

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00 Chair Exercise (DR) 10:30 Bowling (CY) 1:30 Singfit! (FS) 3:00 Happy Hour (DR/Patio) 5:15 Rhythm and Hues (DR)	2 10:00 Morning Stretch (TL) 10:30 Armchair Travel (TL) 1:30 Making a Mural: Coloring Wall Activity 3:00 Walking Club 5:15 Classic Movie Night
3 10:00 Streaming Mass (TL) 11:00 Sit and Be Fit (DR) 1:30 Color Art (FS) 3:00 Balloon Volleyball (DR) 5:15 Classic Movie Night (TL)	4 10:00 Moving Monday (DR) 10:30 Balloon Volleyball (TL) 1:30 Memory Games (TL) 3:00 Men’s Club (DR) 5:15 Relaxation Station (TL)	5 10:00 Ball Exercises (DR) 10:30 Hand Massage & Music (FS) 1:00 Bingo! (TL) 2:30 Outing: Normandy Splashpad 5:15 Rhythm & Hues (FS)	6 10:00 Move Those Joints (TL) 10:30 Bowling (CY) 1:00 Dog Visit-Gemma 1:30 Dog Days of Summer Pool Party (CY) 3:00 Singfit! (TL) 5:15 Puzzles & Music (DR)	7 10:00 Chair Yoga (DR) 10:30 Card Games (FS) 1:30 Baking Club- Cannoli Cup DR) 3:00 Garden Club (Patio) 5:15 Group Sing Along(TL)	8 10:00 Chair Exercise (DR) 10:30 Walking Club (FS) 1:30 Traveling Librarian (FS) 3:00 Dog Days of Summer Happy Hour (DR) 5:15 Silly Sitcoms (TL)	Nat. Book Lovers Day 9 10:00 Morning Stretch (TL) 10:30 Word Games (TL) 1:30 Coffee & Chats (DR) 3:00 Noodlecise! (TL) 5:15 Classic Movie Night (TL)
10 10:00 Streaming Mass (TL) 11:15 Sit & Be Fit (DR) 1:30 Ice Cream Social (FS) 3:00 Sorting Club (FS) 5:15 Rhythm & Hues (DR)	11 10:00 Moving Monday (DR) 10:30 Balloon Volleyball (TL) 1:30 Sing Fit (TL) 3:00 Women’s Club (FS) 5:15 Documentary Night (TL)	12 10:00 Move to the Music (DR) 10:30 Card Games (TL) 1:00 Chair Volleyball (DR) 2:30 Outing: Mini Golf 5:15 Group Sing Along (TL)	13 10:00 Sit and Be Fit (DR) 10:45 Live Hymns with Rachel (DR) 1:00 Dog Visit-Abby (TL) 2:00 Live with Sandy V (DR) 3:00 Tie Dying (FS) 5:15 Classic Movie (TL)	14 10:00 Chair Yoga (DR) 10:30 Bingo! (DR) 1:00 Baking Club- Lemon Strawberry Trifles (DR) 2:00 Su’s Muse (TL) 3:00 Garden Club (Patio) 5:15 Relaxation Station (TL)	15 10:00 Chair Exercise (DR) 10:30 Armchair Travel (TL) 1:00 Four Square Game (FS) 3:00 Lemonade Bar Happy Hour (DR) 5:15 Rhythm and Hues (DR)	Nat.Tell A Joke Day 16 10:00 Morning Stretch (TL) 10:30 Ring Toss (FS) 1:30 Singfit! (FS) 3:00 Dad Joke Faceoff 5:15 Sensory Station (TL)
17 10:00 Streaming Mass (TL) 11:15 Sit and Be Fit (DR) 1:30 Singfit! (CY) 3:00 Walking Club (FS) 5:15 Puzzles & Music (DR)	18 10:00 Moving Monday (DR) 10:30 Balloon Volleyball (FS) 1:30 Sing Fit (TL) 3:00 Resident Council (FS) 5:15 Relaxation Station (TL)	19 10:00 Ball Exercises (DR) 10:30 Bowling (DR) 1:00 Craft: Shell Frames 2:30 Outing: Baldwin Library 5:15 Rhythm & Hues (DR)	20 10:00 Move Those Joints (TL) 10:30 Chair Volleyball (DR) 1:00 Dog Visit-Gemma (TL) 2:00 Culinary Showcase (DR) 3:00 Live Action Mariokart FS) 5:15 Puzzles & Music (DR)	Senior Citizens Day 21 10:00 Chair Yoga (DR) 10:30 Card Games (FS) 1:00 Baking Club: Snickers Salad (DR) 2:00 Live! Cheryl B. (DR) 3:00 Garden Club (FS) 5:15 Silly Sitcoms	22 10:00 Chair Exercise (DR) 10:30 Bingo! (DR) 1:30 Suncatcher Craft (FS) 3:00 Carnival Happy Hour (DR) 5:15 Silly Sitcoms (TL)	23 10:00 Morning Stretch (TL) 11:15 Relaxation Retreat (FS) 1:30 Horseshoes (FS) 3:00 Walking Club (CY) 5:15 Classic Movie Night (TL)
24 10:00 Streaming Mass (TL) 11:15 Sit and Be Fit (DR) 1:30 Sorting Club (FS) 3:00 Afternoon Stretching (DR) 5:15 Rhythm & Hues (DR)	25 10:00 Moving Monday (DR) 10:30 Balloon Volleyball (TL) 1:30 Sing Fit (TL) 3:00 Mini Golf Course (FS) 5:15 Documentary Night (TL)	26 10:00 Ball Exercises (DR) 10:30 Word Games (TL) 1:00 Chair Volleyball Tournament (DR) 2:30 Outing: Belle Isle 5:15 Group Sing Along	27 10:00 Move Those Joints (TL) 10:30 Golf Putting (CY) 1:00 Dog Visit-Abby 1:30 Mobile Cart- End of Summer Fun 3:00 Live with Jim Perkins(TL) 5:15 Classic Movie (TL)	28 10:00 Chair Yoga (DR) 10:30 Card Games (FS) 1:00 Baking Club: Strawberry Mousse (DR) 2:00 Live! Cheryl B. (DR) 3:00 Garden Club (FS) 5:15 Silly Sitcoms	29 10:00 Chair Exercise (DR) 10:30 Bingo! (DR) 1:30 Papermaking (FS) 3:00 Birthday Happy Hour (DR) 5:15 Summer’s End Family Night(Patio/CY)	30 10:00 Morning Stretch (TL) 11:15 Relaxation Retreat (FS) 1:30 Horseshoes (FS) 3:00 Walking Club (CY) 5:15 Classic Movie Night (TL)

Calendar Key

DR-Dining Room

FS-Four Seasons Room

TL- TV Lounge

CY-Courtyard