

| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday  |
|---|--|---|--|---|--|---|
| 31<br>9:15 Catholic Communion<br>1:00 BINGO!<br>2:30 Non Denominational Christian Services  |  |   |  |   | 1<br>9:00 Catholic Mass<br>9:15 Exercise w/Powerback<br>10:30 Music w/Tom Hofer<br>1:30 BINGO!<br>3:00 Would You Rather<br>6:00 Classic Comedies | 2<br>9:15 Saturday Stretches<br>10:30 Patio & Prompts<br>1:30 Universal Yums<br>3:00 Beachball Volleyball<br>6:00 Game Night        |
| 3<br>9:15 Catholic Communion<br>10:00 Arts & Crafts<br>Watermelon Fans<br>1:00 BINGO!<br>2:30 Non Denominational Christian Services | 4<br>9:15 Move Your Body Monday<br>10:30 Let's Bake! Chocolate Chip Cookies<br>1:30 Chocolate Chip Cookie Day-Let's Eat!<br>6:00 Movie Monday                            | 5<br>9:15 Workout Circle<br>10:30 Common Threads<br>1:30 Walkabout<br>3:00 Scrabble Fun<br>6:00 Color my World  | Appointment Day 6<br>9:15 Cardio Drumming<br>10:30 Music Trivia<br>1:00 Music & Massage w/ Jeanne Blum<br>3:00 Watercolor Painting<br>6:00 Western Wednesday | 7<br>9:15 Sit and Fit<br>10:30 Trail Outing/Nature Walk<br>1:30 Manicures & Music<br>3:00 Happy Hour<br>3:30 Murray the Cat<br>6:00 In Concert                    | 8<br>9:15 Exercise w/Powerback<br>10:30 Wizard of OZ Word Games<br>1:30 BINGO!<br>3:00 Virtual Travels<br>6:00 Classic Comedies                  | 9<br>9:15 Saturday Stretches<br>10:30 Patio & Reminiscing<br>1:30 Universal Yums<br>3:00 Balloon Swat<br>6:00 Game Night            |
| 10<br>9:00 Catholic Communion<br>10:30 Red Cup Bowling<br>1:00 BINGO!<br>2:30 Non Denominational Christian Services                 | 11<br>9:15 Move Your Body Monday<br>10:30 Celebrating ELVIS<br>1:30 Let's Eat! Banana/Peanut Butter Sandwiches<br>3:00 Resident Council<br>6:00 Movie Monday-Elvis Movie | 12<br>9:15 Workout Circle (CR)<br>10:30 Finish the ELVIS Song Lyric<br>1:30 Elvis Bingo<br>3:00 Walkabout<br>6:00 Color my World                                | 13<br>9:15 Cardio Drumming<br>10:30 History of the Iowa State Fair & Trivia<br>1:00 Visit w/Jada Mae<br>1:30 State Fair Games<br>6:00 Western Wednesday      | 14<br>9:15 Sit and Fit<br>10:00 Arts & Crafts<br>1:30 Manicures and Music<br>3:00 Neil Hewitt Music Happy Hour<br>6:00 In Concert                                 | 15<br>9:15 Exercise w/Powerback<br>10:30 Trivia Challenge<br>1:30 BINGO!<br>3:00 Puzzles & Popcorn<br>6:00 Classic Comedies                      | 16<br>9:15 Saturday Stretches (MC)<br>10:30 Patio & Prompts<br>1:30 Universal Yums<br>3:00 Bags<br>6:00 Game Night                  |
| 17<br>9:00 Catholic Communion<br>10:30 Baby Boomers Recognition Day<br>1:00 BINGO!<br>2:30 Non Denominational Christian Services    | 18<br>9:15 Move Your Body Monday<br>10:00 Music w/David Watson<br>1:30 Sundaes on a Monday<br>3:00pm UNO<br>6:00 Movie Monday  | 19<br>9:15 Workout Circle<br>10:30 National Aviation Day-Making Paper Airplanes<br>1:30 Paper Airplane Races<br>3:00 History of Aviation<br>6:00 Color my World | Appointment Day 20<br>9:15 Cardio Drumming<br>10:30 Lions King of the Jungle<br>1:30 Shooting Pool<br>3:00 Anagrams<br>6:00 Western Wednesday                | 21<br>9:15 Sit and Fit<br>10:30 Dog Day Guessing Game<br>1:30 Manicures and Music<br>3:00 Happy Hour<br>3:30 Visit w/Murray the Cat<br>6:00 In Concert            | 22<br>9:15 Exercise w/Powerback (C<br>10:00 Jim Quales Music<br>1:30 BINGO!<br>3:00 Golf<br>6:00 Classic Comedies                                | 23<br>9:15 Saturday Stretches (MC)<br>10:30 Patio & Reminiscing<br>1:30 Universal Yums<br>3:00 Would you Rather!<br>6:00 Game Night |
| 24<br>9:00 Catholic Communion (C<br>10:30 BAGS<br>1:00 BINGO!<br>2:30 Non Denominational Christian Services                         | 25<br>9:15 Move Your Body Monday<br>10:00 Making Icebox Lemon Pie<br>1:30 Let's Eat!<br>3:00 Bill Lawyer Music<br>6:00 Movie Monday (T)                                  | 26<br>9:15 Workout Circle<br>10:30 Art Center Outing<br>1:30 Let's Create!<br>3:00 Short Story<br>6:00 Color My World   | Appointment Day 27<br>9:15 Cardio Drumming (CR)<br>10:30 What's the Verdict?<br>1:00 Visit w/Jada Mae (TC)<br>3:00 UNO<br>6:00 Western Wednesday (T)         | 28<br>8:30 Coffee and Treats (FF)<br>9:15 Sit and Fit (CR)<br>10:30 Opposites Attract<br>1:30 Nails by Donna (S)<br>3:00 August Birthday/New Residents Happy Hour | 29<br>9:15 Exercise w/Powerback (CR)<br>10:30 Short Story<br>1:30 BINGO! (CR)<br>3:00 Beachball Fun!   | 30<br>9:15 Saturday Stretches (MC)<br>10:30 Patio & Reminiscing<br>1:30 Universal Yums<br>3:00 Golf<br>6:00 Game Night              |