 1:45p - Rock Art 2:00p - Joliet Area Historical Musuem 3:00p - Dante Salamante Performs 5:30p - Wind Down Activities | 11 9:45a - Lower Body Exercises 10:30a - Let's Roll Bowling 11:15a - Sing A-Long with Janet & Beth 1:45p - Music Therapy with Stacy 3:00p - Social Hour & Pinwheel Wraps 5:30p - Wind Down Activities | 12 9:45a - Seated Kickball 10:30a - Water Painting 11:15a - Jeopardy 1:45p - Courtyard Games 3:00p - Wind Chime Craft 5:30p - Wind Down Activities |
| 13 9:45a - Card Exercise 10:30a - Sing A-Long with Susie 11:15a - Napkin Folding 1:45p - 2 nd Floor Activity Cart 3:00p - Card Games 5:30p - Wind Down Activities | 14 9:45a - Noodle Exercise 10:30a - Bingo 11:15a - Table Setup 1:30p - Catholic Mass 2:00p - Shells Craft 3:00p - Folding the Chronicle 5:30p - Wind Down Activities | 15 9:45a - Flashcard Fitness 10:30a - Pastor Beagle 11:15a - Folding the Chronicle 1:45p - Memory Games 3:00p - Matching Games 5:30p - Wind Down Activities | 16 9:45a - Drum Circle 10:30a - Garden Club 11:15a - Foodie Club 2:00p - Exercise with Kaleigh 2:30p - Walker Race 3:00p - Patrick Woods Performs 5:30p - Wind Down Activities | 17 9:45a - Outdoor Exercise 10:00a - Matinee Movie 10:15a - Rosary 10:30a - 2 nd Floor Activity Cart 11:15a - Board Games 1:00p - Piano Lessons (MAN) 1:45p - Assorted Puzzles 2:00p - Republic Military Museum 3:00p - Joe the Accordion Player 5:30p - Wind Down Activities | 18 9:45a - Flexibility & Posture 10:30a - 1st Floor Activity Cart 11:15a - Sing A-Long with Janet & Beth 1:45p - Weaving Craft 3:00p - Birthday Mocktails with Cake & Ice Cream 5:30p - Wind Down Activities | 19 9:45a - Twist & Tone 10:30a - Magnetic Fishing 11:15a - Name 5 1:00p - Frank Rossi 1:45p - Pattern Games 3:00p - Card Games 5:30p - Wind Down Activities |
| 20 9:45a - Music Movements 10:30a - Left, Right, Center 11:15a - Aqua Painting 1:45p - Chutes & Ladders 3:00p - Walk the Courtyard 5:30p - Wind Down Activities | 21 9:45a - Seated Yoga 10:30a - Bingo 11:15a - Table Setup 1:30p - Catholic Mass 2:00p - Shut the Box 3:00p - Aqua Painting 5:30p - Wind Down Activities | 22 9:45a - Seated Pilates 10:30a - Pastor Beagle 11:15a - Table Setting Practice 1:45p - Water Balloon Toss 3:00p - Courtyard Games 5:30p - Wind Down Activities | 23 9:45a - Outdoor Cardio 10:30a - Foodie Club 11:15a - Garden Club 2:00p - Exercise with Kaleigh 2:30p - Wheelchair Race 3:00p - Lotion Making 5:30p - Wind Down Activities | International Self-Care Day 24 9:45a - Chair Dancing 10:00a - Spa Day at Deja Nail Lounge 10:15a - Rosary 11:15a - Selfcare Cards 1:00p - Piano Lessons (MAN) 1:45p - Lotion Making 2:00p - Cantigny Park 3:00p - Johnny B Performs 5:30p - Wind Down Activities | Christmas in July 25 9:45a - Ribbon Dancing 10:30a - Christmas Craft 11:15a - Sing A-Long with Janet & Beth 1:45p - Christmas Ornament Decorating 3:00p - Social Hour & Christmas Cookies 5:30p - Wind Down Activities | 26 9:45a - Upper Body Exercises 10:30a - Watercolor Painting 11:15 - Paint by Number 1:45p - Bubble Play Day 3:00p - 1 st Floor Activity Cart 5:30p - Wind Down Activities |
| Parents' Day 29 9:45a - Noodle Exercise 10:30a - Board Games 11:15a - Sock Matching 1:45p - Wood Slice Coasters 3:00p - Golf Cart Ride 5:30p - Wind Down Activities | 28 9:45a - Exercise with a Ball 10:30a - Memory Games 11:15a - Napkin Folding 1:30p - Catholic Mass 2:00p - Crafts with Straws 3:00p - 2 nd Floor Activity Cart 5:30p - Wind Down Activities | 29 9:45a - Music & Movement 10:30a - Pastor Beagle 11:15a - Napkin Folding 1:45p - Left, Right, Center 3:00p - Courtyard Games 5:30p - Wind Down Activities | 30 9:45a - Beachball Toss 10:30a - Foodie Club 11:15a - Garden Club 2:00p - Exercise with Kaleigh 2:30p - Walking Race 3:00p - Magnetic Fishing 5:30p - Wind Down Activities | 31 9:45a - Seated Stretch 1000a - Scenic Drive 10:15a - Rosary 10:30a - 1 st Floor Activity Cart 11:15a - Revivify Meal Prep 1:00p - Piano Lessons (MAN) 1:45p - Sticker by Number 2:00p - Lockport Fire Station 6 Tour 3:00p - Mark Dvorak Performs 5:30p - Wind Down Activities | | |

Calender Key:
FIRST FLOOR--
AS- Art Studio
C- Courtyard

DRI- Dining Room
HS- Horticulture Space
L- Lobby
MC- Man Cave

MRI- Media Room
MUSI- Music Room

SECOND FLOOR--
DR2- Dining Room
GR- Game Room
LIB- Library

MR2- Media Room
MUS2- Music Room
WS- Women's Space

OTHER
FT- Field Trip
MAN-Manor Building