

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 10:00 Non-denominational Church Service (C) 12:00 Piano Music - Mary (DR) 6:30 Sunday Game Night (GR)	30 10:00 Walking Club (A) 10:00 Meijer Trip (O) 2:00 Cooking Adventures w/ Chef Sarra (AR) 3:30 Town Hall (AR) 6:30 Resident Run Game (AR)	1 10:00 Moving -Powerback (AR) 10:45 Men’s Coffee Hour (C) 11:00 Ladies Tea (AR) 2:00 Catholic Service - Ann (C) 3:00 Quarter BINGO (AR) 4:00 Mobile Library (V)	2 10:00 Zumba - Margie (AR) 11:00 Garden Club (CY) 1:30 Beginner Euchre (AR) 3:00 Wine Down FT: Musical Act Double Play (DR)	3 10:00 Thai Chi W/ Logan (AR) 10:30 A Cozy Cup - Shelbi (AR) 2:00 Blood Pressure Clinic (LL) 3:00 Quarter BINGO (AR) 6:15 Music in the Park: Lansing Big Band (O) 6:30 Mexican Train (GR)	4th of July 4 10:00 Chair Yoga (A) 1:30 Mahjong W/ David (GR) 1:30 Sundae Bar (DR) 6:30 Euchre (GR)	5 10:00 Jewish Service - Zoom (C) 10:30 Chair Yoga (AR) 3:00 Quarter BINGO (AR)
6 10:00 Non-Denominational Church Service (C) 12:00 Piano Music - Mary (DR) 6:30 Sunday Game Night (GR)	7 10:00 Walking Club (A) 10:00 - 2:00 Secretary of State Visit in Building (AR) 1:30 Target / Kroger Plaza (O) 3:30 Soul Food W/ Dom (AR) 3:30 Book Club (LL) 6:30 Rummikub (GR)	8 9:00 Ambassador Meeting (PD) 10:00 Moving - Powerback (AR) 10:45 Men’s Coffee Hour (C) 11:00 Ladies Tea (AR) 12:00 Piano Music - Wendy (DR) 2:00 Catholic Service - Ann (C) 3:00 Quarter BINGO (AR) 4:00 Mobile Library (V)	9 10:00 Zumba - Margie (AR) 11:00 Garden Club (CY) 1:30 Veteran’s Wall Unveiling (2 nd Floor Veteran’s Wall) 3:30 Wine Down (DR)	10 10:00 Tai Chi W/Logan (AR) 2:00 Blood Pressure Clinic (LL) 2:00 Activities Forum (AR) 3:00 Quarter BINGO (AR) 6:15 Music in the Park: Sea Cruisers (O) 6:30 Mexican Train (GR)	11 10:00 Senior Stretching (AR) 10:00 Soaring Eagle Casino (O) 1:30 Mahjong w/ David (GR) 1:30 Movie: Enchanted Cottage (AR) 4:00 Introduction to American Senior Benefits/ Medicare (AR) 6:30 Euchre (AR)	12 10:00 Chair Exercise (AR) 10:00 Jewish Service - Zoom (C) 10:00a-1:00p Sharing Saturday (AR) 3:00 Quarter BINGO (AR) 7:30 Late Night Movie W/ Chef Jerry (AR)
13 10:00 Non-Denominational Church Service (C) 12:00 Piano Music - Mary (DR) 1:30 Sundae Sundays! (DR) 6:30 Sunday Game Night (GR)	14 10:00 Beal Botanical Garden (O) 10:00 Grief Support (C) 10:30 Meijer (O) 1:30 Soap Making W Rachel (AR) 4:00 Cafe Corey (AR)	15 10:00 Moving - Powerback (AR) 10:45 Men’s Coffee Hour (C) 11:00 Ladies Tea (AR) 2:00 Catholic Service - Ann (C) 3:00 Quarter BINGO (AR) 4:00 Mobile Library (V)	16 10:00 Zumba - Margie (AR) 11:00 Garden Club (CY) 2:30 Wine Down FT. Musical Act Jack and Tess (DR)	National Hot Dog Day 17 10:00 Tai Chi W/ Logan (AR) 10:30 A Cozy Cup - Shelbi (AR) 12:00 Backyard BBQ: New Resident Celebration! (CY) 2:00 Blood Pressure Clinic (LL) 3:00 Quarter BINGO (AR) 6:30 Mexican Train (GR)	18 10:00 Yard Games (AR) 1:30 Rare Isotope Beams (O) 1:30 Movie: Father of the Bride (AR) 1:30 Mahjong w/ David (GR) 6:30 Euchre (AR)	19 10:00 Chair Exercise (AR) 10:00 Jewish Service - Zoom (C) 11:00 Garden Club (CY) 3:00 Quarter BINGO (AR)
20 10:00 Non-Denominational Church Service (C) 12:00 Piano Music - Mary (DR) 6:30 Sunday Game Night (GR)	21 10:00 Walking Club (A) 11:00 CorsoCare: Hydration Nation! (AR) 12:00 Picnic in the Park (O) 2:00 Conversations W/ Culinary (AR) 3:00 Artful Afternoon W/ Alyssa (AR)	22 10:00 Moving - Powerback (AR) 10:45 Men’s Coffee Hr. (C) 11:00 Ladies Tea (AR) 2:00 Catholic Service - Ann (C) 3:00 Quarter BINGO (AR) 4:00 Mobile Library (V)	23 10:00 Zumba - Margie (AR) 11:00 Garden Club (CY) 1:30 Beginner Euchre (AR) 3:30 Wine Down (AR) 5:15 Concert in the Park: Frog and the Beeftones (O)	24 10:00 Tai Chi W/ Logan (AR) 1:30 Wreath Making (AR) 2:00 Blood Pressure Clinic (LL) 2:00 Derby Car Building (AR) 3:00 Quarter BINGO (AR) 6:30 Mexican Train (GR)	25 10:00 Chair Bowling (AR) 10:30 Walmart (O) 1:30 Mahjong w/ David (GR) 1:30 Movie: Father of the Bride 2 (AR) 3:30 Birthday Bash (DR) 6:30 Euchre (AR)	26 10:00 Chair Exercise (AR) 10:00 Jewish Service - Zoom (C) 11:00 Garden Club (CY) 3:00 Quarter BINGO (AR) 7:30 Late Night Movie W/ Chef Jerry (AR)
27 10:00 Non-Denominational Church Service (C) 12:00 Piano Music - Mary (DR) 1:30 Sundae Sundays (DR)	28 10:00 Walking Club (A) 10:00 Meijer Outing (O) 2:00 Cooking Adventures W/ Chef Sarra (AR) 3:30 Town Hall (DR)	29 10:00 Moving - Powerback (AR) 10:45 Men’s Coffee Hr. (C) 11:00 Ladies Tea (AR) 2:00 Catholic Service - Ann (C) 3:00 Quarter BINGO (AR) 4:00 Mobile Library (V)	30 10:00 Zumba - Margie (AR) 11:00 Garden Club (CY) 1:30 Beginner Euchre (AR) 3:00 Wine Down FT: Musical Act Billy McAllister (DR)	31 10:00 Tai Chi W/ Logan (AR) 10:30 A Cozy Cup - Shelbi (AR) 12:00 Buddies (O) 2:00 Blood Pressure Clinic (LL) 2:00 Derby Car Building 3:00 Quarter BINGO (AR) 6:30 Mexican Train (GR)	1 10:00 Chair Yoga (A) 10:00 Soaring Eagle Casino (O) 1:30 Mahjong w/ David (GR) 1:30 Movie: Ghost (AR) 3:30: Pictionary (AR) 6:30 Euchre (AR)	2 10:00 Chair Exercise (AR) 10:00 Jewish Service - Zoom (C) 11:00 Garden Club (CY) 3:00 Quarter BINGO (AR)

Calender Key:
A – Atrium
AR-- Activity Room
C- Community Room

CY – Courtyard (Back)
DR-- Dining Room
FD – Front Desk
GR-- Game Room

LL-- Living Library
AV-- Apartment Visit
O-- Outing
V-- Veranda (Front)

Sign-up Sheets are by the TV outside the Activity Room.

Activities Director - Logan Reale
Shuttle Driver: Dominique Houston

Address: 5968 Park Lake Rd,
East Lansing, MI 48823

Phone:: 517-339-1532