

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>*= you need to sign-up for the activity outside of the Main Activity Room</div> <div>** = you need to sign-up for the activity at the Shuttle Station</div>				Blood Pressure Clinic occurs each Thursday at 11:00am in the Main Activity Room	<div>1</div> 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:15pm StoryPoint Reading Club (Meet in FL)	<div>2</div> 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 1:00pm Bible Q&A (PDR) 2:30pm Crafting Corner: Sea Shell Painting (MAR)
<div>3</div> 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	<div>4</div> 9:00am Veteran’s Breakfast (MD) 10:30am Senior Stretch (MAR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 3:00pm Music w/ Al Firek (MAR)	<div>5</div> 8:30am Meijer** 11:00am Weightlifting (MAR) 11:30am Culvers Lunch Outing** 1:30pm Community Q&A (MAR) 3:00pm Server Celebration (MAR) 6:15pm Bingo (MAR)	<div>6</div> 10:00am Crossword (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Jim Herman (MAR)	<div>7</div> 9:00am Manicures & Mimosas (G) 1:15pm Bingo (MAR) 2:30pm Exercise w/ PB (MAR) 3:15pm Dominos (MAR) 6:15pm Pokeno (MAR)	<div>8</div> 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:15pm Movie & Popcorn: Mrs. Doubtfire (G)	<div>9</div> 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 1:00pm Bible Q&A (PDR) 2:30pm Euchre Club (MAR)*
<div>10</div> 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	<div>11</div> 9:00am Ladies Breakfast (MD) 10:30am Senior Stretch (MAR) 11:00am Bible Study (G) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 2:30pm Tea & Treats w/ Jen (MAR) 3:30pm Bingo Store (MAR)	<div>12</div> 8:30am Meijer** 11:00am Weightlifting (MAR) 1:00pm Mooville Outing** 1:30pm Wellness Education(MAR) 2:30pm Culinary Nutrition Showcase (MAR) 6:15pm Bingo (MAR)	<div>13</div> 10:00am Crossword (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 1:30pm Sound Mind Social (MAR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Double Play (MAR)	<div>14</div> 9:00am Manicures & Mimosas (G) 1:15pm Bingo (MAR) 2:30pm Exercise w/ PB (MAR) 2:30pm Farmer’s Market Outing** 3:15pm Dominos (MAR) 6:15pm Pokeno (MAR)	<div>15</div> 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 11am&1pm Farm to Table Behind the Scenes (DR)* 3:00pm Benefits Seminar (MAR)	<div>16</div> 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 1:00pm Bible Q&A (PDR) 2:30pm Crafting Corner: Tie Dye Shirts (MAR)
<div>17</div> 2000s Day 10:00am Church Shuttle** 11am&1pm Farm to Table Brunch Event (MD) 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	<div>18</div> 1990-80s Day 9:00am 80s Cartoons (MAR) 10:00am-5pm Classic Arcade Games (MAR) 2:00pm Zumba: 80s Edition (MAR) 2:30pm The Digital Revolution Presentation (MAR)	<div>19</div> 1970s Day 9:00am 70s Cartoons (MAR) 10:30am R.E. Olds Museum Outing** 11:00am 2:00pm 70s Glam Cart (RV) 5:30pm Pre-Party Cocktails (MAR) 6:00pm Silent Disco Event (MAR & Courtyard)	<div>20</div> 1960s Day 9:00am 60s Cartoons (MAR) 11:00am Sit & Groove (MAR) 1:00pm Game on: 60s Edition (MAR) 2:30pm Hippie Happy Hour (MAR) 3:00pm Music w/ Jonathan Stars (MAR)	<div>21</div> 1950s Day 9:00am 50s Cartoons (MAR) 11:00am Evolution of Home Appliances (MAR) 12:00pm Heat & Eat Luncheon (MAR) 1:30pm Seated Sock Hop Workout (MAR) 2:30pm The Malt Shop (MAR)	<div>22</div> 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:15pm Movie & Popcorn: Raiders of the Lost Ark (G)	<div>23</div> 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 1:00pm Bible Q&A (PDR) 2:30pm Euchre Club (MAR)*
<div>24</div> 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	<div>25</div> 9:00am Men’s Breakfast (MD) 10:30am Senior Stretch (MAR) 11:00am Bible Study (G) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 2:30pm Tea & Treats w/ Jen (MAR) 3:30pm Activity Q&A (MAR)	<div>26</div> 8:30am Meijer** 10:30am TJ Maxx Shopping** 11:00am Weightlifting (MAR) 2:00pm Delta Library Outing** 2:00pm Charcuterie Class (MAR) 6:15pm Bingo (MAR)	<div>27</div> 10:00am Crossword (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Wanda Degen (MAR)	<div>28</div> 9:00am Manicures & Mimosas (G) 1:00pm Catholic Mass (MAR) 2:30pm Exercise w/ PB (MAR) 3:15pm Dominos (MAR) 6:15pm Pokeno (MAR)	<div>29</div> 9:30am Cardio Drumming (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:15pm Men’s Group: Wood Puzzle (MAR)	<div>30</div> 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 1:00pm Bible Q&A (PDR) 2:30pm Crafting Corner: Wine Bottles (MAR)

Calendar Key:
C – Cafe
FL – Front Lobby
MAR– Main Activity Room

CY – Courtyard
G – Garden Room
USR – Upstairs Reading Room

MD– Main Dining Room
EP – Enhanced Parking Lot
RV - Room Visit
SP- StoryPoint

L- Library
ED- Enhanced Dining Room
PDR- Private Dining Room
AL- Assisted Living