

Southwick Village			August 2025			
Independent Living Assisted Living		Life Enrichment Monthly Calendar			Activities are subject to change	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 10:00 Chalice of Salvation-YRM 2:00 Movie & Popcorn-THE 4:00 Shoot Pool-BRM 6:00 Cards Player’s Choice-CAF	28 10:00 Open Art Studio-CRM 1:00 Show & Tell is Back -CAF 2:00 Bingo-COM 6:00 Nature Documentary-CRM	29 1:30 Strength Class-YRM 2:00 Balance Class-YRM 2:00 SWCK Stitchers-CAF 6:00 Cards-Player’s Choice-CAF	Remembrance Group 1 10:00 Walk with your Neighbors-POR 12:45 Chair Yoga-YRM 3:45 Summer Prayer Group-THE 6:30 Remembrance Group-THE	31 9:00 Shopping-RT Westfield van*** 2-4 Bridge Club-COM 1:30 Strength Exercise-YRM 2:00 Balance Exercise-YRM 6:30 Dominos with K & R-COM	1 10:00 Walk the Community -POR 1:00 Shoot Pool-BRM 2:30 Entertainment by Memory Lane - COM 6:00 Cards Player’s Choice-CAF	2 10:00 Coffee Social-COM 1:30 Movie with Popcorn-THE 4:00 Open Art Studio-CRM 6:00 Cards-Player’s Choice-CAF
3 10:00 Chalice of Salvation-YRM 2:00 Movie & Popcorn-THE 4:00 Shoot Pool-BRM 6:00 Cards Player’s Choice-CAF	National Watermelon 4 Day 10:00 Get your “Power Back” Exercise Class”-YRM 2:00 Bingo-COM 3:00 Watermelon Treat-C 6:00 Documentary-THE	5 10:00 Communion-THE 10:00 Art Class w/ Denise-YRM 1:30 Strength Class-YRM 2:00 Balance Class-YRM 2:00 SWCK Stitchers-CAF 6:00 Cards-your choice-CAF	6 10:00 Walk with Your Neighbors-POR 12:45 Chair Yoga-YRM 3:45 Summer Prayer Group-THE 6:00 Scrabble-BRM	7 9:00 Shopping-RT -Westfield Van*** 12-4 Bridge Club-COM 1:00-3:00 New Ears w/ Gary-PDR (Appts at Desk) 1:30 Strength Exercise-YRM 2:00 Balance Exercise-YRM 6:30 Dominos K & R-COM	8 9:00 Chair Zumba-YRM 1:00 Shoot Pool-BRM 2:30 Movie and Snacks - THE 6:00 Cards-Player’s Choice-CAF	9 10:00 Coffee Social-COM 1:30 Movie & Popcorn-THE 4:00 Open Art Studio-CRM 6:00 Cards-Players Choice-CAF
10 10:00 Chalice of Salvation-YRM 2:00 Movie & Popcorn-THE 4:00 Shoot Pool-BRM 6:00 Cards Player’s Choice-CAF	11 10:00 Open Art Studio-CRM 11:00 Get your “Power Back” Exercise Class-YRM 2:00 Bingo-COM 3:00 Tea & Topics-COM 6:00 Documentary-THE	12 10:00 Communion-THE 1:30 Strength Class-YRM 2:00 Balance Class-YRM 2:00 SWCK Stitchers-CAF 6:00 Cards-your choice-CAF	13 9:30 Walk with your Neighbors-POR 10:30 Resident Forum-COM 12:45 Chair Yoga-YRM 3:45 Summer Prayer Group-THE 6:00 Scrabble-BRM	14 9:00 Shopping-RT -Westfield Van*** 12-4 Bridge Club-COM 1:30 Strength Exercise-YRM 2:00 Balance Exercise-YRM 6:30 Dominos K & R-COM	15 9:00 Essential Oils and Relaxation-YRM 1:00 Book Club-CAF 2:30 Agawam Melody Band-COM 6:00 Cards-Player’s Choice-CAF	16 10:00 Coffee Social-COM 1:30 Movie & Popcorn-THE 4:00 Open Art Studio-CRM 6:00 Cards-Players Choice-CAF
17 10:00 Chalice of Salvation-YRM 2:00 Movie & Popcorn-THE 4:00 Shoot Pool-BRM 6:00 Cards Player’s Choice-CAF	18 10:00 Open Art Studio-CRM 11:00 Get your “Power Back” Exercise Class-YRM 2:00 Bingo-COM 2:30 Happy Hours w/ Sarah the Fiddler-COM 6:00 Documentary-THE	9:50 MGM Casino Trip*** 19 10:00 Communion-THE 10:45 Cultural Spotlight Series-England-CAF 1:30 Strength Class-YRM 2:00 Balance Class-YRM 2:00 SWCK Stitchers-CAF 6:00 Cards-your choice-CAF	Remembrance Group 20 10:00 Walk with your Neighbors-POR 12:45 Chair Yoga-YRM 3:45 Summer Prayer Group-THE 6:30 Remembrance Group-THE	21 9:00 Shopping-RT -Southwick Van*** 12-4 Bridge Club-COM 1:30 Strength Exercise-YRM 2:00 Balance Exercise-YRM 6:30 Dominos K & R-COM	22 9:00 Chair Yoga-YRM 1:00 Book Club-CAF 2:30 Two Truths and a Lie-COM 6:00 Cards-Player’s Choice-CAF	23 10:00 Coffee Social-COM 1:30 Movie & Popcorn-THE 4:00 Open Art Studio-CRM 6:00 Cards-Players Choice-CAF
24 10:00 Chalice of Salvation-YRM 2:00 Movie & Popcorn-THE 4:00 Shoot Pool-BRM 6:00 Cards Player’s Choice-CAF	25 10:00 Open Art Studio-CRM 10:30 Donna Jewelry Lady-CAF 11:00 Get your “Power Back” Exercise Class-YRM 2:00 Bingo-COM 3:30 Current Events-COM 6:00 Documentary-THE	26 10:00 Communion-THE 10:45 Cultural Spotlight Series-Haiti-CAF 1:30 Strength Class-YRM 2:00 Balance Class-YRM 2:00 SWCK Stitchers-CAF 6:00 Cards-your choice-CAF	27 10:00 WWalk with your Neighbors-POR 12:45 Chair Yoga-YRM 3:45 Summer Prayer Group-THE 6:00 Scrabble-BRM	28 9:00 Shopping-RT -Westfield Van*** 11:30 Resident Show & Tell-CRM 12-4 Bridge Club-COM 1:30 Strength Exercise-YRM 2:00 Balance Exercise-YRM 6:30 Dominos K & R-COM	August Birthday Party 29 9:00 Chair Yoga-YRM 1:00 Book Club-CAF 2:30 August Birthday Party – Irv & Shannon Entertainment-COM	30 10:00 Coffee Social-COM 1:30 Movie & Popcorn-THE 4:00 Open Art Studio-CRM 6:00 Cards-Players Choice-CAF
Calender Key: BRM-Billiard’s Room CAF – Café CLH-Club House		CRM-Craft Room DH-Dublin House POR-Front Porch THE-Theater	ASL-Assisted Living COM-Community Room	Executive Director: Christie Tanguay	*** Denotes activity that requires advanced signup Like us on Facebook!	Address: 802 College Hwy, Southwick, MA 01077 Phone: 413-729-3335
						SOUTHWICK VILLAGE RESIDENTIAL LIVING