August 2025

Independent Living

CH - Chapel

Atrium

Life Enrichment Monthly Calendar

Activities are subject to change

Phone: 231-935-4553

Monday Tuesday Wednesday **Thursday Friday** Sunday Saturday July August 30 27 28 11:00 Chair Yoga (AA) 11:00 Exercise Video- Resident 8:30/9:00/9:30 Shopping Trips 10:30 Outing- Phyllis Packer I I:00 Exercise With Powerback 11:00 Exercise Video (AA) 9:30 Church Service (CH) 11:00 Communion (CH) Memorial Luncheon 11:00 Exercise Video- Resident Run (AA) 1:30 Lawn Games (FY) (AA) 1:30 Resident Forum (AA) Run (AA) 1:30 CorsoCare Vital Clinic (A) 11:00 Cardio Drumming (AA) II:00 Exercise (AA) I:00 Tye-Dye Project (AA) 3:00 Grab N' Go Word Search 1:30 Quarter Bingo (AA) 2:00 Netflix Club: The Crown I:00 Trivia- Wizard Of Oz (A) 2:00 Walking Club (FY) 2:00 Bible Study (CH) 3:30 Blue Hawaii Happy Hour 3:00 Puzzle Group (L) 2:30 Wii Bowling (CH) 2:30 Bridge Club (P) 3:00 Kitchen Band Practice 6:00 Euchre Club (P) 3:00 Ice Cream Social (FY) 4:00 Bible Study with Jeff (CH) 6:00 Resident Led Games (P) (AA) 6:00 Resident Led Games (P) 6:00 Resident Led Games (P) 6:00 Resident Led Pinnacle (P) 6:00 Friday Poker (P) 9:30 Church Service (CH) 11:00 Exercise Video- Resident 8:30/9:00/9:30 Shopping Trips (A) 10:00 Euchre Club (P) 10:00 Chef Mike- Garden Fresh 11:00 Exercise With Powerback 11:00 Exercise Video (AA) 1:00 Balloon Volleyball (AA) 11:00 Exercise Video- Resident Run (AA) 11:00 Chair Yoga (AA) Showcase(AA) 1:30 Lawn Games (FY) 1:00 Kitchen Band Practice (AA) 1:30 CorsoCare Vital Clinic (A) I:30 Quarter Bingo (AA) 11:00 Communion (CH) 11:00 Exercise (AA) 3:00 Grab N' Go Word Search Run (AA) 2:00 Walking Club (FY) 2:00 Netflix Club: The Crown 1:00 Create A Pressed Flower 1:15 Outing- Omena Cut 2:30 Wii Bowling (CH) 2:00 Bible Study (CH) 3:00 Music W/ Ruth & Chris (A) | 6:00 Resident Led Games (P) 3:00 September Activity Planning Flowers U-Pick 3:00 Puzzle Group (L) Bookmark w/ Kay (AA) 4:00 Bible Study with Jeff (CH) Meeting (AA) 3:30 Wine Down Wed. (P) 2:30 Bridge Club (P) 6:00 Friday Poker (P) 6:00 Resident Led Games (P) 6:00 Resident Led Pinnacle (P) 6:00 Resident Led Games (P) 6:00 Resident Led Games (P) 8:30/9:00/9:30 Shopping Trips I I:00 Exercise Video- Resident II:00 Exercise Video (AA) 9:30 Church Service (CH) 10:00 Euchre Club (P) 9:45 Outing-TC Botanical I I:00 Exercise With Powerback 11:00 Exercise Video- Resident Run (AA) 11:00 Chair Yoga (AA) Garden 1:30 Lawn Games (FY) II:00 Cardio Drumming (AA) 3:00 Grab N' Go Word Search 1:30 CorsoCare Vital Clinic (A) 11:00 Communion (CH) 11:00 Exercise (AA) Run (AA) 1:00 August Birthday 2:00 Walking Club (FY) 2:00 Netflix Club: The Crown 1:00 Quarter Bingo (AA) 3:30 Featured Drink- Long 1:30 Musical Performance-(A) Celebration (AA) 3:00 Puzzle Group (L) 2:00 Musical Performance- AL Island Ice Tea (P) Marty Miller (A) 6:00 Resident Led Games (P) 2:00 Bible Study (CH) 4:00 Bible Study with Jeff (CH) Firek (A) 6:00 Resident Led Games (P) 2:30 Bridge Club (P) 3:00 Kitchen Band Practice (AA) 6:00 Resident Led Games (P) 2:30 Wii Bowling (CH) 6:00 Resident led Games (P) 6:00 Friday Poker (P) 6:00 Resident Led Pinnacle (P) **Hippie Spirit Day!** II:00 Exercise Video- (AA) 18 21 II:00 Exercise Video (AA) 9:30 Church Service (CH) II:00 Exercise (AA) 8:30/9:00/9:30 Shopping Trips II:00 Exercise With Powerback II:00 Exercise Video- Resident 1:15 Support Group (CH) 1:30 Lawn Games (FY) 10:00 Euchre Club (P) 11:30 Outing- Cracker Barrel (AA)Run (AA) 1:30 CorsoCare Vital Clinic (A) 11:00 Chair Yoga (AA) 2:00 Musical Performance-3:00 Grab N' Go Word Search I I:00 Balloon Volleyball (AA) 1:00 Kitchen Band Practice 2:00 Netflix Club:The Crown(L) Mark DeNoyelles (A 2:00 Walking Club (FY) II:00 Communion (CH) 1:30 Quarter Bingo (AA) (AA)3:30 Hippie Juice Happy Hour! 3:00 Puzzle Group (L) 3:00 TC Mobile Library (AA) 2:30 Bridge Club (P) 6:00 Resident Led Games (P) 2:30 Wii Bowling (CH) 2:00 Bible Study (CH) 4:00 Bible Study with Jeff (CH) 6:00 Resident led Games (P) 3:00 Ice Cream Social (FY) 3:15 Tally & Bob Greene Music 6:00 Resident Led Games (P) 6:00 Resident Led Games (P) 6:00 Resident Led Pinnacle (P) 6:00 Friday Poker (P) 30 28 26 11:00 Exercise (AA) 9:30 Church Service (CH) II:00 Exercise Video- Resident 8:30/9:00/9:30 Shopping Trips 11:30 Outing- The Cottage 11:00 Exercise With Powerback 11:00 Exercise Video (AA) 10:00 Euchre Club (P) 11:00 Exercise Video- Resident Run (AA) 1:30 Lawn Games (FY) Restaurant 11:00 Chair Yoga (AA) Run (AA) 11:00 Cardio Drumming (AA) 1:30 CorsoCare Vital Clinic (A) 2:30 Veteran's Group (PDR) 1:00 New Resident Welcome 3:00 Grab N' Go Word Search 11:00 Communion (CH) 2:00 Walking Club (FY) 2:00 Netflix Club: The Crown 2:00 Design Dance 2:30 Bridge Club (P) Social (AA) 1:30 Resident Forum (AA) 3:00 Puzzle Group (L) Performance (AA) 3:00 Musical Performer- David 2:00 Bible Study (CH) 6:00 Resident Led Games (P) 3:30 Wine Down Wednesday 2:30 Wii Bowling (CH) 4:00 Bible Study with Jeff (CH) Lawston (A) 3:00 Kitchen Band Practice (AA) 6:00 Resident Led Games (P) 6:00 Resident Led Pinnacle (P) 6:00 Resident led Games (P) 6:00 Friday Poker (P) 6:00 Resident Led Games (P) PDR - Private Dining Room Address: 3950 Sumac Dr. Calender Key: **DR- Dining Room Executive Director:** Independence Village SENIOR LIVING A – Atrium FY - Front Yard L – Library Lori Batt Traverse City, MI 49684 **AA- Activity Area** G & G Grab & Go In The P- Pub Life Enrichment Director: Visit Us On Facebook!

Kellie Brant