

# September 2025

## Life Enrichment Monthly Memory Care Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 am: Viral Videos on TikTok 10:00 am Media Monday: TikTok: Video Planning 1:30 pm: Afternoon Exercise 2:45 pm: Sing Along	2 9:00am Flower arranging 10:00am Poetry Corner 1:30pm : Afternoon Exercise 2:30pm : Community Birthday Party 5:00 pm Evening Wind Down: Hand Massages	3 9:00 am Builder's Club 10:00 am: TikTok Games 1:30 pm: Powerback Exercise 2:00 pm Wind Down Wednesday	4 9:30 am: Art set up 10:00 am Art Project: Bob Ross Joy of Painting 1:30 pm: Afternoon Exercise 2:45 pm: Bucket Toss 5:00 pm Evening wind down: Tai Chi	5 9:00 am Connection Pods 10:00 am Who am I? Celebrity 1:30 pm Afternoon Exercise 2:00 pm: Walking Club 3:00 pm: Don Hennesey Piano	6 9:30 am: American Bandstand 10:00 am This Day in History 1:30 pm Afternoon Exercise 2:00 pm Pottery Project 3:00 pm Balloon Volleyball
7 10am: YouTube Church Service 10:45am YouTube Hymn Sing 130pm Art With Valerie 2:45pm: Connection Pod Senory puzzles	8 9:00 am Music & Movement 10:00 am Media Monday: Video Planning 1:30 pm Afternoon Exercise 2:00 pm: Adult Coloring 3:00 pm: Noodle Ball	9 9:00am Flower arranging 10:00am Book Club 1:30pm : Afternoon Exercise 2:15pm : Silk history and craft 5:00 pm Evening Wind Down: Hand Massages	10 9:00 am Builder's Club 10:00am : Tik Tok Games 1:30pm : Powerback Exercise 2:00pm Wind Down Wednesday	11 9:30 am: Art set up 10:00 am Art Project: Bob Ross Joy of Painting 1:30 pm: Afternoon Exercise 2:45 pm: Ladder Ball 5:00 pm Evening wind down: Tai Chi	12 9:30 am: Move to the 60's 10:00 am: Name that Sound 1:00 pm Ornament Crafting 2:00pm Walking Club 3:00pm: Don Hennesey Piano	13 9:30 am Lawrence Welk 10:30 am Daily Chronicles 1:30 pm Afternoon Exercise 2:00 pm Popcorn Social 3:00 pm: Door decor Craft
14 10am: YouTube Church Service 10:45am YouTube Hymn Sing 130pm Art With Valerie 2:45pm: Connection Pod	15 9:00 am Music & Movement 10:00 am: Media Monday: Make a Video for TikTok 1:30 pm Music & Movements 2:00 pm: Adult Coloring 2:45 pm Balloon Toss	16 9:00am Flower arranging 10:00am Poetry Corner 1:30pm : Afternoon Exercise 2:15pm :Cotton history and craft 5:00 pm Evening Wind Down: Hand Massages	17 9:00 am Builder's Club 10:45 am Phillips Park Zoo Picnic and Outing 1:30 Return from Zoo 2:00 refresh and recap 2:30 best of the oldies, Music request	18 9:30 am: Art set up 10:00 am Art Project: Bob Ross Joy of Painting 1:30 pm: Afternoon Exercise 2:30 pm: Culinary Pop Up 5:0-0 pm Evening wind down: Tai Chi <b>Mum Sale</b>	19 9:00am Sit & Stretch 10:30am Name that Animal 1:30pm Afternoon Exercise 2:15pm: Walking Club water the Mums 3pm: Don Hennesey Piano <b>Mum Sale</b>	20 10:00 am Grand Ole Opry 10:30 am This Day in History 1:30 pm Afternoon Exercise 2:00 pm: Pottery Project 3:00 pm Balloon Volleyball <b>Mum Sale</b>
21 10am: YouTube Church Service 10:45am YouTube Hymn Sing 130pm Art With Valerie 2:45pm: Connection Pod Shoe Shine Kit  <b>Generation of Innovation Event</b>	22 9:00 am: Viral Videos on TikTok 10:00 am Media Monday: TikTok: Video Editing and Posting 1:30 pm: Afternoon Exercise 2:45 pm Name that Tune	23 9:00 am Flower arranging 10:00 am Paper Crafting 1:30 pm: Afternoon Exercise 2:15 pm: Alpaca/Llama history and craft 5:00 pm Evening Wind Down: Hand Massages	24 9:00 am Builder's Club 10:00 am: TikTok Games 1:30 pm: Powerback Exercise 2:00pm Wind Down Wednesday	25 9:30 am: Art set up 10:00 am Art Project: Bob Ross Joy of Painting 1:30 pm: Afternoon Exercise 2:45 pm: Bucket Toss 5:00 pm Evening wind down: Tai Chi <b>Generation of Innovation Event</b>	26 9:00am Move to the 50's 10:30 am Name that Tune 1:30 pm Jenga 2:00 pm Walking Club 3:00pm: Don Hennesey Piano	27 10:00 am American Bandstand 10:30 am Daily Chronicles 1:30 pm Afternoon Exercise 2:00 pm Pop Corn Social..History of Popcorn Making
28 10am: YouTube Church Service 10:45am YouTube Hymn Sing 130pm Art With Valerie 2:45pm: Connection Pod Resident Choice	29 9:00 am: Viral Videos on TikTok 10:00 am Media Monday: TikTok: Video Planning 1:30 pm: Afternoon Exercise 2:45 pm Sing Along	30 9:00am Flower arranging 10:00am Card Games 1:30pm : Afternoon Exercise 2:15pm :Angora history and craft 5:00 pm Evening Wind Down: Hand Massages				
B – Bistro C – Community Room MDR - Main Dining Room	FL – Front Library G3– Game Room (3rd Fl) BL –Bistro Lobby	P – Piano Room 4th – Fourth Floor Chapel V - Veterans Room (1st Floor)				