

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day 10:45 Courtyard Chicken Soup Stories (CY) 12:00 Labor Day Buffet (MDR) 1:00 Live Entertainment with Mr. B (MC) 5:30 Grab & Go Daily Chronicle	2 10:15 MOTIVATED Moving Group Exercise 1:00 Live Entertainment with the Wagner Duo (TH) 1:30 Outing: Memory Cafe 3:00 Watercolor Workshop 5:30 Tone Down Tuesday	3 10:15 Weights & Stretching 1:00 Candy Bar Bingo 3:00 Coaster Art 5:30 Spa Night- Manicures & Hand Massages	4 10:15 Seated Zumba 1:00 September Birthday Bash 3:00 Do Re Mi Hot Potato 5:30 Grab & Go Word Games	5 10:15 Cardio Drumming 2:00 Chiropractic Chat with Dr. Nic Mueller (TH) 3:00 Happy Hour & A-Z Occupational TRIVIA 5:30 Movie Night: The Bucket List	6 10:30 Coffee Chats & Daily Chronicle 12:30 Chicken Soup Stories 2:15 Game Hour: Yahtzee 5:30 Aromatherapy & Relaxing
Bi-Annual Week 10:15 Sunday Devotional & Streamed Church Service 1:15 Spa Day Sunday 3:15 The Crown Series 5:30 Evening Tea Time	8 10:15 Active Fitness 1:00 Fashion Through the Years Presentation (TH) 3:00 Resident Show & Share-Outfits Through Time 5:30 Monday Night Mindfulness	9 10:15 Seated Yoga & Stretching 1:30 Outing: UMMA 2:00 Meet me with Art Presentation (TH) 3:00 Chicken Soup Stories 5:30 Tone Down Tuesday: Relaxing Music	10 9:00 Waffle Wednesday (MDR) 10:15 Weights & Stretching 2:00 Kitchen Appliances Through the Years (B) 3:00 Before or After 1950s 5:30 Spa Night- Manicures & Hand Massages	11 10:15 Seated Line Dancing 1:00 Orphan Car- History of Car Development Presentation with Rick Thomas (TH) 3:00 Gifts for Car Show Participants 5:30 Grab & Go Word Games	12 10:15 Cardio Drumming 1:00- 4:00 Bi-Annual Bash (ICY) <ul style="list-style-type: none">Car ShowMusic Through the Years with Cary KocherFood from Different Time Periods	13 10:30 Coffee Chats & Daily Chronicle 12:30 Coloring Corner 2:15 Game Hour: You Laugh You're Out 5:30 Aromatherapy & Relaxing
14 10:15 Sunday Devotional & Streamed Church Service 1:15 Spa Day Sunday 3:15 The Crown Series 5:30 Evening Tea Time	15 10:15 Active Fitness 1:00 Live Entertainment with Billy McAllister (TH) 3:15 UNO 5:30 Monday Night Mindfulness	16 10:15 MOTIVATED Moving Group Exercise 1:30 Outing: Domino's Farm Petting Zoo 3:00 GRAND Word Games 5:30 Tone Down Tuesday: Conversation Cards	17 10:15 Weights & Stretching 1:00 Candy Bar Bingo 3:00 Hungry Hungry Hippos 5:30 Spa Night- Manicures & Hand Massages	18 10:15 Seated Zumba 1:30 Musical Theatre Lecture Series- How to Succeed in Business Without Really Trying (TH) 3:00 Pipe Cleaner Flower Art 5:30 Grab & Go Word Games	19 10:15 Cardio Drumming 1:00 Veteran's Coffee Hour with American Legion Post 46 1:00 Coloring Corner 3:00 Conversation Cards 5:30 Movie Night: Grumpy Old Man	20 10:30 Coffee Chats & Daily Chronicle 12:30 Chicken Soup Stories 2:15 Game Hour: UNO 5:30 Aromatherapy & Relaxing
21 10:15 Sunday Devotional & Streamed Church Service 1:00 Live Entertainment with Harpist, Rebecca Swett (MC) 3:15 The Crown Series 5:30 Evening Tea Time	22 10:15 Active Fitness 1:00 Karaoke Hour 3:00 Minute to Win it Games 5:30 Monday Night Mindfulness	23 10:15 Seated Yoga & Stretching 1:30 Outing: Wiard's Country Market 3:00 Chicken Soup Stories 5:30 Tone Down Tuesday: Word Games	24 10:15 Weights & Stretching 1:00 Chef Adam's Culinary Showcase (MC) 3:00 Candy Bar Bingo 5:30 Spa Night- Manicures & Hand Massages	25 10:15 Seated Line Dancing 1:00 Branching Out Door Decor 3:00 Game Hour: Yahtzee 5:30 Grab & Go Word Games	26 10:15 Cardio Drumming 1:00 Craft Corner: Paint Bells 3:00 Welcome Fall Happy Hour (MC) 5:30 Movie Night: Best Exotic Marigold Hotel	27 10:30 Coffee Chats & Daily Chronicle 12:30 Puzzles & Music 2:15 Game Hour: Drop Cup 5:30 Aromatherapy & Relaxing
28 10:15 Sunday Devotional & Streamed Church Service 1:15 Spa Day Sunday 3:15 The Crown Series 5:30 Evening Tea Time	29 10:15 Active Fitness 1:00 Live Entertainment with Steve Kovich(TH) 3:00 Minute it Win it Games 5:30 Monday Night Mindfulness	30 10:15 MOTIVATED Moving Group Exercise 1:30 Outing: Quickly Boba 3:30 Mix & Mingle in Memory Care- Coffee & Conversation (MC) 5:30 Tone Down Tuesday: Calm Coloring				