

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day 1 10:45 Courtyard Chicken Soup Stories (CY) 12:00 Labor Day Buffet (MDR) 1:00 Live Entertainment with Mr. B 6:15 Monday Night Music:	2 11:00 MOTIVATED Moving Group Exercise 1:30 Outing: Memory Cafe 3:45 Watercolor Workshop 6:15 Tone Down Tuesday: Calm Coloring	3 11:00 Weights & Stretching 1:45 Finishing Lines 3:45 Coaster Art 6:15 Spa Night- Manicures & Hand Massages	4 11:00 Seated Zumba 1:00 September Birthday Bash (AL) 3:45 Do Re Mi Hot Potato 6:15 Thursday Night Travelogue: Vermont	5 11:00 Cardio Drumming 1:45 Sing Along 3:45Happy Hour & A-Z Occupational TRIVIA 5:30 Movie Night: The Bucket List	6 11:00 Coffee Chats & Daily Chronicle 1:15 Chicken Soup Stories 2:45 Game Hour: Yahtzee 5:30 Aromatherapy & Relaxing
Bi-Annual Week 7 10:45 Sunday Devotional & Streamed Church Service 2:00 Spa Day Sunday 4:00 The Crown Series 5:30 Evening Tea Time	8 11:00 Active Fitness 2:00 Fashion Through the Years Presentation 3:45 Name that Trend 5:30 Monday Night Music: Decades	9 11:00 Seated Yoga & Stretching 1:30 Outing: UMMA 3:45 Chicken Soup Stories 6:15 Tone Down Tuesday: Relaxing Music	10 9:00 Waffle Wednesday (MDR) 11:00 Weights & Stretching 2:00 Kitchen Appliances Through the Years (B) 3:45 Before or After 1950s 6:15 Spa Night- Manicures & Hand Massages	11 11:00 Seated Line Dancing 1:45 History of Car Development Presentation 3:45 Gifts for Car Show Participants 6:15 Thursday Night Travelogue: Buffalo	12 11:00 Cardio Drumming 1:00- 4:00 Bi-Annual Bash (ICY) <ul style="list-style-type: none">• Car Show• Music Through the Years with Cary Kocher• Food from Different Time Periods	13 11:00 Coffee Chats & Daily Chronicle 1:15 Coloring Corner 2:45 Game Hour: You Laugh You're Out 5:30 Aromatherapy & Relaxing
14 10:45 Sunday Devotional & Streamed Church Service 2:00 Spa Day Sunday 4:00 The Crown Series 5:30 Evening Tea Time	15 11:00 Active Fitness 2:30 Happy Hour with Billy McAllister (TH) 4:00 UNO 5:30 Monday Night Music:	16 11:00 MOTIVATED Moving Group Exercise 1:30 Outing: Domino's Farm Petting Zoo 3:45 GRAND Word Games 6:15 Tone Down Tuesday: Conversation Cards	17 11:00 Weights & Stretching 1:45 Finishing Lines 3:45 Hungry Hungry Hippos 5:30 Spa Night- Manicures & Hand Massages	18 11:00 Seated Zumba 1:45 The History of Musical Theatre Presentation 3:45 Pipe Cleaner Flower Art 6:15 Thursday Night Travelogue: New Jersey	19 11:00 Cardio Drumming 1:00 Family Day Outing: Debuck's Fall Fest 3:45 Conversation Cards 5:30 Movie Night: Grumpy Old Man	20 11:00 Coffee Chats & Daily Chronicle 1:15 Chicken Soup Stories 2:45 Game Hour: UNO 5:30 Aromatherapy & Relaxing
21 10:45 Sunday Devotional & Streamed Church Service 1:00 Live Entertainment with Harpist, Rebecca Swett (MC) 4:00 The Crown Series 5:30 Evening Tea Time	22 11:00 Active Fitness 1:45 Karaoke Hour 3:45 Minute to Win it Games 5:30 Monday Night Music:	23 11:00 Seated Yoga & Stretching 1:45 Outing: Wiard's Country Market 3:45 Chicken Soup Stories 6:15 Tone Down Tuesday: Word Games	24 11:00 Weights & Stretching 1:00 Chef Adam's Culinary Showcase 3:45 Finishing Lines 5:30 Spa Night- Manicures & Hand Massages	25 11:00 Seated Line Dancing 1:45 Branching Out Door Decor 3:45 Game Hour: LCR 6:15 Thursday Night Travelogue: Baltimore	26 11:00 Cardio Drumming 1:45 Coloring Corner 3:00 Welcome Fall Happy Hour 5:30 Movie Night: Best Exotic Marigold Hotel	27 11:00 Coffee Chats & Daily Chronicle 1:15 Puzzles & Music 2:45 Game Hour: Drop Cup 5:30 Aromatherapy & Relaxing
28 10:45 Sunday Devotional & Streamed Church Service 2:00 Spa Day Sunday 4:00 The Crown Series 5:30 Evening Tea Time	29 11:00 Active Fitness 2:30 Happy Hour with Steve Kovich(TH) 3:45 Minute it Win it Games 5:30 Monday Night Music:	30 11:00 MOTIVATED Moving Group Exercise 1:30 Outing: Quickly Boba 3:30 Community Mix & Mingle- Coffee & Conversation 6:15 Tone Down Tuesday: Calm Coloring				