C- Courtyard

MC- Man Cave

August 2025
Life Enrichment Monthly Calendar

See Daily Sheets for Details Activities are subject to change

Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:45a - Seated Stretch 10:30a - Paint by Number 11:15a - Sing A-Long with Janet & Beth 1:45p - 2 <sup>nd</sup> Floor Activity Cart 3:00p - Social hour & Pizza 5:30p - Wind Down Activities	International Ice 2 Cream Sandwich Day 9:45a - Ribbon Dancing 10:30a - 1st Floor Activity Cart 11:15a - Magnetic Fishing 1:45p - Sticker by Number 3:00p - Ice Cream Sandwich Socia 5:30p - Wind Down Activities
National Watermelon 3 Day 9:45a - Walk the Block 10:30a - Tangram Puzzles 11:00a - Pet Visit 11:15a - Aqua Painting 1:45p - Watermelon Craft 3:00p - Golf Cart Ride 5:30p - Wind Down Activities	9:45a - Exercise with 4 Flashcards 10:30a - Bingo 11:15a - Meditation 1:45p - Catholic Mass 2:15p - Large Cards 3:00p - Crafts 5:30p - Wind Down Activities	9:45a - Outdoor Exercise 10:30a - Pastor Beagle 11:15a - Sock Matching 1:45p - Card Games 3:00p - 1 <sup>st</sup> Floor Activity Cart 5:30p - Wind Down Activities	Root Beer Float Day 6  9:45a - Basketball Shooting 10:30a - Snack Time 11:15a - Garden Club 2:00p - Exercise with Kaleigh 3:00p - Glow in the Dark Rocks 5:30p - Wind Down Activities	9:45a - Upper Body Exercise 1000a - Scenic Drive 10:15a - Rosary 10:30a - I <sup>st</sup> Floor Activity Cart 11:15a - Board Games 1:00p - Piano Lessons (MAN) 1:45p - Sensory Craft 2:00p - Joliet Rock & Roll Museum 3:15p - Alex Talbott Performs 5:30p - Wind Down Activities	9:45a - Seated Pilates 10:30a - Glow in the Dark Shells 11:15a - Sing A-Long with Janet & Beth 1:45p - Music Therapy with Stacy 3:00p - Social Hour & Crab with Shrimp Sliders 5:30p - Wind Down Activities	9:45a - Chair Exercises 10:30a - Bubble Wands 11:15a - Lunch Setup 1:45p - 2 <sup>nd</sup> Floor Activity Cart 3:00p - Popcorn and a Movie 5:30p - Wind Down Activities
9:45a - Music Movements 10:30a - Left, Right, Center 11:15a - Table Setup 1:45p - Bracelet Making 3:00p - Movie Time 5:30p - Wind Down Activities	9:45a - Exercise Outside 10:30a - Bingo 11:15a - Napkin Folding 1:45p - Catholic Mass 2:15p - Puzzles 3:00p - Activity Cart 5:30p - Wind Down Activities	9:45a - Flashcard Fitness 10:30a - Pastor Beagle 11:15a - Water Painting 1:45p - Dan the Piano Man 3:15p - Name 5 5:30p - Wind Down Activities	10:30a - Snack Time 11:15a - Garden Club 2:00p - Exercise with Kaleigh 2:30p - Walker Race 3:00p - Shut the Box	10:00a - Jurica-Suchy Nature Museum 10:15a - Rosary 10:30a - Bird House Craft 11:15a - Jenga 1:00p - Piano Lessons (MAN) 1:45p - Red, White and Blue Craft 2:00p - Carpool Karaoke	9:45a - Flexibility & Posture 15 10:30a - Laundry Folding 11:15a - Sing A-Long with Janet & Beth 1:45p - Jewelry Making 3:00p - Birthday Mocktails & Crab Patties 5:30p - Wind Down Activities	9:45a - Ribbon Dancing 10:30a - Sponge Painting 11:00a - Pet Visit 11:15a - Family Feud 1:00p - Frank Rossi Performs 1:45p - Courtyard Games 3:00p - Find the Missing Object 5:30p - Wind Down Activities
9:45a - Stick Dance Exercise 10:30a - Sing Along's 11:15a - Card Games 1:45p - Crafts 3:00p - Walk the Block 5:30p - Wind Down Activities	10:30a - Bingo 11:15a - Silverware Sorting 1:45p - Catholic Mass 3:00p - Golf Cart Ride	9:45a - Walking Outdoors 10:30a - Pastor Beagle 11:15a - Napkin Folding 1:45p - Lotion Making 3:00p - Memory Games 5:30p - Wind Down Activities	National Lemonade Day 9:45a - Seated Yoga 10:30a - Snack Time 11:15a - Garden Club 2:00p - Exercise with Kaleigh 2:30p - Wheelchair Race 3:00p - Patrick Woods Performs 5:30p - Wind Down Activities	National Senior Citizen Day 9:45a - Lower Body Exercises 10:00a - Joliet Rock & Roll Museum 10:15a - Rosary 11:15a - Left, Right, Center 1:00p - Piano Lessons (MAN) 1:45p - Frame Craft 2:00p - Flower of Life Art Gallery 3:00p - Senior Story Time 5:30p - Wind Down Activities	9:45a - Flashcard Fitness 10:30a - Sticker Craft 11:15a - Sing A-Long with Janet & Beth 1:45p - Telephone 3:00p - Social Hour & BBQ'd Chicken 5:30p - Wind Down Activities	9:45a - Freeze Dance 10:30a - Foam Craft 11:15 - Would You Rather 1:45p - Animal Bingo 3:00p - Popcorn and a Movie 5:30p - Wind Down Activities
9:45a - Rhymes with Exercise 10:15a - Sing Along's 10:30a - Bracelet Making 11:15a - Sock Matching 2:00p - Coaster Painting 3:00p - Movie Time 5:30p - Wind Down Activities	10:30a - Bingo 11:15a - Table Setup 1:45p - Catholic Mass 2:15p - Craft Time 3:00p - Walk the Block 5:30p - Wind Down Activities		11:15a - Garden Club 2:00p - Exercise with Kaleigh 2:30p - Walking Race 3:00p - Outdoor Games 5:30p - Wind Down Activities	9:45a - Seated Yoga 10:00a - Darien Historical Society 10:15a - Board Games 10:30a - Wooden Art Craft 11:15a - Foam Art 1:00p - Piano Lessons (MAN) 1:45p - 2 <sup>nd</sup> Floor Activity Cart 2:00p - Naper Settlement 3:15p - Johnny B Performs 5:30p - Wind Down Activities	9:45a - Basketball Shooting 29 10:30a - Tie-Dye Designs 11:15a - Sing A-Long with Janet & Beth 1:45p - I <sup>st</sup> Floor Activity Cart 3:00p - Social Hour & Chicken Salad 5:30p - Wind Down Activities	National Beach Day 30 9:45a - Beachball Toss 10:30a - 1 <sup>st</sup> Floor Activity Cart 11:15 - Cool Down in the Pool 1:45p - Kinetic Sand Creations 3:00p - Beachball Toss 5:30p - Wind Down Activities
Calender Key: FIRST FLOOR AS- Art Studio C- Courtyard	DRI- Dining Room HS- Horticulture Space L- Lobby MC- Man Cave	MUSI- Music Room	SECOND FLOOR DR2- Dining Room GR- Game Room LIB- Library	MUS2- Music Room	OTHER FT- Field Trip MAN-Manor Building	STORYPOINT Senior Living

LIB- Library