Independence Village of Midland

July 2025 Life Enrichment Monthly Calendar

Independent Living

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			I0am Hand Weights Ipm Calendar Review & Brainstorm w/ Katie 3pm Pictionary 6:30pm Did You Know?	2 10am Kickboxing 10:30am Catholic Communion 11am Women's Bible Study 1pm The Crafter's Guild 2-3pm Let's Get It Poppin' 3pm Name that Tune Live with Val Lemen	3 10am Havin' a Ball with Kate 11am Crossword 1pm Tea Time Gathering 3pm Ladder Golf 6pm Five Crowns	Independence Day410am Sit n' Be Fit12pm Fourth of July Picnic3pm Happy Hour6pm Hillbilly Rummy8:45pm Outing: Midland Fireworks	5 10am Noodle-cise 11am Open Wii Bowling 12:30pm Watercolor Class Instructed By: Diana 3pm BINGO 6pm Saturday Theater The Life List
	6 10am Sunday Stretch 12:15pm Sunday Dinner 2pm Group Sudoku 3:30pm Netflix Series Wild Babies	7 10am Yoga w/ Sarah 11am Lunch Outing to Idli Dosa Indian Restaurant 3pm Manicures 6pm Open Euchre	8 10am Hand Weights 11am DIY: Salad Creation 12pm Summer Salad Sampling Luncheon 3pm Resident Forum 6pm Resident Sing Along	9 10am Cardiomelon 10:30am Catholic Communion 11am Women's Bible Study 1pm The Crafter's Guild 3pm Volleyball 6:45pm Live Music Outing: Chemical City Band	10 10am Noodle-cise 11am Crossword 12:30pm The Crafting Corner 2-4:30pm Car Wash for a Cause 6pm Five Crowns	I Oam Balance in Action w/ Powerback Rehab Ipm Walking Club 3pm Happy Hour and Birthday Celebration 6pm Hillbilly Rummy	12 10am Exercise DVD 11am Open Wii Bowling 12:30pm Watercolor Class Instructed By: Diana 3pm BINGO 6pm Saturday Theater Now You See Me
	I 3 10am Sunday Stretch 11am-2pm The Sunday Brunch Buffet 2pm Group Sudoku 3:30pm Netflix Series Wild Babies	10am Chair Dancing w/ Sarah 11am Manicures 1pm Financial Fraud and Scam Prevention 3pm The Billiards Club 6pm Open Euchre	15 9:30am Outing: Dow Gardens Cart Tour 10am Hand Weights 12pm Bite of Wisdom 3pm Live Music by Harbor Sounds Chorus 6:30pm Did You Know?	10am Kickboxing 10:30am Catholic Communion 11am Women's Bible Study 1pm The Crafter's Guild 3pm Leisure & Healthy Living 6:45pm Live Music Outing: Chemical City Band	10am Havin' a Ball with Kate 11am Crossword 1:30-3pm Place Your Bets! 4:30-6pm Polish Dinner Party 6:30pm Summer Concert Series Linda Lee Brown & the Golden Aires	10am Sit n' Be Fit Ipm Walking Club 3pm Happy Hour 6pm Hillbilly Rummy	10am Noodle-cise 11am Open Wii Bowling 12:30pm Watercolor Class Instructed By: Diana 3pm BINGO 6pm Saturday Theater Murder Mystery
	20 10am Sunday Stretch 12:15pm Sunday Dinner 2pm Outing: Horse & Wagon Ice Cream Ride 3:30pm Netflix Series Wild Babies	21 10am Yoga w/ Sarah 11am Manicures 1pm The Village Olympics: Competing for a Cause 2:30pm Watercolor Class 6pm Open Euchre	22 10am Hand Weights 1pm The Village Olympics: Competing for a Cause 3pm Funny Money Auction 6pm Resident Sing Along	3pm Balance Clinic	24 10am Noodle-cise 11am Crossword 1pm The Village Olympics: Competing for a Cause 3pm Live Music by Sunshine String Band 6pm Five Crowns	25 I0am Balance in Action w/ Powerback Rehab II-2pm Food Truck Friday What About Waffles 3pm Happy Hour and Olympic Medal Ceremony 6pm Hillbilly Rummy	26 10am Exercise DVD 11am Open Wii Bowling 1pm Walking Club 2pm BINGO 6pm Saturday Theater Man Who Knew Too Much
	27 10am Sunday Stretch 12:15pm Sunday Dinner 2pm Group Sudoku 3:30pm Netflix Series Wild Babies	28 10am Chair Dancing w/ Sarah 11am Manicures 12:30pm Watercolor Class 3pm The Billiards Club 6pm Open Euchre	29 9:30am Outing: Dow Gardens Cart Tour 10am Hand Weights 11am Book Club 12:30pm Hawaiian Luau Welcome to Paradise! 6:30pm Did You Know?		3 I 10am Havin' a Ball with Kate 1 Iam Crossword 1pm Culinary Demo with Executive Chef Karen 3pm Cornhole 6pm Five Crowns		

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Activities are subject to change

Independence Village SENIOR LIVING