## Independence Village of Midland

## August 2025

Independent Living

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	11
10am Sunday Stretch 12:15pm Sunday Dinner 2pm Outing: Mall Walking with Terry 3:30pm Netflix Series: Absurd Planet					I I0am Balance in Action w/ Powerback Rehab I Iam Lunch Outing to Risers Kitchen 3pm Happy Hour 6pm Hillbilly Rummy	I 0am Noodle-cise I Iam Open Wii Bowling Ipm Walking Club 3pm BINGO 6pm Saturday Theater When Harry Met Sally	
10am Sunday Stretch 12:15pm Sunday Dinner 2pm Outing: Mall Walking with Terry 3:30pm Netflix Series: Absurd Planet	I 0am Yoga w/ Sarah I 2:30pm Watercolor Class 3pm Calendar Review and Brainstorm w/ Katie 6pm Open Euchre	9:30am Outing: Dow Gardens 10am Hand Weights 11am Group Sudoku 1pm Tea Time Gathering 3pm Nature Presentation Michigan Pollinators 6:30pm Did You Know?	I 0am Kickboxing 10:30am Catholic Communion I Iam Outing: Farmer's Market I Iam Women's Bible Study Ipm The Crafter's Guild 3pm Live Music by Twilight Tunes	7 10am Noodle-cise 11am Crossword 12:30pm Diamond Art Project: Coasters 3pm Wine & Cheese Sampling 6pm Five Crowns	I 0am Balance in Action I Iam Manicures I 2:30pm Meet & Greet:	10am Exercise DVD I Iam Open Wii Bowling Ipm Bocce Ball 3pm BINGO 6pm Saturday Theater I7 Again	110
I 0 I 0am Sunday Stretch I I am-2pm The Sunday Brunch Buffet 2:30pm Outing to Great Lakes Ice Cream Company 3:30pm Netflix Series: Absurd Planet	I I  I Oam Chair Dancing w/ Sarah I Iam Train Your Brain I 2:30pm Watercolor Class 3pm The Billiards Club 6pm Open Euchre	I Dam Hand Weights I Iam Group Sudoku I 2:30pm MI Soda Parlor 3pm Resident Forum 6pm Resident Sing Along	10am Cardiomelon 10:30am Catholic Communion 11am Women's Bible Study 1pm The Crafter's Guild 2-3pm Let's Get It Poppin' 3pm Floral Arranging 101 By: Hannah's Flowers	I 0am Noodle-cise I Iam Crossword Ipm Wheel of Fortune 3pm Live Music by John and Andy 6pm Five Crowns	I Dam Balance in Action w/ Powerback Rehab I Iam Manicures Ipm Pictionary 3pm Happy Hour 6pm Hillbilly Rummy	I 0am Noodle-cise I Iam Open Wii Bowling Ipm Walking Club 3pm BINGO 6pm Saturday Theater Mama Mia	
10am Sunday Stretch 12:15pm Sunday Dinner 2pm Outing: Mall Walking with Terry 3:30pm Netflix Series: Absurd Planet	9:30am Outing: Nature Center Golf Cart Tour I 0am Yoga w/ Sarah I 2:30pm Watercolor Class 3pm Informational Session w/ Midland Recyclers 6pm Open Euchre	I 0am Hand Weights I Iam Group Sudoku I 2:30pm The Freeze Dried Flavor Face-Off 3pm Funny Money Auction 6:30pm Did You Know?	10am Kickboxing 10:30am Catholic Communion 11am Outing: Farmer's Market 11am Women's Bible Study 1pm The Crafter's Guild 3pm Volleyball	I 10am Havin' a Ball with Kate I Iam Worship Service with Memorial Presbyterian Ipm Culinary Demonstration w/ Executive Chef Karen 6:30pm Summer Concert Series Cool Lemen Jazz	I0am Balance in Action w/ Powerback Rehab I1-2pm Food Truck Friday Chuck N Eddys Stone Pizza 3pm Happy Hour 6pm Hillbilly Rummy	10am Exercise DVD I Iam Open Wii Bowling Ipm Cornhole 3pm BINGO 6pm Saturday Theater Instant Family	
10am Sunday Stretch 12:15pm Sunday Dinner 2pm Outing: Mall Walking with Terry 3pm Live Music by the Midland Sax Quartet	10am Chair Dancing w/ Sarah 11am Train Your Brain 12:30pm Watercolor Class 3pm The Billiards Club 6pm Open Euchre	Alzheimer's Bake Sale 26 10am Hand Weights 11am Book Club 3pm Live Music by Wanda and Dan 6:30pm Outing to the Loon's Baseball Game	10am Exercise w/ Ashley 10:30am Catholic Communion I Iam Women's Bible Study Ipm The Crafter's Guild 2-3pm Let's Get It Poppin' 3pm Vitality Checks with Powerback Rehab	9:30am Outing: Dow Gardens 10am Noodle-cise 11am Crossword 1pm The Crafting Corner 6pm Five Crowns	I Oam Balance in Action w/ Powerback Rehab I Iam Manicures 3pm 'Anything But A Cup' Happy Hour 6pm Hillbilly Rummy	10am Noodle-cise 11am Open Wii Bowling 1pm Walking Club 3pm BINGO 6pm Saturday Theater The Great Outdoors	

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