

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|---|--|
| <div>31</div> <div>10:00 Seated Stretches 10:45 Noodle Ball 11:30 Household Reminiscing 1:30 Sunday Social 2:30 The Perk 3:00 Spiritual Eldercare Video Church Service</div> | | | | | <div>1</div> <div>10:30 Danbury Drummers Cardio Exercise 11:30 Finish the Phrase 1:45 Jigsaw Puzzle Time 2:00 Chair Volleyball in AL 2:30 Uno Card Game 3:45 The Perk 6:00 Friday Night Flick</div> | <div>2</div> <div>World Coloring Day 10:30 Saturday Stretches 11:00 Noodle Ball 11:45 August Fun Facts 1:45 Popsicles in the Courtyard 2:30 The Perk 3:00 Adult Coloring Mural 7:00 "Lawrence Welk" (TV ch.16)</div> |
| <div>3</div> <div>Birthdate of Singer Tony Bennett 10:00 Seated Stretches 10:45 Parachute Fun 11:30 Photo Reminiscing 1:30 Painting Sunflower Ornaments 2:30 The Perk 3:00 Spiritual Eldercare Video Church Service 4:00 Tony Bennett Sing Along</div> | <div>4</div> <div>9:45 Fifties Sing Along 10:30 Monday Movement 11:30 Whiteboard Games 1:30 Courtyard Conversations 3:00 Redecorate the Seasonal Tree 3:45 The Perk 4:15 Hand Massages 6:30 Indoor Stargazing</div> | <div>5</div> <div>*10:00 Catholic Rosary in AL 10:30 Keep It Moving 11:00 Bridgetown Music and Movement 1:30 Golden Memories 2:45 Bible Study 3:45 The Perk 6:00 Nature Sounds for Relaxation</div> | <div>6</div> <div>9:45 Jigsaw Puzzles 10:30 Junk Drawer Detective 11:00 Exercise with Lauryn from Total Care Therapy 1:30 Reminiscence Dice Game 2:15 Guessing Game 3:00 Bingo 3:45 The Perk 6:15 Adult Coloring</div> | <div>7</div> <div>10:30 Interactive Music Session with Senior Music Connection 11:45 Trivia Talk 1:45 Toss Game 3:00 Thirsty Thursday 4:00 Keep It Moving 5:00 The Perk 6:15 "I Love Lucy"</div> | <div>8</div> <div>10:30 Danbury Drummers Cardio Exercise *11:00 Brukner Nature Center program in AL 11:30 Word Games 1:45 Sunshine Social 2:00 Chair Volleyball in AL 2:30 Name that Tune 3:45 The Perk 6:00 Friday Night Flick</div> | <div>9</div> <div>10:30 Saturday Stretches 11:00 Kickball 11:45 Dot Art 1:30 Ice Cream Truck- Traveling 2:30 The Perk 3:00 Lifelong Learning: Trains 7:00 "Lawrence Welk" (TV ch.16)</div> |
| <div>10</div> <div>10:00 Seated Stretches 10:45 Noodle Ball 11:30 Household Reminiscing 1:30 Sunday Social 2:30 The Perk 3:00 Spiritual Eldercare Video Church Service</div> | <div>11</div> <div>Melon Monday 9:45 Favorites Sing Along 10:30 Monday Movement 11:30 Hearthside Book Club 1:45 Keep it Moving 2:30 Melon Snack 3:45 The Perk 4:15 Ladies' Nail Polish 6:30 Indoor Stargazing</div> | <div>12</div> <div>*10:00 Catholic Rosary in AL 10:30 Wheel of Fortune 11:00 Bridgetown Music and Movement 1:45 Courtyard Conversations 2:45 Bible Study 3:45 The Perk 6:00 Nature Sounds for Relaxation</div> | <div>13</div> <div>9:45 True/False Trivia 10:30 Junk Drawer Detective 11:00 Exercise with Lauryn from Total Care Therapy 1:30 Reminiscence Dice Game 2:15 Pause for Poetry 3:00 Bingo 3:45 The Perk 6:15 Adult Coloring</div> | <div>14</div> <div>10:30 11:45 Bean Bag Toss Game 1:00 Finish the Phrase 1:45 Tabletop Balloon Bop 3:00 Thirsty Thursday 4:00 Kickball 5:00 The Perk 6:15 "Andy Griffith Show"</div> | <div>15</div> <div>10:30 Danbury Drummers Cardio Exercise *Men's Luncheon in AL 11:30 Make a Word 1:00 Free Shopping Outing with Huber Community Cares 2:00 Chair Volleyball in AL 3:45 The Perk 6:00 Friday Night Flick</div> | <div>16</div> <div>10:30 Saturday Stretches: Resistance Bands 11:00 Swat the Fly 11:45 Fill in the Blank 1:45 Ring Toss 2:30 The Perk 3:00 Dayton History 7:00 "Lawrence Welk" (TV ch.16)</div> |
| <div>17</div> <div>10:00 Chair Yoga 10:45 Parachute Fun 11:30 Puzzle Pals 1:30 Dot Art 2:30 The Perk 3:00 Spiritual Eldercare Video Church Service</div> | <div>18</div> <div>9:45 Hymns Sing Along 10:30 Monday Movement 11:00 Hearthside Book Club 1:45 Keep it Moving 2:30 Golden Memories 3:45 The Perk 4:15 Hand Massages 6:30 Indoor Stargazing</div> | <div>19</div> <div>*10:00 Catholic Rosary in AL 10:30 Finish the Phrase 11:00 Bridgetown Music and Movement 1:45 Toss Game 2:45 Bible Study 3:45 The Perk 6:00 Spa Music for Relaxation</div> | <div>20</div> <div>Birthdate of NFL 9:45 Football I Spy 10:30 NFL Word Games 11:00 Exercise with Lauryn from Total Care Therapy 1:45 Football Flick Game 2:30 Football Dot Art 3:45 The Perk 4:15 Funny Football Videos 6:15 Adult Coloring: Football</div> | <div>21</div> <div>Sunflower Day 10:30 Interactive Music Session with Senior Music Connection 11:45 Flower Matching Game 1:45 3D Sunflower Pictures 3:00 Thirsty Thursday 4:00 Flower Jigsaw Puzzle 4:30 The Perk 6:15 "Carol Burnett"</div> | <div>22</div> <div>10:30 Danbury Drummers Cardio Exercise 11:30 Finish the Phrase 1:45 Jigsaw Puzzle Time 2:00 Chair Volleyball in AL 2:30 Uno Card Game 3:45 The Perk 6:00 Friday Night Flick</div> | <div>23</div> <div>10:30 Saturday Stretches 11:00 Kickball 11:45 Finish the Phrase 1:45 Keep it Moving 2:30 The Perk 3:00 Travelogue 7:00 "Lawrence Welk" (TV ch.16)</div> |
| <div>24</div> <div>10:00 Seated Stretches 10:45 Noodle Ball 11:30 Dice Reminiscing Game 1:30 Sunday Social 2:30 The Perk 3:00 Spiritual Eldercare Video Church Service</div> | <div>25</div> <div>9:45 Sing Along 10:30 Monday Movement 11:00 Hearthside Book Club 1:45 Tabletop Balloon Bop 2:00 Horse Race Game 3:45 The Perk 4:15 Ladies' Nail Polish 6:30 Indoor Stargazing</div> | <div>26</div> <div>*10:00 Catholic Rosary in AL 10:30 Wheel of Fortune 11:00 Bridgetown Music and Movement 1:45 Courtyard Conversations 2:45 Bible Study 3:45 The Perk 6:00 Nature Sounds for Relaxation</div> | <div>27</div> <div>9:45 A-mazing Puzzle 10:30 11:00 Exercise with Lauryn from Total Care Therapy 1:30 Reminiscence Dice Game 2:15 Sing Along with Rebel 3:00 Bingo 3:45 The Perk 4:30 Golden Memories 6:15 Adult Coloring</div> | <div>28</div> <div>10:30 Kick Ball 11:00 Junk Drawer Detective 1:45 Outing: Ice Cream 3:00 Thirsty Thursday 4:00 Keep It Moving 5:00 The Perk 6:15 "Leave it to Beaver"</div> | <div>29</div> <div>10:30 Danbury Drummers Cardio Exercise 11:30 Finish the Phrase 1:45 Horse Race Game 2:00 Chair Volleyball in AL 2:30 Uno Card Game 3:45 The Perk 6:00 Friday Night Flick</div> | <div>30</div> <div>10:30 Saturday Stretches: 11:00 Kickball 11:45 Finish the Phrase 1:45 Keep it Moving 2:30 The Perk 3:00 Lifelong Learning: Dogs 7:00 "Lawrence Welk" (TV ch.16)</div> |