Independence	Village of Ankeny
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## September 2025 Life Enrichment Monthly Calendar

Memory Care Life E

Activities are subject to change

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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:15 Move Your Body Monday 10:30 What Job is It? 1:00 Balloon Volleyball 3:00 UNO 6:00 Movie Monday	9:15 Workout Circle 10:30 Scenic Drive Bingo 1:30 Arts & Crafts-Apple Ornament 3:00 Our Favorite Songs 6:00 Color My World	9:15 Cardio Drumming 10:30 What's Cooking! Apple Crisp in the Crockpot 1:00 Music & Massage w/ Jeanne Blum 3:00 Scrabble 6:00 Western Wednesday	<ul><li>10:00 Apple Tasting</li><li>1:30 Manicures &amp; Music</li><li>3:00 Tailgate Happy Hour</li></ul>	9:15 Exercise w/Powerback 10:30 Tom Hofer 1:30 Short Story 3:00 Patio & Reminiscing 6:00 Classic Comedies	9:15 Saturday Stretches 10:30 Bible Study w/Kait 1:30 Trivia Challenge 3:00 Universal Yums 6:00 Game Night
	9:00 Catholic Communion <b>7</b> 10:30 Happy Birthday Buddy Holly 1:00 Bingo 2:30 Non Denominational Christian Services 6:00 Puzzles	Dress Like Your SO 8 9:15 Move Your Body Monday 10:30 Fashion throughout the Ages 1:00 Who Wears it Better! 3:00 Your Grand mobile cart 6:00 Movie Monday	I0:30 Throw your Hat into the Ring II:45 Lunch Bunch: Hickory Park 3:00 Arts & Crafts	10:30 What's Cooking!	9:15 Sit and Fit 10:30 Beanbag Baseball 1:30 Manicures & Music 3:30 Cards & Dice 6:00 In Concert	Floral Friday   2 9:15 Exercise w/Powerback (C 10:30 Autumn Flower Arranging 1:30 Paul Healy Music 3:00 Patio & Prompts 6:00 Classic Comedies	9:15 Saturday Stretches 10:30 Bible Study w/Kait 1:30 Trivia Challange 3:00 Universal Yums 6:00 Game Night
l	9:00 Catholic Communion 10:30 Red Cup Bowling 1:00 Bingo 2:30 Non Denominational Christian Services 6:00 Puzzles	9:15 Move Your Body Monday 10:00 Blank Park Zoo 1:30 The Fantastic Fox 3:00 JENGA 6:00 Movie Monday	I0:30 Rick Ludwig Music I:30 Arts & Crafts/Feather & Sponge Painting 3:00 What am I?	9:15 Cardio Drumming 10:30 What's Cooking! Apple Salad 1:00 Visit w/Jada Mae 3:00 Resident Council 6:00 Western Wednesday	<ul><li>10:00 What's that Sound?</li><li>12:30 Manicures &amp; Music</li><li>3:00 New Resident/Birthday</li></ul>	9:15 Exercise w/Powerback 10:30 Who am I? 1:30 UNO 3:00 Patio & Reminiscing 6:00 Classic Comedies	9:15 Saturday Stretches 10:30 Bible Study w/Kait 1:30 Trivia Challenge 3:00 Universal Yums 6:00 Game Night
	9:00 Catholic Communion 10:30 1:00 Bingo 2:30 Non Denominational Christian Services 6:00 Puzzles	Innovation Ignition 22 9:15 Move Your Body Monday 10:30 Then & Now Tech Demo 1:30 VR Interactive Demo 3:00 Invention Wall Addition 6:00 Movie Monday	3:00 Cars and Coffee 1:30 IA Transportation Museum Outing 1:30 Show & Tell Travel Stories	Home Sweet Home 24 9:15 Cardio Drumming (CR) 10:30 Home Hack Stories 1:30 Decorate Recipe Cards 3:00 Mobile Cart-Retro Kitchen Gadgets and food sampling 6:00 Western Wednesday	9:15 Sit & Fit 10:30 Speaker: Heath Innovation Through Time 1:30 Manicures & Music 3:00 Nurse Nina-nursing demo	<ul><li>10:30 Bootleg BINGO!</li><li>1:30 The Innovation Speakeasy</li></ul>	9:15 Saturday Stretches (MC) 10:30 Bible Study w/Kait 1:30 Trivia Challange 3:00 Universal Yums 6:00 Game Night
		10:00 Arie Den Boer Arboretum 1:30 Arts & Crafts-Leaf Painting 3:30 Apple Cider & Autumn	9:15 Workout Circle 10:30 Finish the Line 1:30 Arts & Crafts 3:00 Billiards & Root Beer 6:00 Color my World	•			
1	Calendar Key Theatre (T)	Game Room (GR)	First Floor Fireplace (FF)	Memory Care Neighborhood	Salon (S)		Independence

Private Dining Room (PD)

Community Room (CR)

Game Room (GR)

Dining Room (DR)

Town Center (TC)

First Floor Fireplace (FF)
Second Floor Fireplace (SF)
At Your Door (YD)

Memory Care Neighborhood Salon (MC)
Community Outing (CO)

Independence Village SENIOR LIVING